

## HUBUNGAN KEJADIAN KEHAMILAN TIDAK DIKEHENDAKI DENGAN PENCAPAIAN PERAN IBU DI KABUPATEN BANTUL

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### ABSTRAK

**Latar Belakang:** Kejadian kehamilan tidak dikehendaki di Kabupaten Bantul terus meningkat. Penerimaan terhadap kehamilan merupakan hal yang dibutuhkan dalam membentuk identitas maternal sebagai titik akhir dari pencapaian peran ibu. Penelitian terdahulu menunjukkan bahwa status kehamilan berhubungan dengan pemberian ASI eksklusif dan imunisasi rutin dasar.

**Tujuan:** Mengetahui hubungan kejadian kehamilan tidak dikehendaki dengan pencapaian peran ibu yang meliputi pencapaian identitas maternal, pemberian ASI eksklusif, dan pemberian imunisasi rutin dasar di Kabupaten Bantul.

**Metode:** Penelitian ini merupakan penelitian analitik observasional dengan desain kohort retrospektif. Populasi penelitian adalah ibu primipara yang memiliki bayi usia 6-12 bulan di Kabupaten Bantul. Sampel penelitian berjumlah 60 yang dipilih dengan *proportional sampling* di wilayah kerja Puskesmas Kasihan I dan Puskesmas Bantul II. Data dianalisis dengan uji *Chi square* dengan bantuan komputer.

**Hasil:** Hasil penelitian menunjukkan bahwa kehamilan tidak dikehendaki lebih banyak dialami oleh ibu dengan usia kurang dari 20 tahun (70%), ibu dengan tingkat pendidikan SMA (70%), dan ibu yang tidak bekerja (56,7%). Tidak terdapat hubungan kejadian kehamilan tidak dikehendaki dengan pencapaian identitas maternal ( $p=0,438$ ) dan pemberian ASI eksklusif ( $p=0,301$ ). Kejadian kehamilan tidak dikehendaki berhubungan dengan pemberian imunisasi rutin dasar ( $p=0,011$ ).

**Kesimpulan:** Tidak terdapat hubungan kejadian kehamilan tidak dikehendaki dengan pencapaian identitas maternal dan pemberian ASI eksklusif. Kejadian kehamilan tidak dikehendaki berhubungan dengan pemberian imunisasi rutin dasar.

**Kata Kunci:** kehamilan tidak dikehendaki, identitas maternal, ASI eksklusif, imunisasi rutin dasar

## **THE RELATIONSHIP BETWEEN UNINTENDED PREGNANCY AND MATERNAL ROLE ATTAINMENT IN BANTUL REGENCY**

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### **ABSTRACT**

**Background:** *The incidence of unintended pregnancy in Bantul Regency continues to increase. Acceptance of pregnancy is necessary in establishing a maternal identity as the final point in maternal role attainment. Previous research has shown that pregnancy status is related to exclusive breastfeeding and basic routine immunization.*

**Objective:** *To find out the relationship of unintended pregnancy with the maternal role attainment which includes the achievement of maternal identity, exclusive breastfeeding, and basic routine immunization in Bantul Regency.*

**Method:** *This was an observational analytic study with a retrospective cohort design. The study population was primiparous mothers who have babies aged 6-12 months in Bantul Regency. The research sample of 60 were selected by proportional sampling in the working area of the Kasihan I Health Center and the Bantul II Health Center. Data were analyzed by Chi square test with the help of a computer.*

**Result:** *The results showed that unintended pregnancies were more experienced by mothers with less than 20 years of age (70%), mothers with high school education (70%), and mothers who did not work (56.7%). The results showed that there was no relation between the incidence of unintended pregnancy with the attainment of maternal identity ( $p=0.438$ ) and exclusive breastfeeding ( $p=0.301$ ). The occurrence of an unintended pregnancy is related to basic routine immunization ( $p = 0.011$ ).*

**Conclusion:** *There was no relation between the occurrence of an unintended pregnancy and the achievement of maternal identity and exclusive breastfeeding. The occurrence of an unintended pregnancy was related to basic routine immunization.*

**Keywords:** *unintended pregnancy, maternal identity, exclusive breastfeeding, basic routine immunization*