

“EFEKTIVITAS PENGGUNAAN SIKAT GIGI ORTHODONTI DAN SIKAT GIGI BIASA TERHADAP SKOR PLAK PENGGUNA ORTHODONTI CEKAT”

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ABSTRAK

Latar belakang: Sikat gigi merupakan salah satu alat mekanis yang dianggap paling efektif untuk membersihkan plak. Pemakai alat orthodonti cekat dianjurkan untuk memakai sikat gigi desain khusus yaitu baris tengah bulu sikat lebih pendek dibandingkan bulu sikat pada kedua pinggirnya untuk membantu penyingkiran plak di sekitar alat orthodonti cekat. Hasil studi literatur yang dilakukan pada penelitian yang sudah dilakukan sebelumnya, terdapat penurunan skor plak pada penggunaan sikat gigi orthodonti lebih efektif dibandingkan penggunaan sikat gigi biasa.

Tujuan umum: Diketuainya perbedaan efektivitas menyikat gigi dengan sikat gigi khusus orthodonti dan sikat gigi biasa terhadap skor plak pada pengguna orthodonti cekat.

Metode : Jenis penelitian ini menggunakan penelitian studi literatur. Penelitian studi literatur dilakukan dengan cara mencari, mengumpulkan data, membaca, dan mencatat. Data yang digunakan berasal dari jurnal, surat kabar, dan berita. Studi literatur dilakukan setelah peneliti menentukan topik penelitian dan ditetapkannya rumusan permasalahan.

Hasil : Penelitian studi literatur yang dilakukan peneliti terhadap efektivitas penggunaan sikat gigi orthodonti dan sikat gigi biasa diketahui adanya perbedaan efektivitas sikat gigi orthodonti dan sikat gigi biasa terhadap skor plak pada pengguna orthodonti cekat.

Kesimpulan : Terdapat perbedaan efektivitas penggunaan sikat gigi orthodonti dan sikat gigi biasa terhadap skor plak pengguna orthodonti cekat. Perlu dilakukan penelitian lebih lanjut tentang efektivitas penggunaan sikat gigi orthodonti terhadap skor plak pengguna orthodonti cekat.

Kata Kunci : Sikat gigi khusus, orthodonti cekat

Keterangan

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"EFFECTIVENESS USE OF ORTHODONTI DENTAL BRUSH AND ORIGINAL DENTAL BRUSH AGAINST DENTAL PLAQUE SCORES FIXED ORTHODONTICS"

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ABSTRACT

Background: Brush your teeth is one of the means of mechanical that are considered most effective for cleaning the plaque . User tool orthodonti fixed advisable to wear brush teeth design lodging that line the middle of the fur brush is shorter than the bristle brush on both pinggirnya to help purge plaques at around tool orthodonti fixed . The results of the study of literature were conducted on the research that has been done before , there is a decrease in score of plaque on the use of brush teeth orthodonti more effective than the use of brush teeth normal.

General purpose: Knowing the difference between the effectiveness of brushing teeth with special orthodontic toothbrushes and ordinary toothbrushes on plaque scores in fixed orthodontic users.

Method: Knowing the difference in the effectiveness of brushing the teeth with a brush teeth special orthodonti and brush teeth unusual to score the plaque on the orthodonti fixed.

Results: Research literature study conducted by researchers on the effectiveness of the use of orthodontic toothbrushes and common toothbrushes is known to have differences in the effectiveness of orthodontic toothbrushes and ordinary toothbrushes on plaque scores in fixed orthodontic users.

Conclusion: There are differences in the effectiveness of the use of brush teeth orthodonti and brush teeth ordinary terhadap score plaque users orthodonti fixed . Need to do research much more about the effectiveness of the use of brush teeth orthodonti to score plaque users orthodonti fixed.

Keywords : Brush teeth special , orthodonti fixed.

Information

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