

GAMBARAN PERAN IBU DALAM MEMBIMBING MENYIKAT GIGI DAN STATUS KEBERSIHAN GIGI DAN MULUT SISWA SEKOLAH DASAR

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ABSTRAK

Latar Belakang: Usia 10-12 tahun merupakan masa usia sekolah dasar, pada usia tersebut merupakan periode gigi bercampur, perlunya tindakan yang baik untuk pemeliharaan kesehatan gigi dan mulut. Anak usia sekolah masih sangat bergantung pada orang tua dalam menjaga kesehatan gigi dan mulutnya. Saat kemampuan motorik anak belum maksimal, maka peran orang tua sangat diperlukan untuk membantu memelihara kebersihan rongga mulutnya terutama mendampingi dan menyikat gigi sampai anak dapat menerima tanggung jawab secara penuh. Hasil studi pendahuluan yang dilakukan 100% status kebersihan gigi dan mulut baik dengan arti masih adanya sisa-sisa makanan atau karang gigi yang menempel pada permukaan gigi.

Metode: Jenis Penelitian yaitu deskriptif dan desain penelitian menggunakan *cross sectional*. Penelitian dilakukan di SD N Banyuraden bulan Maret-April 2020 dengan populasi 54 responden. Pengambilan sampel menggunakan *purposive sampling*. Instrumen yang digunakan yaitu lembar kuesioner tentang peran ibu dalam membimbing menyikat gigi dan lembar pemeriksaan gigi dan mulut. Aspek yang diteliti yaitu peran ibu dalam membimbing menyikat gigi dan status kebersihan gigi dan mulut siswa. Data hasil penelitian disajikan dalam distribusi frekuensi dan tabulasi silang.

Hasil penelitian: Peran ibu dalam membimbing menyikat gigi dengan kriteria baik sebanyak 50%. Peran ibu dalam membimbing menyikat gigi dengan kriteria baik memiliki status kebersihan gigi dan mulut baik pada anak sebanyak 50%. Siswa memiliki status kebersihan gigi dan mulut baik sebanyak 100%.

Kesimpulan: Peran ibu dalam membimbing menyikat gigi dengan kriteria baik sebanyak 50% dan anak dengan status kebersihan gigi dan mulut baik sebanyak 100%.

Kata kunci: Peran Ibu, Membimbing Menyikat Gigi, Siswa Sekolah Dasar.

DESCRIPTION OF MOTHERS' ROLE IN GUIDING TEETH BRUSHING AND THE ORAL AND DENTAL HYGIENE STATUS OF ELEMENTARY SCHOOL STUDENTS

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ABSTRACT

Background: The age between 10-12 years old is the primary-school age, in which at that age is the period of mixed teeth, and good actions are needed for the maintenance of oral health. School-aged children are still very dependent on parents in maintaining their oral health. When the child's motoric skill is not maximized, the role of parent is needed to help maintain their oral cavity hygiene, especially accompanying teeth brushing until they can accept full responsibility. The results of the preliminary study showed 100% good dental and oral hygiene status, meaning that there were still food debris or tartar attached to the teeth surface.

Method: This is a descriptive research and using the cross-sectional design, purposive sampling for the sample collecting, and questionnaires about the role of mothers in guiding teeth brushing, and oral and dental examination sheets. This research was conducted at SDN Banyuraden (Primary School of Banyuraden) in March - April 2020 with a population of 54 respondents. The aspects studied were the role of the mother in guiding teeth brushing, and the dental and oral hygiene status of the students. The research data was presented in frequency distribution and cross tabulation.

Research Results: The role of the mothers in guiding the teeth brushing was 50% at the good criterion, and 50% as well for the role of the mothers in guiding the teeth brushing and having the good oral and dental hygiene status on the children; whilst the students having the good oral and dental hygiene status was 100%.

Conclusion: The role of the mothers in guiding the teeth brushing was 50% at the good criterion, and the children with the good oral and dental hygiene status was 100%.

Keywords: Role of Mothers, Guiding Teeth Brushing, Primary School Students.