

GAMBARAN STATUS KEBERSIHAN GIGI DAN MULUT SERTA STATUS KARIES PADA SISWA SMP MA'ARIF GAMPING YOGYAKARTA

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Abstrak

Latar Belakang : Kebersihan gigi dan mulut merupakan faktor dasar bagi terciptanya kesehatan gigi dan mulut. Karies gigi adalah penyakit jaringan gigi yang ditandai dengan kerusakan jaringan, dimulai dari permukaan gigi meluas ke arah pulpa. Salah satu penyebab karies yaitu kebersihan gigi dan mulut yang buruk.

Tujuan Penelitian : Mengetahui status kebersihan gigi dan mulut serta status karies pada siswa SMP.

Metode Penelitian : Penelitian ini adalah penelitian deskriptif dengan rancangan studi potong lintang. Populasi dalam penelitian ini adalah siswa kelas VII SMP. Teknik pengambilan sampelnya menggunakan *sampling jenuh* dengan jumlah 30 responden. Pengambilan data dilakukan dengan pemeriksaan langsung kebersihan gigi dan mulut serta karies gigi dengan *oral diagnostic*. Data dianalisis menggunakan teknik *crosstab* dan dideskripsikan berdasarkan distribusi frekuensi kemudian disajikan dalam bentuk tabel.

Hasil Penelitian : Sebagian besar siswa (56,6%) kebersihan gigi dan mulutnya dalam kriteria sedang dan rata-rata kebersihan gigi dan mulut seluruh siswa sebesar 1,63 termasuk dalam kriteria sedang. Hasil pemeriksaan karies gigi didapatkan 27 siswa terkena karies gigi dengan rata-rata sebesar 3,66 dan termasuk dalam kategori sedang.

Kesimpulan : Status kebersihan gigi dan mulut siswa paling banyak dalam kriteria sedang (56,6%) . Berdasarkan status kebersihan gigi dan mulut, persentase karies terbanyak pada kategori sedang (26,6%).

Kata Kunci : Kebersihan Gigi dan Mulut, Karies Gigi, Siswa SMP

**DESCRIPTION OF ORAL AND DENTAL HYGIENE STATUS AND
CARIES STATUS ON STUDENTS AT SMP MA'ARIF GAMPING
(MA'ARIF MIDDLE SCHOOL OF GAMPING) YOGYAKARTA**

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Abstract

Background: Oral and dental hygiene is the basic factor for the realization of the oral and dental health. Dental caries is a dental tissue disease, characterized by tissue damage, started from the teeth surface, extending toward the pulp. One of the cause of caries is the poor oral and dental hygiene.

Research Objective: To discover the oral and dental hygiene status and the caries status on the students Junior High School.

Research Method: This is a descriptive research with the cross-sectional design. The population in this research was the 7th grade students Junior High School. The *saturated sampling* technique was used for the sample collecting with a total of 30 respondents. The data was collected by direct checkup for the oral and dental hygiene as well as the dental caries by oral diagnostic. The data was analyzed using the crosstab technique, and described based on frequency distribution, then presented in the form of tables.

Research Results: Most of the students (56.6%) is categorized as moderate criterion, and the average oral and dental hygiene of all students is 1.63, is also in the moderate criterion. By the dental caries checkup results, there are 27 students who have dental caries with the average of 3.77, and is also in the moderate category.

Conclusion: The oral and dental hygiene status of the students is mostly in the moderate criterion (56.6%). Based on the oral and dental hygiene status, the highest percentage of caries is in the moderate category (26.6%).

Keywords: Oral and Dental Hygiene, Dental Caries, Student Junior High School