

## GAMBARAN PERILAKU DAN STATUS KEBERSIHAN GIGI DAN MULUT PADA IBU HAMIL DI PUSKESMAS BANJARMANGU 2

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### ABSTRAK

**Latar Belakang:** Salah satu faktor kebersihan gigi dan mulut jelek pada masa kehamilan adalah akibat faktor perilaku ibu hamil yang kurang baik. Perilaku kebersihan gigi dan mulut pada masa kehamilan sangat penting karena pada masa kehamilan ibu hamil mengalami perubahan hormon yang signifikan akibatnya banyak kuman kuman di rongga mulut yang harus dibersihkan.

**Tujuan:** Diketuainya perilaku dan status kebersihan gigi dan mulut pada ibu hamil di Puskesmas Banjarmangu 2.

**Metode:** Penelitian ini bersifat deskriptif dengan desain penelitian *cross sectional*. Sampel penelitian ini adalah ibu hamil yang berkunjung ke Poli Gigi pada saat ANC terpadu bulan Maret di Puskesmas Banjarmangu 2 diperoleh dengan teknik sampling jenuh dengan kriteria inklusi ibu hamil yang memiliki gigi indeks, datang pada saat ANC terpadu dan tidak memiliki kelainan. Data penelitian diperoleh dari format pemeriksaan kebersihan gigi dan mulut dan kuisisioner perilaku. Analisis data disajikan dalam bentuk tabulasi silang.

**Hasil:** Hasil penelitian menunjukkan bahwa perilaku ibu hamil yang berkunjung pada saat ANC terpadu bulan maret di Puskesmas Banjarmangu 2 berkriteria baik berjumlah 36,4% dan status kebersihan gigi dan mulut pada ibu hamil yang berkunjung pada saat ANC terpadu bulan maret di Puskesmas Banjarmangu 2 berkriteria sedang berjumlah 68,2%.

**Kesimpulan:** Kesimpulan penelitian ini adalah perilaku ibu hamil kriteria sedang dengan status kebersihan gigi dan mulut kriteria sedang berjumlah 31,8%.

**Kata kunci :** Perilaku, Status Kebersihan Gigi dan Mulut, Ibu Hamil

## THE DESCRIPTION OF ORAL HYGENE AND BEHAVIOR PREGNANT WOMAN IN PUBLIC HEALTH CENTER BANJARMANGU 2

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### ABSTRACT

**Background:** One of the factors of bad oral hygiene during pregnancy is the result of poor maternal behavior. Oral hygiene behavior during pregnancy is very important because during pregnancy pregnant women experience significant hormonal changes, as a result, many germs in the oral cavity that need to be cleaned.

**Objective:** Describing is determining the behavior and status of oral hygiene in pregnant women at the Public Health Center Banjarmangu 2.

**Method:** This research used descriptive with cross-sectional research design. The sample of this study was pregnant women who visited Dental Clinic when the integrated ANC in March at the Public Health Center Banjarmangu 2 was obtained by a saturated sampling technique with inclusion criteria of pregnant women who have index teeth, came to the Public Health Center Banjarmangu 2 when the ANC was integrated and had no abnormalities. The research data were obtained from the dental and oral hygiene examination format and behavior questionnaire. Data analysis was presented in the form of cross-tabulation.

**Result:** The results showed that the behavior of pregnant women who visited during the integrated ANC in March at the Public Health Center Banjarmangu 2 had good criteria as mouched as to 36.4% and the dental and oral hygiene status of pregnant women who visited when the integrated ANC in March at the Banjarmangu 2 Health Center had moderated criteria as muched as to 68.2%.

**Conclusion:** That conclusion of this study is the behavior of in pregnant woman is in moderate criteria and their oral hygene status is also moderate criteria that are 31.8%.

Keywords: Behavior, Dental, and Oral Hygiene Status, Pregnant Women