

**LITERATURE REVIEW**  
**PERAWATAN METODE *KANGAROO MOTHER CARE* (KMC) UNTUK  
KESTABILAN SUHU TUBUH PADA BAYI BERAT BADAN LAHIR  
RENDAH (BBLR)**

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**ABSTRAK**

**Latar belakang:** Berat Badan Lahir Rendah (BBLR) adalah bayi baru lahir yang memiliki berat badan saat lahir kurang dari 2.500 gram (sampai dengan 2.499 gram). BBLR merupakan permasalahan yang sering dihadapi pada perawatan bayi baru lahir. Perawatan metode *Kangaroo Mother Care* (KMC) merupakan terapi *skin to skin contact* yaitu perpindahan panas secara konduksi dari ibu ke bayi sehingga bayi tetap hangat dan stabil dalam suhu normal. **Tujuan:** Ingin mengetahui kestabilan suhu tubuh dengan perawatan metode *Kangaroo Mother Care* (KMC) pada bayi Berat Badan Lahir Rendah (BBLR) di Ruang Perinatologi. **Metodologi:** Pencarian artikel menggunakan Google Search untuk menemukan artikel sesuai kriteria inklusi dan eksklusi kemudian dilakukan review. **Hasil:** Perawatan metode *Kangaroo Mother Care* (KMC) berpengaruh terhadap kestabilan suhu tubuh bayi dengan Berat Badan Lahir Rendah (BBLR). **Kesimpulan:** Perawatan metode *Kangaroo Mother Care* (KMC) berpengaruh terhadap kestabilan suhu tubuh bayi dengan Berat Badan Lahir Rendah (BBLR). Rata-rata bayi yang diberikan perawatan metode KMC memiliki suhu tubuh yang lebih stabil daripada bayi yang tidak diberikan perawatan KMC sehingga perawatan KMC sangat baik digunakan untuk pertumbuhan dan perkembangan bayi.

Kata Kunci: *Kangaroo Mother Care* (KMC), Berat Badan Lahir Rendah (BBLR), Kestabilan Suhu Tubuh, Literature Review.

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## **KANGAROO MOTHER CARE (KMC) TREATMENT METHOD FOR THE STABILITY OF BODY TEMPERATURE AT THE LOW BIRTH WEIGHT BABIES (LBW)**

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### **ABSTRACT**

**Background:** Low Birth Weight (LBW) is a newborn who has a birth weight of less than 2,500 grams (up to 2,499 grams). LBW is a problem that is often faced in newborn care. Kangaroo Mother Care (KMC) treatment method is a skin to skin contact therapy that is conduction heat transfer from mother to baby so that the baby stays warm and stable in normal temperatures. **Objective:** The research aimed to know the stability of body temperature with the method of Kangaroo Mother Care (KMC) treatment on low birth weight babies (LBW) in the Perinatology Room. **Methodology:** The research was conducted by using Google Search to find articles which are appropriate with inclusion and exclusion criteria ti be reviewed. **Results:** The Kangaroo Mother Care (KMC) method affects the stability of the body temperature of infants with Low Birth Weight (LBW). **Conclusions:** The Kangaroo Mother Care (KMC) method affects the stability of the body temperature of infants with Low Birth Weight (LBW). The average baby who is given KMC treatment method has a more stable body temperature than babies who are not given KMC care so that KMC care is very well used for the growth and development of infants.

Keywords: Kangaroo Mother Care (KMC), Low Weight Birth (LWB), Body Temperature Stability, Literature Review.

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