

HUBUNGAN DUKUNGAN KELUARGA DENGAN TINGKAT KECEMASAN PASIEN PRE OPERASI GENERAL ANESTESI DI RS PKU MUHAMMADIYAH GAMPING

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ABSTRAK

Latar Belakang : Salah satu aspek pemantauan kondisi psikologis pasien pre operasi sering kali diabaikan, padahal kondisi psikologis pasien pre operasi yang akan menjalani operasi dipengaruhi oleh berbagai faktor, salah satunya dukungan keluarga. 8 dari 10 pasien yang akan menjalani operasi merasa cemas karena pasien mengatakan takut dengan gambaran kamar operasi dan bertanya tentang bagaimana operasinya. Ketika ditanya tentang peran keluarga yang menemani, pasien menjawab bahwa peran keluarga yang menemani sedikit menenangkannya.

Tujuan Penelitian : Tujuan dari penelitian ini mengetahui hubungan dukungan keluarga dengan tingkat kecemasan pasien pre operasi general anestesi di RS PKU Muhammadiyah Gamping.

Metode Penelitian : Jenis penelitian ini adalah kuantitatif non eksperimen, dengan rancangan desain *cross sectional*. Teknik pengumpulan data dengan cara menyebarkan kuesioner dan studi dokumentasi. Data dianalisis dengan *Spearman rank* menggunakan SPSS.

Hasil Penelitian : Hasil uji korelasi *Spearman* hubungan dukungan keluarga dengan tingkat kecemasan pasien pre operasi general anestesi menunjukkan nilai $r = -0,523$ dengan signifikansi $0,001$ ($\alpha < 0,05$), artinya ada hubungan antara dukungan keluarga dengan tingkat kecemasan pasien pre operasi general anestesi.

Kesimpulan : Ada hubungan yang signifikan antara hubungan dukungan keluarga dengan tingkat kecemasan pasien pre operasi general anestesi

Kata Kunci : dukungan keluarga, kecemasan, pre operasi.

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THE RELATIONS OF FAMILY SUPPORT TOWARDS PRE ANESTHETIST ANXIOUSNESS LEVELS OF GENERAL ANESTHETIC IN RS PKU MUHAMMADIYAH GAMPING

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ABSTRACT

Background : One aspect of monitoring the psychological condition of preoperative patients is often ignored, even though the psychological condition of preoperative patients who will undergo surgery is influenced by various factors, one of them is family support. 8 out of 10 patients who will undergo surgery feel anxious because patients say they are afraid of the picture of the operating room and ask about how the operation. When asked about the role of the accompanying family, patients answered that the role of family who accompanied a little calm him down.

Purpose : The purpose of this research is to find out the relations of family supports towards pre anesthetist anxiousness levels of general anesthetic in RS PKU Muhammadiyah Gamping

Research Method : This research is a non-experimental research by using cross sectional method. Data collection techniques by distributing questionnaires and study documentation. Data were analyzed with Spearman rank using SPSS.

Results : The results of the Spearman test for the relations of family support towards pre anesthetist anxiousness levels $r = -0,523$ with significance in $0,001$ ($\alpha < 0,05$), it means there was a correlation between family support towards pre anesthetist anxiousness levels of general anesthetic.

Conclusion : There is a significant relation between the family support with anxiousness levels of general anesthetisc

Keyword : family support, anxiousness, pre operative.

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