

HUBUNGAN PELIHARA DIRI KESEHATAN GIGI DAN MULUT DENGAN STATUS KEBERSIHAN GIGI DAN MULUT PADA ODHA DI KOTA PAREPARE

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ABSTRAK

Latar Belakang: ODHA adalah sebutan untuk orang dengan HIV/AIDS (*Human immunodeficiency virus/acquired immune deficiency syndrome*). Jumlah ODHA di kota Parepare tahun 2006 - 2018 sebanyak 389 orang, Studi pendahuluan pada bulan Agustus menunjukkan kunjungan ODHA ke klinik VCT Puskesmas Madising Na Mario pada bulan Mei sampai Juli 2018 sebanyak 45 (11,5%) orang terdapat 1 (2,2%) orang yang memeriksakan gigi ke poli gigi. Pelihara diri kesehatan gigi dan mulut sangat penting untuk mencegah keparahan infeksi opurtunistik. Semakin rendah status kebersihan gigi dan mulut seorang pengidap HIV/AIDS akan lebih memudahkannya terserang infeksi oportunistik pada rongga mulut.

Tujuan penelitian: Diketahuinya hubungan pelihara diri kesehatan gigi dan mulut dengan status kebersihan gigi dan mulut pada ODHA di kota Parepare.

Metode Penelitian: Jenis penelitian ialah *survey analitik* dengan pendekatan *Cross Sectional*. Teknik pengambilan sampel dengan metode *accidental sampling* berjumlah 30 ODHA. Penelitian ini dilakukan pada bulan September-Oktober 2019 di Klinik VCT Puskesmas Madising Na Mario dan Klinik VCT Rumah Sakit Andi Makkasau kota Parepare. Instrumen penelitian adalah kuesioner pelihara diri kesehatan gigi dan mulut dan lembar pemeriksaan Status kebersihan gigi dan Mulut (OHI-S). Analisa data menggunakan Analisis Uji Korelasi *spearman*.

Hasil Penelitian: Hasil penelitian memperlihatkan bahwa pelihara diri kesehatan gigi dan mulut termasuk dalam kategori baik yaitu 63,3 %. Status kebersihan gigi dan mulut ODHA termasuk dalam kategori sedang yaitu 66,7 %. Uji Korelasi *Spearman* menyatakan ada hubungan antara pelihara diri kesehatan gigi dan mulut dengan status kebersihan gigi dan mulut yaitu $p=0,020$ serta koefisien korelasi sebesar -0,423.

Kesimpulan: Pelihara Diri kesehatan gigi dan mulut memiliki hubungan dengan status kebersihan gigi dan mulut pada ODHA dikota parepare

Kata kunci: Pelihara diri kesehatan gigi dan mulut, Status kebersihan gigi dan mulut, ODHA.

THE RELATION BETWEEN DENTAL AND ORAL HEALTH SELF-CARE WITH DENTAL AND ORAL HYGIENE STATUS AMONG HIV-POSITIVE PEOPLE IN PAREPARE

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ABSTRACT

Background: ODHA is a term for people with HIV/AIDS (Human immunodeficiency virus/acquired immune deficiency syndrome). The number of HIV-positive people in Parepare in 2006 - 2018 was 389 people. A preliminary study on August showed that HIV-positive person visits to the VCT clinic of Madising Na Mario Public Health Center from May to July 2018 is 45 (11.5%) and 1 (2.2%) person went to the dental polyclinic. Dental and oral health self-care is very important to prevent opportunistic infection. The lower the dental and oral health status of an HIV-positive person, the easier it will be for the person to get opportunistic infection in the oral cavity.

Research purpose: To determine the relation between dental and oral health self-care with dental and oral hygiene status among HIV-positive people in Parepare.

Research Method: The research type was survey analytical with Cross Sectional approach. The sampling technique was accidental sampling on 30 HIV-positive people. The present study was performed on September-October 2019 in VCT Clinic of Madising Na Mario Public Health Center and VCT Clinic of Andi Makkasau Hospital of Parepare. The research instruments were dental and oral health self-care questionnaire and dental and oral hygiene status (OHI-S) examination sheet. The data analysis used Spearman Correlation Test Analysis.

Research Result: The research result showed that dental and oral health self-care was good(63.3 %). Dental and oral hygiene status of HIV-positive people was moderate(66.7 %). Spearman Correlation test showed that the relation between dental and oral health self-care with dental and oral hygiene status is $p=0.020$ and the correlation coefficient is -0.423.

Conclusion: Dental and oral health self-care is related with dental and oral hygiene status among HIV-positive people in Parepare

Keywords: Dental and oral health self-care, Dental and oral hygiene status, HIV-positive people.