

**APPLICATION OF EFFECTIVE COUGHING ON CLIENT  
NURSING CARE OF CHRONIC OBSTRUCTIVE PULMONARY  
DISEASE (COPD) WITH DISORDERS OF OXYGENATION  
FULFILLMENT IN WONOSARI HOSPITALS**

Anggita Prabandari<sup>1</sup>, Harmilah<sup>2</sup>, Budhy Ernawan<sup>3</sup>

Department of Nursing Poltekkes Kemenkes Yogyakarta  
Jl. Tata Bumi No.3 Banyuraden, Gamping, Sleman, Yogyakarta, 55293  
Email: anggitapra2@gmail.com

**ABSTRACT**

Figures for the incidence of COPD increasing that cause mortality in the world. COPD is usually about age of middle and elderly adults especially men. One contributing factor is smoking that causes a decrease in the activity of cilia causing buildup of secretions in the path of your breath. One of the actions of nursing conducted is cough effectively. The purpose of this case study is to describe the application of effective coughing on the nursing care of clients with COPD misbehaving fulfillment oxygenation in Mawar ward RSUD Wonosari. Case study method is descriptive analysis case studies. The results of case studies of effective cough after in patient secretions can issue both, the patient more comfortable and relaxed. The conclusion that can be taken is the response of the two different clients because of several factors, namely, education, age, and health history. Nurses have not made observations of the state of client after exercising an effective cough. Advice for nurses that is expected after the nurse teaches the cough can effectively observing capabilities of the client in conducting effective cough.

Keywords: COPD, cough effectively, cleavage way breath.

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<sup>1</sup> Nursing student of Poltekkes Kemenkes Yogyakarta

<sup>2</sup> Nursing Lecturer of Poltekkes Kemenkes Yogyakarta

<sup>3</sup> Nursing Lecturer of Dosen Poltekkes Kemenkes Yogyakarta