

KAJIAN TENTANG PERILAKU CUCI TANGAN PAKAI SABUN PADA IBU-IBU DUSUN NGAGLIK MENOREH MAGELANG

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INTISARI

Cuci Tangan Pakai Sabun (CTPS) di Dusun Ngaglik, Menoreh Magelang belum sepenuhnya dilakukan oleh ibu-ibu pada kegiatan sehari-hari dikarenakan belum ada kegiatan penyuluhan maupun pemicuan tentang Cuci Tangan Pakai Sabun (CTPS) yang dilakukan di Dusun Ngaglik Menoreh Magelang, sedangkan untuk mata pencaharian ibu-ibu di Dusun Ngaglik tersebut sebagian besar perlu melakukan cuci tangan dengan baik dan benar. Penelitian ini bertujuan untuk Mengetahui gambaran perilaku cuci tangan pakai sabun pada ibu-ibu Dusun Ngaglik Menoreh Magelang.

Jenis penelitian ini adalah penelitian deskriptif, menggunakan metode survey. Penelitian dilaksanakan di Dusun Ngaglik Menoreh Magelang dengan jumlah responden ibu berjumlah 87 orang.

Hasil penelitian didapatkan data dengan rincian melakukan cuci tangan pada waktu sebelum makan dan setelah Buang Air Besar sebanyak 98,55%, melakukan cuci tangan pada waktu sebelum menyiapkan makanan sebanyak 81,16%, ibu yang masih menyusui melakukan cuci tangan pada waktu sebelum menyusui sebanyak 50% dan ibu yang mempunyai balita melakukan cuci tangan pada waktu setelah menceboki bayi sebanyak 62,5%. Penelitian tentang cara mencuci tangan pakai sabun dengan 6 langkah menurut WHO, didapatkan hasil sebanyak 73,91% melakukan cuci tangan dengan langkah pertama, sebanyak 14,49% melakukan cuci tangan dengan langkah kedua, sebanyak 10,14% melakukan cuci tangan dengan langkah ketiga, dan sebanyak 100% tidak melakukan langkah-langkah ke empat, lima dan enam

Responden ibu belum menerapkan perilaku cuci tangan pakai sabun, antara lain mereka belum menerapkan cuci tangan pada waktu-waktu kritis dan belum menerapkan cara cuci tangan yang baik sesuai dengan 6 langkah-langkah cuci tangan pakai sabun.

Kata Kunci : Perilaku, Cuci Tangan Pakai Sabun, Waktu Penting Cuci Tangan

The Study of Mothers Hand Washing Behavior in Ngaglik Menoreh Magelang

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ABSTRACT

Washing Hands Using Soap (CTPS) in Ngaglik Hamlet, Menoreh Magelang has not been fully carried out by mothers in daily activities because there are no extension activities or triggering about CTPS conducted in Ngaglik Menoreh Magelang Hamlet, while for most of the livelihoods of mothers in Ngaglik Hamlet need to wash their hands properly and correctly. This study aims to determine the description of the behavior of handwashing with soap in the mothers of Ngaglik Menoreh Magelang hamlet.

This type of research is descriptive research, using survey methods.

The study was conducted in Ngaglik Menoreh Magelang hamlet with a total of 87 respondents.

The results showed data with details of washing hands at the time before eating and after defecation as much as 98.55%, doing hand washing at the time before preparing food as much as 81.16%, mothers who were still breastfeeding did hand washing at the time before breastfeeding as much as 50% and mothers who have toddlers do hand washing at the time after plucking babies as much as 62.5%. Research on how to wash hands with soap with 6 steps according to the WHO showed that 73.91% washed their hands with the first step, 14.49% washed their hands with the second step, 10.14% washed their hands with the third step, and as many as 100% do not take steps four, five and six

Maternal respondents have not applied handwashing with soap, for example they have not applied hand washing at critical times and have not applied good hand washing according to the 6 steps of washing hands with soap.

Keywords: Behavior, Hand Washing with Soap, Important Time to Wash Your Hands