

GAMBARAN PERILAKU MENYIKAT GIGI DAN ANGKA DEBRIS INDEKS PADA SISWA SEKOLAH DASAR

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ABSTRAK

Latar Belakang : Hasil Riset Kesehatan Dasar tahun 2018 yang dikeluarkan departemen kesehatan RI tentang proporsi penduduk dalam perilaku sikat gigi, melaporkan bahwa proporsi perilaku sikat gigi yang benar berdasarkan kelompok umur 5-9 tahun sebesar 1,4 % dan pada kelompok umur 10-14 tahun sebesar 2,1 %. Hasil studi pendahuluan di SD Negeri Denggung menunjukkan bahwa 25% siswa mempunyai kriteria debris baik (*good*), dan 75% siswa mempunyai kriteria debris sedang (*fair*). masih terdapat debris indeks dalam kategori sedang (*fair*) yang seharusnya dalam kategori baik (*good*).

Tujuan Penelitian : Diketuinya gambaran perilaku menyikat gigi dan angka debris indeks pada siswa sekolah dasar.

Metode Penelitian : Metode penelitian yang digunakan adalah deskriptif, dengan cara Cross Sectional. Aspek yang diteliti adalah Perilaku Menyikat Gigi dan Angka Debris Indeks, teknik pengambilan sampel menggunakan purposive sampling, jumlah sampel 67 responden. Instrument penelitian menggunakan lembar kuesioner dan format pemeriksaan debris, analisis data menggunakan distribusi frekuensi dan tabulasi silang.

Hasil Penelitian : Hasil kriteria debris indeks pada anak sekolah dasar didapatkan perilaku menyikat gigi sedang dengan kriteria debris buruk sebanyak 51,6%.

Kesimpulan : Responden memiliki perilaku menyikat gigi yang baik, dan masih memiliki kriteria debris buruk.

Kata Kunci : Perilaku Menyikat Gigi, Kriteria Debris

DESCRIPTION OF TOOTHBRUSHING BEHAVIOR AND DEBRIS INDEX RATES IN PRIMARY SCHOOL STUDENTS

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ABSTRACT

Background : The results of the 2018 Basic Health Research released by the Indonesian Ministry of Health regarding the proportion of the population in toothbrushing behavior, reported that the proportion of correct toothbrushing behavior based on the 5-9 year age group was 1.4% and in the 10-14 year age group was 2.1%. The results of a preliminary study at SD Negeri Denggung showed that 25% of students had good debris criteria (*good*), and 75% of students have moderate debris criteria (*fair*). There is still index debris in the medium category (*fair*) which should be in the good category (*good*).

Research purposes : To determine the description of tooth brushing behavior and debris index numbers in elementary school students.

Research methods : The research method used is descriptive, using a cross sectional method. The aspects studied were Tooth Brushing Behavior and Debris Index Numbers, the sampling technique used purposive sampling, the total sample was 67 respondents. The research instrument used a questionnaire sheet and debris examination format, data analysis used frequency distribution and cross tabulation.

Research result : The results of the debris index criteria for elementary school children showed moderate tooth brushing behavior with bad debris criteria of 51.6%.

conclusion : Respondents had good tooth brushing behavior, and still had bad debris criteria.

Keywords : Toothbrushing Behavior, Debris Criteria

