

GAMBARAN PENGETAHUAN MENYIKAT GIGI DAN SKOR OHI-S PADA IBU-IBU PKK

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ABSTRAK

Latar Belakang : Hasil Riset Kesehatan Dasar Indonesia tahun 2018 juga menunjukkan bahwa proporsi perilaku menyikat gigi setiap hari yaitu 94,7% dan 2,8% sudah menyikat gigi dua kali sehari, yakni pagi dan malam secara benar. Berdasarkan studi pendahuluan kepada 10 Ibu PKK diketahui bahwa seluruh Ibu-ibu PKK sudah menggosok gigi 2 kali sehari, 60% menggunakan bulu sikat halus, 0% menyikat gigi pagi setelah sarapan dan malam sebelum tidur, 10% menyikat lidah, 80% menyikat sampai gigi geraham. Data studi pendahuluan yang didapatkan menunjukkan bahwa 0% Ibu-ibu PKK mempunyai kriteria OHI-S baik, 70 % kriteria sedang, dan 30% buruk

Tujuan Penelitian : Diketuinya gambaran menyikat gigi dan skor OHI-S pada Ibu PKK di Dusun Jaban Tridadi Sleman

Metode Penelitian : Metode penelitian yang digunakan adalah deskriptif, dengan cara Cross Sectional. Aspek yang diteliti adalah Pengetahuan Menyikat Gigi dan Skor OHI-S, teknik pengambilan sampel menggunakan purposive sampling, jumlah sampel 47 responden. Instrument penelitian menggunakan lembar kuesioner dan format pemeriksaan OHI-S, analisis data menggunakan distribusi frekuensi dan tabulasi silang.

Hasil Penelitian : Ibu Pkk di Dusun Jaban Tridadi Sleman mempunyai pengetahuan menyikat gigi baik dan skor OHI-S sedang (34%)

Kata Kunci : Pengetahuan Menyikat Gigi, Skor OHI-S

OVERVIEW OF TOOTH BRUSHING KNOWLEDGE AND OHI-S SCORE IN PKK MOTHERS

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ABSTRACT

Background: The results of the 2018 Indonesian Basic Health Research show that the proportion of daily brushing behavior is 94.7% and 2.8% have brushed their teeth twice a day, namely morning and night correctly. Based on a preliminary study of 10 PKK mothers, it is known that all pkk mothers have brushed their teeth twice a day, 60% use soft bristles, 0% brush their teeth in the morning after breakfast and at night before going to bed, 10% brush their tongue, 80% brush their molars. The preliminary study data obtained showed that 0% of PKK mothers had good OHI-S criteria, 70% had moderate criteria, and 30% had poor criteria.

Research Objective: The description of tooth brushing and OHI-S scores in PKK mothers in Jaban Hamlet, Tridadi Sleman.

Research Methods: The research method used was descriptive, in a cross-sectional manner. The aspects studied were tooth brushing knowledge and OHI-S score, the sampling technique used purposive sampling, the sample size was 47 respondents. The research instrument used a questionnaire sheet and OHI-S examination format, data analysis using frequency distribution and cross tabulation.

Research Results: Mrs. Pkk in Jaban Hamlet Tridadi Sleman has good tooth brushing knowledge and moderate OHI-S scores (34%).

Keywords: Tooth Brushing Knowledge, OHI-S Score