

**IMPLEMENTASI TERAPI MUSIK PADA PASIEN PRE OPERASI
CRANIOTOMY DENGAN GENERAL ANESTESI
DI RSUD DR SOEDARSO PONTIANAK**

Attamami Jawazi¹, Ircham Saeffudin²
Prodi Sarjana Terapan Keperawatan Anestesiologi Poltekkes Kemenkes
Yogyakarta
Jalan Tata Bumi No. 3 Banyuraden, Gamping, Sleman, Yogyakarta, 55293
Email :

ABSTRAK

Latar Belakang : Kejadian tumor otak semakin tahun semakin meningkat, modalitas pengobatan tumor otak adalah pembedahan. Pre operasi merupakan tahap awal dari rangkaian perioperatif, yang menjadi fase meningkatnya reaksi emosional. Terapi non farmakologi merupakan pemberian psikoterapi berupa pemberian rileksasi salah satunya terapi musik.

Tujuan : Mengetahui implementasi terapi musik pada pasien Ny. T dengan diagnosis tumor cerebri yang akan dilakukan tindakan *craniotomy* dengan GA di Instalasi Bedah Sentral (IBS) RSUD dr. Soedarso Pontianak.

Metode : Dalam penulisan studi kasus ini penulis menggunakan metode deskriptif, menggambarkan dengan proses keperawatan yang meliputi tahap pengkajian, perumusan diagnosa, perencanaan keperawatan, implementasi, evaluasi dan dokumentasi.

Hasil : Pengkajian Ny.T diperoleh diagnosis Tumor Otak dan direncanakan tindakan operasi *Craniotomy*. Keluhan utama pasien menunjukkan perasaan cemas akan tindakan operasi. Dirumuskan keperawatan pra anestesi yaitu cemas dan risiko cedera anestesi. Implementasi pra anestesi terapi musik pada pasien Ny. T sebelum pada pra pembedahan.

Kesimpulan : Setelah pasien Ny.T diberikan terapi musik sebelum pembedahan, masalah keperawatan cemas teratasi.

Kata Kunci : craniotomy, general anestesi, terapi musik, tumor cerebri

¹Mahasiswa Pendidikan Sarjana Terapan Keperawatan Anestesiologi Poltekkes Kemenkes Yogyakarta

²Dosen Jurusan Sarjana Terapan Keperawatan Anestesiologi Poltekkes Kemenkes Yogyakarta

**IMPLEMENTATION OF MUSIC THERAPY IN PRE-OPERATIVE
CRANIOTOMY PATIENTS WITH GENERAL ANESTHESIA AT DR
SOEDARSO PONTIANAK HOSPITAL**

Attamami Jawazi¹, Ircham Saeffudin²

*Bachelor of Applied Anesthesiology Nursing Study Program, Ministry of Health
Polytechnic Yogyakarta*

Earth System Road No. 3 Banyuraden, Gamping, Sleman, Yogyakarta, 55293

Email:

ABSTRACT

Background: *The incidence of brain tumors is increasing every year, the modality for treating brain tumors is surgery. Preoperatively is the initial stage of the perioperative series, which is a phase of increasing emotional reactions. Non-pharmacological therapy is the provision of psychotherapy in the form of relaxation, one of which is music therapy.*

Objective: *To determine the implementation of music therapy in Mrs. T with a diagnosis of cerebral tumor which will undergo a craniotomy with GA at the Central Surgery Installation (IBS) RSUD dr. Soedarso Pontianak.*

Method: *In writing this case study the author used a descriptive method, describing the nursing process which includes the assessment stages, formulation of diagnoses, nursing planning, implementation, evaluation and documentation.*

Results: *Mrs. T's assessment resulted in a diagnosis of brain tumor and a craniotomy operation was planned. The patient's main complaint shows feelings of anxiety about the operation. Pre-anesthesia nursing was formulated, namely anxiety and the risk of anesthesia injury. Implementation of pre-anesthesia music therapy in patients Mrs. T before pre-surgery.*

Conclusion: *After the patient Mrs. T was given music therapy before surgery, the problem of nursing anxiety was resolved.*

Keywords: *craniotomy, general anesthesia, music therapy, cerebral tumor*

1 Student of Bachelor of Applied Anesthesiology Nursing Education, Health Polytechnic, Ministry of Health, Yogyakarta

2 Lecturers, Bachelor of Applied Nursing, Anesthesiology, Health Polytechnic, Ministry of Health, Yogyakarta