

## **GAMBARAN STATUS KEBERSIHAN GIGI DAN MULUT DENGAN STATUS KARIES GIGI PADA PEROKOK AKTIF REMAJA PUTRA**

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### **ABSTRAK**

**Latar Belakang:** Hasil Riset Kesehatan Dasar Nasional 2018 menunjukkan bahwa prevalensi masalah kesehatan gigi dan mulut di Indonesia yaitu sebesar 57,6%. Masalah kesehatan gigi dan mulut dapat disebabkan karena kebiasaan buruk, salah satunya merokok. Kebiasaan merokok Masyarakat tidak hanya menimbulkan efek secara sistemik namun dapat memicu timbulnya masalah kesehatan gigi seperti kebersihan gigi dan mulut serta karies gigi

**Tujuan Penelitian:** Mengetahui gambaran status kebersihan gigi dan mulut dengan status karies gigi pada perokok aktif remaja putra.

**Metode Penelitian:** Jenis penelitian ini adalah penelitian deskriptif dengan desain penelitian *cross sectional*, Responden penelitian adalah 42 orang remaja putra perokok aktif. Jenis pengambilan sampel yang digunakan pada penelitian ini adalah menggunakan teknik sampling jenuh. Penelitian ini dilaksanakan pada Bulan Februari 2024 yang bertempat di Dusun Karanganyar.

**Hasil Penelitian:** Berdasarkan hasil penelitian yang dilakukan didapatkan hasil bahwa remaja putra perokok aktif dengan status kebersihan gigi baik memiliki status karies rendah (64,3%) dan remaja putra perokok aktif dengan status kebersihan gigi buruk memiliki status karies gigi tinggi (80,0%).

**Kesimpulan:** Responden dengan status kebersihan gigi dan mulut kriteria baik memiliki status karies gigi rendah dan responden dengan status kebersihan gigi dan mulut buruk memiliki status karies gigi tinggi.

**Kata Kunci:** OHI-S, DMF-T, perokok aktif, dan remaja.

## **DESCRIPTION OF DENTAL AND MOUTH CLEANLINESS STATUS WITH DENTAL CAREES STATUS IN ADOLESCENT MALE ACTIVE SMOKERS**

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### **ABSTRACT**

**Background :** The results of the 2018 National Basic Health Research show that the prevalence of dental and oral health problems in Indonesia is 57.6%. dental and oral health problems can be caused by bad habits, one of which is smoking. People's smoking habits not only have systemic effects but can trigger dental health problems such as oral hygiene and dental caries.

**Research Objectives :** To understand the description of dental and oral hygiene status and dental caries status in active smokers in young men.

**Methods :** This type of research is descriptive research with a sectional research design. The research respondents were 42 young men who were active smokers. The type of sampling technique. This research was carried out in February 2024 at Karanganyar Hamlet.

**Research Result :** Based on the results of the research conducted, it was found men who were active smokers with good dental hygiene status had low caries status (64.3%) and young men who smoked actively with poor dental hygiene status had high dental caries status (80%).

**Conclusion :** Respondents with good oral hygiene status had low dental caries and respondents with poor oral hygiene status had high dental caries status.

**Keywords :** OHI-S, DMF-T, Active Smokers, Teenage