

**CHARACTERISTICS THE MOTHERS WITH STUNTING TODDLERS AT
SIDOHARJO VILLAGE OF WORKING AREA SAMIGALUH I HEALTH
CENTER IN 2024**

Oktariana Puspa A¹, Sumarah², Munica Rita H³

^{1,2,3} Department of Midwifery, Polytechnic of the Ministry of Health, Yogyakarta.
Jalan Mangkuyudan MJ/III Manterijeron, Yogyakarta
email: rianaulia1010@gmail.com

ABSTRACT

Background: *Stunting is a condition in which children experience growth disorders so that the child's body is not in accordance with his age. Children with stunting experienced a decrease in cognitive development by 7% compared to children who were not stunted. Stunting has a negative influence on cognitive abilities in children, such as lower IQ and lack of academic achievement results. Children with stunting, in addition to experiencing cognitive decline, also experience gross motor delays. The more children experience the worst or lowest degree of stunting, the child can produce gross motor development or experience motor delay disorders.*

Objective: *the purpose of this study is to determine the characteristics of mothers who have stunted toddlers in the working area of the Samigaluh I Health Center, Sidoharjo Village in 2024.*

Method: *This study is a descriptive research using a cross sectional design. The subjects in this study are mothers who have stunted toddlers (0-59 months) and are willing to be respondents to the study conducted from June 7, 2024 to June 13, 2024. The data analysis in this study is univariate data analysis.*

Result: *Mothers who have stunted toddlers aged ≥ 20 or ≤ 35 years 28.57%, 20-35 years 71.43%, mothers with high school education 57.14%, elementary / junior high school 28.57%, university 14.29%, short category 52.38%, high category 47.62%, mothers who do not provide exclusive breastfeeding 14.29%, and mothers who provide exclusive breastfeeding 85.71%.*

Conclusion: *he majority of mothers who have stunted toddlers are between 20-35 years old, have a high school / vocational school education, have a short height category, and the majority give exclusive breastfeeding.*

Keywords : *stunting, maternal characteristics*

GAMBARAN KARAKTERISTIK IBU YANG MEMILIKI BALITA *STUNTING* DI DESA SIDOHARJO WILAYAH KERJA PUSKESMAS SAMIGALUH I TAHUN 2024

Oktariana Puspa A¹, Sumarah², Munica Rita H³

^{1,2,3} Department of Midwifery, Polytechnic of the Ministry of Health, Yogyakarta.
Jalan Mangkuyudan MJ/III Manterijeron, Yogyakarta
email: rianaulia1010@gmail.com

INTISARI

Latar Belakang: *Stunting* adalah suatu kondisi dimana anak mengalami gangguan pertumbuhan sehingga badan anak tidak sesuai dengan usianya. Anak dengan *stunting* mengalami penurunan perkembangan kognitif sebesar 7% dibandingkan dengan anak yang tidak *stunting*. *Stunting* memiliki pengaruh negatif terhadap kemampuan kognitif pada anak, seperti IQ yang lebih rendah dan kurangnya hasil prestasi akademik. Anak dengan *stunting* selain mengalami penurunan kognitif, juga mengalami keterlambatan motorik kasar. Semakin anak mengalami derajat *stunting* paling buruk atau paling rendah, maka anak dapat menghasilkan perkembangan motorik kasar dapat mengalami gangguan keterlambatan motorik.

Tujuan: Mengetahui karakteristik ibu yang balita *stunting* di Desa Sidoharjo, wilayah kerja Puskesmas Samigaluh I tahun 2024.

Metode: Penelitian ini merupakan penelitian deskriptif dengan menggunakan desain *cross sectional*. Subjek dalam penelitian ini adalah seluruh ibu yang memiliki balita *stunting* (0-59 bulan) dan bersedia menjadi responden penelitian yang dilakukan pada tanggal 7 Juni 2024 hingga 13 Juni 2024. Analisis data dalam penelitian ini adalah analisis data univariate.

Hasil: Ibu yang memiliki balita *stunting* berusia ≥ 20 atau ≤ 35 tahun 28,57%, 20-35 tahun 71,43%, ibu dengan pendidikan SMA 57,14%, SD/SMP 28,57%, universitas 14,29%, tinggi ibu kategori pendek 52,38%, kategori tinggi 47,62%, ibu yang tidak memberikan ASI eksklusif 14,29%, dan ibu yang memberikan ASI eksklusif 85,71%.

Kesimpulan: Mayoritas ibu yang mengalami balita *stunting* berusia antara 20-35 tahun, berpendidikan SMA/SMK, memiliki tinggi badan kategori pendek, dan mayoritas memberikan ASI eksklusif.

Kata kunci: *stunting*, karakteristik ibu