

**DESCRIPTION OF THE LEVEL OF MOTHER'S KNOWLEDGE
REGARDING NUTRITION PATTERNS FOR TODDLERS IN INTEGRATED
HEALTHCARE CENTER CANDEN VILLAGE WORKING AREA OF
PUBLIC HEALTH CENTER JETIS 2 IN 2024**

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ABSTRACT

Background: *Bantul Regency was the region with the highest number of under-five nutrition problems in 2021 compared to other cities or regions in DIY. Based to the Bantul District Health Service, 8.62% of children experience nutritional problems. Canden Village Integrated Healthcare Center was one of the Integrated Healthcare Center in the working area of Jetis 2 Community Health Center which had nutritional problems for toddlers. Based on Jetis Health Center data, the rate of malnutrition was recorded at 0.083% of toddlers, wasting 0.093%, stunting 0.052% of toddlers, underweight 0.11% of toddlers out of 441 toddlers.*

Objective: *Found out the level of knowledge of mothers regarding nutritional patterns for toddlers at Integrated Healthcare Center, Canden Village in 2024.*

Method: *This type of research was a descriptive survey with a cross-sectional research design, obtaining 40 respondents. This research used primary data with questionnaires.*

Results: *The majority (52.5%) of respondents had a level of knowledge about nutrition delivery patterns in the sufficient category, the majority (58.3%) of respondents aged 26-35 years had a level of knowledge in the sufficient category, half of the respondents had a secondary education level have sufficient knowledge, the majority of (59.1%) respondents working as housewives have sufficient knowledge.*

Conclusion: *Most of the mothers' level of knowledge about nutritional patterns for toddlers at Integrated Healthcare Center Kalurahan Canden was sufficient category.*

Keywords: *Knowledge, Nutrition Fulfillment Patterns, Toddlers*

GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG POLA PEMBERIAN NUTRISI PADA BALITA DI POSYANDU KALURAHAN CANDEN WILAYAH KERJA PUSKESMAS JETIS 2 TAHUN 2024

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ABSTRAK

Latar Belakang: Kabupaten Bantul menjadi wilayah dengan angka permasalahan gizi balita tertinggi pada tahun 2021 dibandingkan kota atau wilayah lain di DIY. Menurut Dinas Kesehatan Kabupaten Bantul, 8,62% anak mengalami masalah gizi. Posyandu Desa Canden merupakan salah satu Posyandu di wilayah kerja Puskesmas Jetis 2 yang terdapat permasalahan gizi balita. Berdasarkan data Puskesmas, angka gizi buruk tercatat 0,083% balita, *wasting* 0,093%, *stunting* 0,052% balita, *underweight* 0,11% balita dari 441 balita.

Tujuan: Mengetahui Gambaran Tingkat Pengetahuan Ibu Tentang Pola Pemberian Nutrisi pada Balita di Posyandu Kelurahan Canden Tahun 2024.

Metode: Jenis penelitian ini yaitu survei deskriptif dengan desain penelitian *Cross Sectional* didapatkan 40 responden. Teknik pengumpulan data menggunakan data primer dengan kuesioner.

Hasil: Sebagian besar (52,5%) responden memiliki tingkat pengetahuan tentang pola pemberian nutrisi dalam kategori cukup, sebagian besar (58,3%) responden berusia 26-35 tahun memiliki tingkat pengetahuan dalam kategori cukup, setengah dari responden dengan tingkat pendidikan menengah memiliki pengetahuan cukup, sebagian besar (59,1%) responden bekerja sebagai ibu rumah tangga memiliki pengetahuan cukup.

Kesimpulan: Sebagian besar tingkat pengetahuan ibu tentang pola pemberian nutrisi pada balita di Posyandu Kelurahan Canden dalam kategori cukup.

Kata Kunci: Balita, Pengetahuan, Pola Pemenuhan Nutrisi