

DESCRIPTION OF THE LEVEL OF KNOWLEDGE ABOUT BREAST SELF EXAMINATION (BREAST SELF-EXAMINATION) IN WOMEN OF FERTILIZING AGE (WUS) AT SRANDKAN HEALTH CENTER

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ABSTRACT

Background: Cancer is one of the leading causes of death worldwide and breast cancer is the biggest cause of death every year. Breast cancer is a type of cancer that occurs when malignant cells develop in the breast tissue. The highest incidence rate of breast cancer in Indonesia is in Yogyakarta Province with 4.86 cases per 1000 population.

Objective: To find out an overview of the level of knowledge about breast self-examination (Sadari) in women of childbearing age (WUS) at the Srandakan Health Center.

Method: This study uses a descriptive method with a cross-sectional research design. The study population was WUS as many as 50 people aged 15-49 years. This research was conducted from December 2023 to May 2024 by distributing questionnaires.

Result: The results of the study were that most of the WUS respondents were well knowledgeable 64%, the level of knowledge based on the characteristics of early adulthood was 42%, with the level of secondary education (SMA/SMK) 64%, rarely aware of 52%, and obtained information sources from electronic media 46%.

Conclusion: The level of knowledge of wus at the Srandakan Community Health Center regarding Awareness. Most of the respondents had good knowledge

Key Word: Knowledge, Women of Childbearing Age, About Breast Self-Examination.

GAMBARAN TINGKAT PENGETAHUAN TENTANG PEMERIKSAAN PAYUDARA SENDIRI (SADARI) PADA WANITA USIA SUBUR (WUS) DI PUSKESMAS SRANDAKAN

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ABSTRAK

Latar Belakang: Penyakit kanker adalah salah satu penyebab kematian utama di seluruh dunia dan kanker payudara merupakan penyebab terbesar kematian setiap tahunnya. Kanker payudara merupakan jenis kanker yang terjadi ketika sel-sel ganas berkembang di dalam jaringan payudara. Angka kejadian kanker payudara tertinggi di Indonesia berada di Provinsi DI Yogyakarta dengan kasus 4,86 per 1000 penduduk.

Tujuan: Mengetahui gambaran tingkat pengetahuan tentang pemeriksaan payudara sendiri (Sadari) pada wanita usia subur (WUS) di Puskesmas Srandakan.

Metode: Penelitian ini menggunakan metode deskriptif dengan desain penelitian *cross-sectional*. Populasi penelitian adalah WUS sebanyak 50 orang berusia 15-49 tahun. Penelitian ini dilakukan pada bulan desember 2023 hingga Mei 2024 dengan menyebarkan kuesioner.

Hasil: Hasil penelitian sebagian besar responden WUS berpengetahuan baik 64%, tingkat pengetahuan berdasarkan karakteristik usia dewasa awal 42%, dengan tingkat Pendidikan menengah (SMA/SMK) 64%, jarang melakukan sadari 52%, dan mendapatkan sumber informasi dari media elektronik 46%.

Kesimpulan: Tingkat pengetahuan wus di Puskesmas Srandakan mengenai Sadari sebagian besar responden berpengetahuan baik.

Kunci Kunci: Pengetahuan, Wanita Usia Subur, SADARI.