

# GAMBARAN PENGETAHUAN MENJAGA KESEHATAN GIGI DAN JUMLAH KARIES PADA ANAK SEKOLAH DASAR NEGERI KENTUNGAN

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## ABSTRAK

**Latar Belakang:** Menjaga kesehatan gigi sangat penting bagi tahap perkembangan anak. Anak sekolah kelompok rentan terkena penyakit gigi khususnya karies gigi. Hasil studi pendahuluan menunjukkan bahwa 70% siswa mengalami kerusakan gigi.

**Tujuan:** Diketuinya gambaran pengetahuan menjaga kesehatan gigi dan jumlah karies pada anak Sekolah Dasar Negeri Kentungan.

**Metode penelitian:** Penelitian ini merupakan penelitian deskriptif dengan desain studi *cross sectional*. Populasi dalam penelitian ini adalah siswa kelas v sekolah dasar negeri kentungan dengan sampel sebanyak 50 siswa. Salah satu cara untuk mengukur pengetahuan menjaga kesehatan gigi dengan pemberian kuisioner. Teknik pengambilan sampel menggunakan sampling jenuh dan data dianalisis menggunakan tabulasi silang.

**Hasil penelitian:** Hasil penelitian menunjukkan bahwa responden berpengetahuan tinggi berjumlah 40 (80%) responden, berpengetahuan sedang 7 (14%) responden, berpengetahuan rendah 3 (6%) responden. Responden terbanyak berdasarkan jumlah karies tinggi 19 (38%) responden, jumlah karies sedang 21 (42%) responden, dan jumlah karies buruk 10 (20%) responden.

**kesimpulan:** Pengetahuan menjaga kesehatan gigi dan jumlah karies pada anak Sekolah Dasar Negeri Kentungan dalam kriteria tinggi.

**Kata kunci:** Pengetahuan, Menjaga kesehatan gigi, Jumlah karies, Anak

**THE DESCRIPTION OF KNOWLEDGE OF MAINTAINING HEALTHY  
TEETH AND QUANTITY OF CARIES IN KENTUNGAN STATE  
ELEMENTARY SCHOOL STUDENTS**

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**ABSTRACT**

**Background:** Maintaining healthy teeth is crucial for a child's developmental stage. School aged children are vulnerable to dental disease, especially dental caries. Preliminary study results showed that 70% of students had dental decay.

**Research method:** This research is a descriptive study with a cross sectional study design. The population in this research were fifth grade students at the Kentungan elementary school with a sample of 50 students. One way to measure knowledge of maintaining dental health is by administering a questionnaire. The sampling technique used saturated sampling and the data was analyzed using cross tabulation.

**Research results:** Research results showed that there are 40 (80%) respondents with high knowledge, 7 (14%) respondents with moderate knowledge, 3 (6%) respondents with low knowledge. The largest number of respondents was based on a high number of caries, 19 (38%) respondents, a medium number of caries, 21 (42%) respondents, and a bad number of caries, 10 (20%) respondents.

**Conclusion:** Knowledge of maintaining dental health and the quantity of caries in children at Kentungan Elementary School are in high criteria.

**Key words:** Knowledge, Maintaining healthy teeth, Children, Quantity of caries.