

HUBUNGAN PENGETAHUAN TENTANG KESEHATAN GIGI DAN MULUT DENGAN PERILAKU MENYIKAT GIGI MAHASISWA ASRAMA SULAWESI SELATAN

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ABSTRAK

Latar Belakang: Hasil Rikesdas tahun 2018 menunjukkan bahwa sekitar 94,7% perilaku menyikat gigi setiap hari terjadi di Indonesia, ada sekitar 2,8% perilaku menyikat gigi yang benar. Berdasarkan studi pendahuluan yang dilakukan pada 6 Desember 2023 dengan wawancara tentang pengetahuan kesehatan gigi dan mulut kepada 10 mahasiswa, didapatkan data sebagian besar (70)% berpengetahuan cukup.

Tujuan Penelitian: Diketuinya hubungan pengetahuan tentang kesehatan gigi dan mulut dengan perilaku menyikat gigi mahasiswa Asrama Sulawesi Selatan.

Metode Penelitian: Penelitian menggunakan pendekatan *survey analitic*, menggunakan rancangan *cross sectional*. Populasi penelitian adalah mahasiswa Asrama Mahasiswa Sulawesi Selatan. Pengambilan sampel dengan teknik *purposive sampling*, jumlah responden 50 orang. Variabel penelitian ada 2 yaitu pengetahuan tentang kesehatan gigi dan mulut dan perilaku menyikat gigi. Penelitian dilakukan pada bulan April-Juni 2024. Analisis data menggunakan uji *korelasi Kendall's Tau-b*.

Hasil Penelitian: Tingkat pengetahuan tentang kesehatan gigi dan mulut dengan kriteria baik sebanyak (44%), cukup sebanyak (34%) dan kurang sebanyak (22%). perilaku menyikat gigi dengan kriteria baik sebanyak (56%), cukup sebanyak (24%) dan buruk sebanyak (20%). Tabulasi silang pengetahuan tentang kesehatan gigi dan mulut dengan perilaku menyikat gigi sebagian besar kriteria baik sebanyak (36%). Hasil uji Korelasi *Kendall's Tau-b* nilai korelasi sebesar 0,443, nilai p value 0,001 ($0,04 < 0,05$).

Kesimpulan: : Pengetahuan tentang kesehatan gigi dan mulut berhubungan dengan perilaku menyikat gigi

Kata Kunci: Pengetahuan, Kesehatan Gigi dan Mulut, Perilaku, Menyikat Gigi, mahasiswa.

THE RELATIONSHIP OF KNOWLEDGE ABOUT DENTAL DAN ORAL HEALTH WITH THE BRUSHING BEHAVIOR OF SOUTH SULAWESI DORMITORY STUDENTS

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ABSTRACT

Background: The results of the 2018 Rikesdas show that around 94.7% of daily brushing behavior occurs in Indonesia, there are about 2.8% of correct brushing behavior. Based on a preliminary study conducted on December 6, 2023 with interviews on dental dan oral health knowledge to 10 students, most (70%) of the data were found to be well-knowledgeable.

Research Objective: Knowing the relationship between knowledge about dental dan oral health with brushing behavior of South Sulawesi Dormitory students..

Research Method: The study uses an analytical survey approach using a cross sectional design. Sampling was done by purposive sampling technique with a total of 50 respondents. The population of this study is students of the South Sulawesi Student Dormitory. This research was conducted in April-June 2024. Data analysis used the Kendall's Tau-b correlation test.

Research Results: The level of knowledge about dental and oral health hastwo criteria of good (44%), enough (34%) and less (22%). The level of brushing behavior of respondents had criteria of good (56%), moderate (24%) and poor (20%).. Cross-tabulation of knowledge about dental and oral health with brushing behavior was mostly with good criteria of (36%). The results of the Kendall's Tau-b Correlation test were with a correlation value of 0.443 with a p value of 0.001 ($0.04 < 0.05$).

Conclusion: The results of the study have a significant relationship between the level of knowledge dan brushing behavior.

Keywords: Knowledge, Dental Health, Behavior, Brushing Teeth.