

NUTRITIONAL CARE IN CASES OF INFERIOR STEMI, HISTORY OF NON
HEMORRHAGIC STROKE, DEXTRA HEMIPARESE, AFASIA,
CONGESTIVE HEART FAILURE CB3RK ROOM 319 PANTI RAPIH
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ABSTRACT

Background: *Diabetes mellitus is a condition where high blood glucose levels (more than 200mg/dL) lead to several complications. Elevated blood glucose causes plaque buildup in blood vessels and triggers atherosclerosis. Long-term plaque thickening can block the entry of oxygen to the heart, and the heart cannot optimally pump oxygen to the rest of the body such as to the brain until paralysis of various nervous systems occurs.*

Objective: *Implementation of nutrition services and dietary management in patients with Inferior STEMI cases, Non-Hemorrhagic Stroke History, Hemiparese Dextra, Aphasia, Congestive Heart Failure CB3RK Room 319 Panti Rapih Hospital Yogyakarta*

Method: *This research is descriptive research with case studies, this research data was obtained from primary data, namely interviews and secondary data from observations.*

Results: *The results showed that the patient's condition did not improve, it was known based on biochemical observations that the patient's condition was unstable because he had metabolic acidosis and several other symptoms indicating that the cells lacked energy and hyperglycemia. Analysis of the patient's clinical physical condition also did not experience significant improvement, it was known that the patient's blood pressure remained in the hypertension category, the patient also experienced a decrease in condition and intake.*

Conclusion: *Nutrition services and diet management for patients have not been successful and intake has not reached the target until the last day of monitoring*

Keywords: *Nutrition Care, Diabetes Mellitus, Stroke, Hypertension*

ASUHAN GIZI PADA KASUS STEMI INFERIOR, RIWAYAT STROKE NON HEMORAGIK, HEMIPARESE DEXTRA, AFASIA, CONGESTIVE HEART FAILURE RUANG CB3RK KAMAR 319 RS PANTI RAPIH YOGYAKARTA

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ABSTRAK

Latar Belakang : Diabetes Mellitus merupakan kondisi ketika kadar glukosa dalam darah tinggi (lebih dari 200mg/dL) yang menimbulkan beberapa komplikasi. Peningkatan glukosa darah menyebabkan penumpukan plak pada pembuluh darah dan memicu aterosklerosis. Penebalan plak jangka panjang dapat menutup jalan masuk oksigen ke jantung, dan jantung tidak maksimal memompa oksigen ke seluruh tubuh seperti ke otak hingga terjadi kelumpuhan pada berbagai sistem saraf.

Tujuan : Terlaksananya pelayanan gizi dan penatalaksanaan diet pada pasien kasus STEMI Inferior, Riwayat Stroke Non Hemoragik, Hemiparese Dextra, Afasia, Congestive Heart Failure Ruang CB3RK Kamar 319 RS Panti Rapih Yogyakarta

Metode : Penelitian ini merupakan penelitian deskriptif dengan studi kasus, data penelitian ini diperoleh dari data primer yaitu wawancara dan data sekunder dari hasil observasi.

Hasil : Hasil penelitian menunjukkan kondisi pasien tidak mengalami perbaikan, diketahui berdasarkan observasi biokimia kondisi pasien tidak stabil karena mengalami asidosis metabolik dan beberapa gejala lainnya yang menunjukkan bahwa sel kekurangan energi dan hiperglikemia. Analisis pada keadaan fisik klinis pasien juga tidak mengalami perbaikan yang signifikan diketahui tekanan darah pasien tetap dalam kategori hipertensi, pasien juga mengalami penurunan kondisi dan asupan.

Kesimpulan : Pelayanan gizi dan penatalaksanaan diet pada pasien belum berhasil dan asupan belum mencapai target hingga hari terakhir pemantauan

Kata Kunci : Asuhan Gizi, Diabetes Mellitus, Stroke, Hipertensi