

SINOPSIS

ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. E USIA 32 TAHUN G₂P₁A₀Ah₁ DENGAN KURANG ENERGI KRONIS (KEK) DI PMB SUPRIYATI BERBAH

Continuum of care merupakan salah satu pelayanan dari tenaga kesehatan yang bertujuan untuk menurunkan angka kematian Ibu, angka kematian bayi & balita, dan menurunkan stunting, gizi kurang dan gizi buruk serta peningkatan cakupan imunisasi, pelayanan yang dilakukan secara berkesinambungan dari ibu hamil hingga ibu nifas dan KB. Salah Satu klien yang dilakukan asuhan kebidanan secara berkesinambungan adalah Ny.E usia 32 tahun.

Kontak pertama dilakukan pada tanggal 8 Januari 2024 di PMB Supriyati Berbah, selama kehamilan Ny.E tidak mengalami keluhan. Saat persalinan Ny.E lama antara pembukaan lengkap hingga bayi lahir 20menit, berat bayi 2750 gr, menangis kuat, gerak aktif, tidak di temukan kelainana ataupun tanda bahaya padi bayi maupun ibu. Pada masa nifas dan neonatus, ibu dan bayi dalam kondisi Baik. Pada kunjungan nifas ke-3, Ny.E berencana menggunakan Kontrasepsi IUD pasca salin.

Kesimpulan dari asuhan ini adalah ibu hamil dengan Keurangan Eneri Kronik (KEK). Pada persalinan berjalan normal, bayi lahir spontan dengan keadaan normal dan pada kunjungan nifas dalam keadaan normal.

Peran bidan sangatlah penting sehingga perlu dilakukan penanganan yang tepat sepanjang siklus hidup manusia, penyediaan layanan, komponen upaya, *Continuity of Care* dalam memberikan asuhan kepada ibu dan bayi untuk mengurangi mordibitas dan mortalitas pada ibu dan bayinya. Saran untuk bidan agar dapat meningkatkan asuhan berkesinambungan dengan cara memantau secara ketat ibu dan janin sehingga ketika ditemukan komplikasi dapat dilakukan tindakan tepat sesuai prosedur.

SYNOPSIS

SUSTAINABLE MIDWIFERY CARE IN NY. E 32 YEARS AGE G2P1A0Ah1 WITH CHRONIC ENERGY DEFICIENCY (KEK) AT PMB SUPRIYATI BERBAH

Continuum of care is one of the services provided by health workers which aims to reduce maternal mortality rates, infant & toddler mortality rates, and reduce stunting, malnutrition and malnutrition as well as increasing immunization coverage, services that are carried out continuously from pregnant women to postpartum women and KB. One of the clients who received continuous midwifery care was Mrs. E, aged 32 years.

The first contact was made on January 8 2024 at PMB Supriyati Berbah, during pregnancy Mrs. E did not experience any complaints. During Mrs. E's delivery, the time between complete opening and birth of the baby was 20 minutes, the baby weighed 2750 grams, cried strongly, moved actively, there were no abnormalities or danger signs found in either the baby or the mother. During the postpartum and neonatal period, mother and baby are in good condition. At the 3rd postpartum visit, Mrs. E plans to use postpartum IUD contraception.

The conclusion from this care is that pregnant women suffer from Chronic Energy Deficiency (CED). In a normal delivery, the baby is born spontaneously in a normal condition and at the postpartum visit in a normal condition.

The role of midwives is very important so it is necessary to carry out appropriate treatment throughout the human life cycle, providing services, effort components, Continuity of Care in providing care to mothers and babies to reduce morbidity and mortality in mothers and babies. Suggestions for midwives to improve continuous care by closely monitoring the mother and fetus so that when complications are found, appropriate action can be taken according to procedures.