

# FACTORS AFFECTING EXCLUSIVE BREASTFEEDING FOR MOTHERS WHO HAVE BABIES 6-12 MONTHS AT THE WORKING AREA OF PUSKESMAS PRAMBANAN SLEMAN

Nadya Putri Nugraheni<sup>1</sup>, Hesty Widyasih<sup>2</sup>, Sujiyatini<sup>3</sup>  
<sup>1,2,3</sup>Departement of Midwifery Poltekkes Kemenkes Yogyakarta  
Jl. Tatabumi No. 3, Banyuraden, Gamping, Sleman  
email: [nadyaputrinugraheni@gmail.com](mailto:nadyaputrinugraheni@gmail.com)

## ABSTRACT

**Background:** Percentage of children aged 6-0 months who are breastfeeding exclusive in Indonesia is about 67,74 %, D.I.Yogyakarta as much as 77,5 %. The average the scope of Sleman district 2018 has not reached its target of restra 82,3 %. Prambanan sub-district has the lowest percentage of exclusive breastfeeding at 66,5%.

**Aim:** The purpose of this research was known to the provision of factors influencing the exclusive breastfeeding by mothers who having of children aged 6-12 months at the working area of Puskesmas Prambanan Sleman.

**Methods:** The method of *cross sectional* was used in the study. Sampling using proportional sampling technique with balanced strata in each region with a total of 41 respondents. The research was conducted in June 2021. Data collection using online questionnaires. Bivariat analysis using chi square while multivariate analysis using logistics regression.

**Results:** The research results show 65.9 % of mothers give breastfeeding exclusive. Bivariat analysis shows factors employment status ( $p = 0,036$ ) and support of husbands ( $p = 0,019$ ) as much as related to the provision of exclusive breastfeeding, factors the level of education ( $p = 0,743$ ), the age of mother ( $p = 0,975$ ), socioeconomic status ( $p=0.153$ ) and family support ( $p=0.326$ ) are not related to exclusive breastfeeding.

**Conclusion:** Husband support the most dominant in the provision of breastfeeding exclusive. The results of the analysis factors multivariate show support of husbands ( $p = 0,047$ ; OR = 5,762 ) related to the provision of breastfeeding exclusive.

**Keywords :** Exclusive breastfeeding, husband support

FAKTOR-FAKTOR YANG MEMENGARUHI PEMBERIAN ASI EKSKLUSIF  
OLEH IBU YANG MEMILIKI BAYI USIA 6-12 BULAN DI WILAYAH  
KERJA PUSKESMAS PRAMBANAN SLEMAN

Nadya Putri Nugraheni<sup>1</sup>, Hesty Widyasih<sup>2</sup>, Sujiyatini<sup>3</sup>  
<sup>1,2,3</sup>Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta  
Jl. Tatabumi No. 3, Banyuraden, Gamping, Sleman  
<sup>1</sup>Email: [nadyaputrinugraheni@gmail.com](mailto:nadyaputrinugraheni@gmail.com)

**ABSTRAK**

**Latar Belakang:** Persentase bayi 0-6 bulan yang mendapat ASI Eksklusif di Indonesia sebesar 67,74%, D.I.Yogyakarta sebesar 77,5%. Rata-rata cakupan Kabupaten Sleman tahun 2018 belum mencapai target restra sebesar 82,3%. Kecamatan Prambanan mempunyai persentase pemberian ASI Eksklusif terendah sebesar 66,5%.

**Tujuan:** Diketahui faktor-faktor yang mempengaruhi pemberian ASI Eksklusif oleh ibu yang memiliki bayi usia 6-12 bulan di Wilayah Kerja Puskesmas Prambanan Sleman.

**Metode:** Penelitian ini menggunakan metode *cross sectional*. Pengambilan sampel menggunakan Teknik *proportional sampling* dengan strata yang seimbang di setiap wilayah dengan jumlah 41 responden. Penelitian dilakukan bulan Juni 2021. Pengumpulan data menggunakan kuesioner online. Analisis bivariat menggunakan *chi square* sedangkan analisis multivariat menggunakan regresi logistik.

**Hasil:** Penelitian menunjukkan 65,9% ibu memberikan ASI Eksklusif. Analisis bivariat menunjukkan faktor status pekerjaan ( $p=0,036$ ) dan dukungan suami ( $p=0,019$ ) berhubungan dengan pemberian ASI Eksklusif, faktor tingkat Pendidikan ( $p=0,743$ ), usia ibu ( $p=0,975$ ), status sosial ekonomi ( $p=0,153$ ) dan dukungan keluarga ( $p=0,326$ ) tidak berhubungan dengan pemberian ASI Eksklusif.

**Kesimpulan:** Faktor yang paling berpengaruh terhadap pemberian ASI Eksklusif adalah Dukungan suami. Dukungan suami ( $p=0,019$ ) berhubungan dengan pemberian ASI Eksklusif. Hasil analisis multivariat menunjukkan faktor dukungan suami ( $p=0,047$ ; OR=5,762) berhubungan dengan pemberian ASI Eksklusif.

**Kata kunci:** ASI Eksklusif, dukungan suami