

DESCRIPTION OF KNOWLEDGE LEVEL ABOUT POST PLACENTAL IUD CONTRACEPTION IN PREGNANT WOMEN AT GODEAN I HEALTH CENTER

Anita Dwi Andriani¹, Yuliantiasari Retnaningsih², Margono³
Departement of midwifery Poltekkes Kemenkes Yogyakarta
Jl. Mangkuyudan. MJ III/304 Yogyakarta 55143
Email: anitada49@gmail.com, yuliantisari@poltekkesjogja.ac.id,
margonobegunadi@gmail.com

ABSTRACT

Background: The government implements the Family Planning (KB) program in order to reduce the rate of population growth in Indonesia. The most effective family planning program is the IUD (Intra Uterine Device). IUD KB can be installed 10 minutes after the placenta is born, which is called a post-placental IUD. Based on a preliminary study that was conducted at the Godean I Health Center, it was found that none of the 46 mothers who gave birth used a post-placental IUD in 2022.

Objective: To determine the level of knowledge about post-placental IUD contraception based on the characteristics of pregnant women at the Godean I Health Center.

Method: This type of research is descriptive research. The research design used is Cross Sectional. The subjects in this study were 35 pregnant women who were carrying out pregnancy checks at the Godean I Health Center on May 29-June 8, 2023. The research variable was a single variable. Data collection techniques using a questionnaire. Data were analyzed using proportion analysis.

Results: The majority of knowledge about post-placental IUD contraception is sufficiently knowledgeable as many as 22 respondents (62.9%), the majority of maternal ages in the 20-35 year age category are as many as 28 respondents (80.0%), the majority of maternal gravidity in multigravidas are as many as 18 respondents (51.4%). secondary education 23 respondents (65.7%), the majority of pregnant women did not have a job as many as 18 respondents (51.4%), types of sources of information from health workers as many as 28 respondents (80.0%).

Conclusion: The level of knowledge about post-placental IUD contraception in pregnant women at Godean I Health Center is generally in the sufficient category.

Keywords: Level of knowledge, family planning, post-placental IUD

¹Midwifery Diploma Student at the Poltekkes Kemenkes Yogyakarta

²Lecturers in the Departement of Midwifery Poltekkes Kemenkes Yogyakarta

³Lecrurers at the Poltekkes Kemenkes Yogyakarta

GAMBARAN TINGKAT PENGETAHUAN TENTANG KONTRASEPSI IUD PASCA PLASENTA PADA IBU HAMIL DI PUSKESMAS GODEAN I

Anita Dwi Andriani¹, Yuliantiasari Retnaningsih², Margono³
Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta
Jl. Mangkuyudan MJ III/304 Yogyakarta 55143
Email: anitada49@gmail.com, yuliantiasari@poltekkesjogja.ac.id,
margonobegunadi@gmail.com

INTISARI

Latar Belakang: Pemerintah menerapkan program Keluarga Berencana (KB) dalam rangka menekan laju pertumbuhan penduduk di Indonesia. Program KB yang paling efektif adalah IUD (*Intra Uterine Device*). KB IUD dapat dipasang 10 menit setelah plasenta lahir yang disebut dengan IUD pasca plasenta. Berdasarkan studi pendahuluan yang telah dilakukan di Puskesmas Godean I didapatkan hasil tidak ada yang menggunakan IUD pasca plasenta dari 46 ibu bersalin pada tahun 2022.

Tujuan: Mengetahui tingkat pengetahuan tentang kontrasepsi IUD Pasca Plasenta berdasarkan karakteristik ibu hamil di Puskesmas Godean I.

Metode: Jenis penelitian ini adalah penelitian deskriptif. Desain penelitian yang digunakan adalah *Cross Sectional*. Subjek dalam penelitian ini adalah 35 ibu hamil yang sedang melakukan pemeriksaan kehamilan di Puskesmas Godean I pada tanggal 29 Mei-08 Juni 2023. Variabel penelitian ini adalah variabel tunggal. Teknik pengumpulan data menggunakan kuisioner. Data dianalisis menggunakan analisis proporsi.

Hasil: Tingkat pengetahuan tentang kontrasepsi IUD pasca plasenta mayoritas berpengetahuan cukup sebanyak 22 responden (62,9%), umur ibu mayoritas pada kategori umur 20-35 tahun sebanyak 28 responden (80,0%), graviditas ibu mayoritas pada multigravida sebanyak 18 responden (51,4%). pendidikan terakhir menengah 23 responden (65,7%), Mayoritas ibu hamil tidak memiliki pekerjaan sebanyak 18 responden (51,4%), jenis sumber informasi dari tenaga kesehatan sebanyak 28 responden (80,0%).

Kesimpulan: Tingkat pengetahuan tentang kontrasepsi IUD pasca plasenta pada ibu hamil di Puskesmas Godean I secara umum pada kategori cukup.

Kata kunci: Tingkat pengetahuan, Keluarga Berencana, IUD pasca plasenta

¹Mahasiswa DIII Kebidanan Poltekkes Kemenkes Yogyakarta

²Dosen Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta

³Dosen Poltekkes Kemenkes Yogyakarta