

## **GAMBARAN TINGKAT PENGETAHUAN MENGENAI *STUNTING* PADA IBU YANG MEMILIKI BALITA USIA 0-59 BULAN DI POSYANDU MELATI WILAYAH KERJA PUSKESMAS SEWON II**

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**Latar Belakang:** *Stunting* merupakan permasalahan kesehatan berupa kekurangan gizi kronis yang dialami oleh balita. Kejadian balita *stunting* menjadi masalah gizi utama yang dihadapi Indonesia. Tingkat prevalensi di Indonesia berada di atas 21% atau berada di atas batas target tahunan yang ditetapkan pemerintah. Prevalensi balita *stunting* di DIY pada tahun 2019 mengalami penurunan yaitu menjadi 10,69% dan pada tahun 2020 kembali naik menjadi 11,08%. Prevalensi *stunting* pada Kabupaten Bantul tahun 2021 yaitu sebesar 8,36%. Oleh karena itu, *stunting* pada balita perlu menjadi perhatian khusus. Salah satu faktor yang paling berpengaruh dalam menyebabkan *stunting* yaitu pengetahuan ibu.

**Tujuan Penelitian:** Penelitian ini bertujuan untuk mengetahui gambaran tingkat pengetahuan ibu yang memiliki balita mengenai *stunting* di Posyandu Melati wilayah kerja Puskesmas Sewon II.

**Metode Penelitian:** Penelitian ini bersifat kuantitatif dengan jenis penelitian deskriptif dan desain *cross sectional*. Subjek dalam penelitian ini yaitu ibu yang memiliki balita usia 0-59 bulan yang berkunjung ke Posyandu Melati Wilayah Kerja Puskesmas Sewon II dan bisa berkomunikasi dengan baik serta bersedia menjadi responden.

**Hasil:** Penelitian yang telah dilakukan menunjukkan bahwa sebagian besar ibu balita memiliki tingkat pengetahuan baik yaitu sebanyak 23 orang (64%) dengan karakteristik berdasarkan usia ibu sebagian besar berusia 20-35 tahun sebanyak 26 orang (72%), sebagian besar ibu berpendidikan menengah (SMA) sebanyak 15 orang (42%) dan sebagian besar ibu tidak bekerja sebanyak 26 orang (72%), serta sebagian besar ibu pernah mendapatkan informasi mengenai *stunting* dari media massa sebanyak 17 orang (47%).

**Kesimpulan:** Pengetahuan mengenai *stunting* pada ibu yang memiliki balita usia 0-59 bulan di Posyandu Melati Wilayah Kerja Puskesmas Sewon II, sebagian besar dalam kategori baik.

**Kata Kunci:** *Stunting*, Pengetahuan Ibu

**DESCRIPTION OF THE LEVEL OF KNOWLEDGE ABOUT STUNTING IN  
MOTHERS WITH TODDLERS AGED 0-59 MONTHS IN POSYANDU MELATI  
WORKING AREA OF PUSKESMAS SEWON II**

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**Background:** Stunting is a health problem in the form of chronic malnutrition experienced by toddlers. The incidence of stunting under five is a major nutritional problem faced by Indonesia. The prevalence rate in Indonesia is above 21% or above the annual target set by the government. The prevalence of stunting under five in DIY in 2019 decreased to 10.69% and in 2020 it rose again to 11.08%. The prevention of stunting in Bantul Regency in 2021 is 8.36%. Therefore, stunting in toddlers needs special attention. One of the most influential factors in causing stunting is mother's knowledge.

**Objective:** This study aims to describe the level of knowledge of mothers who have toddlers regarding stunting at Posyandu Melati in the working area of the Sewon II Health Center.

**Methods:** This research is a quantitative research with a descriptive research type and cross-sectional design. The subjects in this study were mothers who had toddlers aged 0-59 months who visited the Posyandu Melati in the Sewon II Health Center and were able to communicate well and were willing to be respondents.

**Results:** The research that has been conducted shows that most of the mothers of toddlers have a good level of knowledge, namely as many as 23 people (64%) with characteristics based on the age of the mothers, most of them are aged 20-35 years, as many as 26 people (72%), most of the mothers have secondary education (SMA). as many as 15 people (42%) and most of the mothers did not work as many as 26 people (72%), and most of the mothers had received information about stunting from the mass media as many as 17 people (47%).

**Conclusion:** Knowledge of stunting among mothers with toddlers aged 0-59 months at Posyandu Melati in the Working Area of Sewon II Health Center is mostly in the good category.

**Keywords:** Stunting, Mother's Knowledge