

THE STORAGE ANIMAL SIDE DISHES STUDY IN THE NUTRITION INSTALLATION OF WONOSARI REGIONAL GENERAL HOSPITAL

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ABSTRACT

Background. Animal foodstuffs have different characteristics that require different handling. If food is not stored and processed properly, it risks becoming a carrier of microorganisms that cause disease in humans.

Objectives. To identify the description of Animal foodstuffs storage in the Wonosari Hospital Nutrition Installation.

Method. This research is a descriptive study that examines the storage of Animal foodstuffs in the Nutrition Installation of Wonosari Hospital. The research was conducted in March 2023 with the object of the study, namely animal side dishes foodstuffs stored.

Results. The storage temperature of Animal foodstuffs such as catfish, otak-otak, and galantine is in accordance with the standards of the Ministry of Health of the Republic of Indonesia (2013). The storage requirements for Animal foodstuffs in the Wonosari Hospital Nutrition Installation, there are 7 conditions that are in accordance and 4 conditions that are not in accordance with Permenkes No.78 of 2013 and Food Implementation Management. In the storage facilities there are some equipment that does not exist so that it can be said that it does not meet the standards of Permenkes No.56 of 2014. The quality of Animal foodstuffs ingredients observed at the Wonosari Regional General Hospital Nutrition Installation is in accordance with the specifications that have been set.

Conclusion. In the suitability of storage temperature, storage conditions and storage facilities there are still items that do not comply with the standard. Suggestions in this study are expected that hospital institutions can complete the required food storage facilities and are expected to the nutrition installation to review the arrangement of stored animal foodstuffs

Keywords. animal foodstuffs, hospital, storage

**KAJIAN PENYIMPANAN BAHAN PANGAN HEWANI
DI INSTALASI GIZI RUMAH SAKIT UMUM DAERAH WONOSARI**

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ABSTRAK

Latar Belakang. Bahan pangan hewani memiliki karakteristik yang berbeda sehingga memerlukan penanganan yang berbeda pula. Jika bahan pangan tidak tersimpan dan terolah dengan baik, maka berisiko menjadi media pembawa mikroorganisme penyebab penyakit pada manusia.

Tujuan. Diketuainya gambaran penyimpanan bahan pangan hewani di Instalasi Gizi RSUD Wonosari

Metode Penelitian ini merupakan penelitian deskriptif yang mengkaji tentang penyimpanan bahan pangan hewani di Instalasi Gizi RSUD Wonosari. Penelitian dilaksanakan pada bulan Maret 2023 dengan obyek penelitian yaitu bahan pangan hewani yang disimpan.

Hasil Suhu penyimpanan pada bahan pangan hewani seperti patin, bakso sapi, otak-otak, dan galantin sudah sesuai dengan standar Kemenkes RI (2013). Persyaratan penyimpanan bahan pangan hewani di Instalasi Gizi RSUD Wonosari, terdapat 7 syarat yang sesuai dan 4 syarat yang belum sesuai dengan Permenkes No.78 tahun 2013 dan Manajemen Penyelenggaraan Makanan. Fasilitas penyimpanan terdapat beberapa peralatan yang tidak tersedia sehingga dapat dikatakan belum sesuai standar Permenkes No.56 tahun 2014. Mutu bahan pangan hewani yang diamati di Instalasi Gizi Rumah Sakit Umum Daerah Wonosari sudah sesuai dengan spesifikasi yang sudah ditetapkan

Kesimpulan Kesesuaian suhu penyimpanan, syarat penyimpanan dan fasilitas penyimpanan masih terdapat item yang tidak sesuai dengan standar. Saran dalam penelitian ini diharapkan pihak institusi rumah sakit dapat melengkapi fasilitas penyimpanan bahan makanan yang dibutuhkan serta diharapkan kepada pihak instalasi gizi untuk meninjau ulang cara penyimpanan bahan pangan hewani.

Kata kunci bahan pangan hewani, penyimpanan, rumah sakit