

***THE CORRELATION BETWEEN EXCLUSIVE BREASTFEEDING WITH  
INCIDENT OF STUNTING IN THE AGES OF 24-59 MONTHS IN GUNUNG  
KIDUL REGENCY IN 2022***

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**ABSTRACT**

***Background:*** Stunting is a condition in which toddlers have less length or height compare to their age. The highest prevalence of short toddlers is in Gunung Kidul District at the Paliyan Health Center and Panggang II Health Center. Factors that influence stunting are exclusive breastfeeding. The impact on toddlers is the disruption of brain development, intelligence, and body metabolism disorders.

***Objective:*** Knew the correlation between exclusive breastfeeding with incident of stunting in the ages of 24-59 months in Gunung Kidul Regency in 2022

***Method:*** Quantitative research with a case control design. The research population were toddlers aged 24-59 months with a total sample of 372 respondents. Bivariate data analysis using chi square. The research instrument used data measuring the nutritional status of the public health center.

***Result:*** There is a significant relationship between exclusive breastfeeding and the incidence of stunting in Gunung Kidul Regency. Maternal education and employment status support the incidence of stunting in Gunung Kidul.

***Conclusion:*** There is a significant relationship between exclusive breastfeeding with incident of stunting in Gunung Kidul Regency.

***Key words:*** exclusive breastfeeding, stunting

**HUBUNGAN PEMBERIAN ASI EKSKLUSIF DENGAN KEJADIAN  
STUNTING PADA BALITA USIA 24-59 BULAN  
DI GUNUNG KIDUL TAHUN 2022**

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**ABSTRAK**

**Latar Belakang:** *Stunting* adalah kondisi dimana balita memiliki panjang atau tinggi badan yang kurang jika dibandingkan dengan umur. Prevalensi balita pendek terbesar adalah Kabupaten Gunung Kidul di Puskesmas Paliyan dan Puskesmas Panggang II. Faktor yang mempengaruhi terjadinya *stunting* yaitu pemberian ASI eksklusif. Dampak yang ditimbulkan pada balita yang mengalami *stunting* yaitu terganggunya perkembangan otak, kecerdasan, dan gangguan metabolisme tubuh.

**Tujuan:** Mengetahui hubungan pemberian ASI Eksklusif dengan kejadian *stunting* pada balita usia 24-59 bulan di Wilayah Gunung Kidul tahun 2022

**Metode:** Jenis penelitian kuantitatif dengan desain *case control*. Populasi penelitian yaitu balita usia 24-59 bulan dengan total sampel 372 responden. Analisis data bivariat menggunakan *chi square*. Instrumen penelitian menggunakan data pengukuran status gizi puskesmas.

**Hasil:** Terdapat hubungan yang signifikan antara pemberian ASI eksklusif dengan kejadian *stunting* di Kabupaten Gunung Kidul. Pendidikan ibu dan status pekerjaan mendukung terhadap kejadian *stunting* di Gunung Kidul.

**Kesimpulan:** Terdapat hubungan yang signifikan antara pemberian ASI eksklusif dengan kejadian *stunting* di Kabupaten Gunung Kidul.

**Kata Kunci:** *Stunting*, ASI eksklusif