

**PENGARUH KONSELING KB DENGAN MEDIA *BOOKLET* TERHADAP
PENGETAHUAN DAN KEPUTUSAN PEMILIHAN ALAT
KONTRASEPSI PASCA SALIN DI WILAYAH KERJA
PUSKESMAS MOYUDAN**

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ABSTRAK

Latar Belakang: Penggunaan alat kontrasepsi saat ini belum mencapai target nasional. Pemilihan dan penggunaan alat kontrasepsi pasca salin dapat dimaksimalkan dengan menambah pengetahuan, salah satunya dengan metode penyuluhan menggunakan media *booklet* pada ibu hamil pada saat pelayanan antenatal.

Tujuan: Mengetahui pengaruh konseling KB dengan media *booklet* terhadap pengetahuan dan keputusan pemilihan alat kontrasepsi pasca salin.

Metode: Desain penelitian yang digunakan adalah *quasi experiment* dengan *post test design*. Populasinya adalah ibu hamil trimester III sebanyak 243 orang. Pemilihan kelompok kasus dan kontrol menggunakan kriteria inklusi dan eksklusi, diambil sebanyak 62 orang. Instrument penelitian yang digunakan adalah kuesioner. Analisis data menggunakan analisis univariat dan analisis *t test independent*.

Hasil: Hasil penelitian menunjukkan bahwa ada perbedaan antara pemberian konseling menggunakan *booklet* dengan *leaflet* terhadap pengetahuan tentang penggunaan alat kontrasepsi. Berdasarkan uji *independent t test*, didapatkan nilai *p-value* sebesar 0,000. *P-value*: $0,000 < (0,05$. Berdasarkan hasil analisis menunjukkan bahwa ada perbedaan antara pemberian konseling menggunakan *booklet* dan *leaflet* terhadap keputusan penggunaan alat kontrasepsi, dinyatakan dengan nilai *p value* sebesar 0.019.

Kesimpulan: Ada pengaruh yang signifikan antara pemberian konseling dengan *booklet* terhadap pengetahuan dan keputusan pemilihan alat kontrasepsi pasca salin.

Kata Kunci: *Booklet*, Kontrasepsi, Pasca Salin

**THE EFFECT OF FAMILY PLANNING COUNSELING WITH BOOKLET
MEDIA ON KNOWLEDGE AND DECISIONS ON THE SELECTION OF
POSTPARTUM CONTRACEPTIVES IN THE WORK AREA OF
MOYUDAN PUBLIC HEALTH CENTER**

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ABSTRACT

Background: The current use of contraceptives has not yet reached the national target. The current use of contraceptives has not yet reached the national target. Selection and use of postpartum contraception can be maximized by increasing knowledge, one of which is the counseling method using the media booklet in pregnant women during antenatal care.

Objective: Knowing the influence of family planning counseling with the media booklet on knowledge and decision to choose postpartum contraception.

Method: The research design used is like an experiment with a post-test design. The population is third-trimester pregnant women as many as 243 people. Selection of case and control groups using inclusion and exclusion criteria, taking as many as 62 people. The research instrument used was a questionnaire. Data analysis using univariate analysis and analysis test independent.

Results: The results of the study show that there are differences between the provision of education using a booklet with leaflet knowledge about contraceptive use. Based on the independent t-test, got a p-value of 0.000. P-value: 0.000 < (0.05). The analysis results showed a difference between the provision of education using a booklet and a leaflet on the decision to use contraceptives, expressed by a p-value of 0.019.

Conclusion: There is a significant influence between providing education with a booklet on knowledge and choosing postpartum contraception.

Keywords: Booklet, Contraception, Postpartum