

HUBUNGAN PERAN SUAMI DENGAN KEBERHASILAN PEMBERIAN
ASI EKSKLUSIF DI DESA RAKNAMO
KECAMATAN AMABI OEFETO KABUPATEN KUPANG
PROVINSI NUSA TENGGARA TIMUR TAHUN 2023

Wilhelmina Apriana Ariesta Woda¹, Nur Djanah², Arif Nugroho Triutomo³
^{1,2,3} Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta,
Jln. Mangkuyudan MJ III/304 Mantrijeron Yogyakarta
Email : Wilhelminawoda86@gmail.com, nurdjanah.fendi@gmail.com,
arifngрту@gmail.com

ABSTRAK

Latar Belakang : Keberhasilan ASI Eksklusif sangat bermanfaat bagi penurunan angka stunting berdasarkan Studi Status Gizi Indonesia (SSGI). *World Health Organization* (WHO) mengingatkan bahwa ASI Eksklusif adalah kunci sukses untuk menurunkan stunting di Indonesia. Peran suami untuk istri yang memberi ASI sangat penting, karena support sistem pertama istri adalah suami. Capaian pemberian ASI eksklusif di NTT (2021) sebesar 81.18%, namun capaian pemberian ASI eksklusif di Desa Raknamo masih 38,1% (2022) masih di bawah target nasional yaitu sebesar 45%.

Tujuan : Untuk mengetahui hubungan peran suami dengan keberhasilan pemberian ASI eksklusif di Desa Raknamo Kecamatan Amabi Oefeto Kabupaten Kupang Provinsi NTT Tahun 2023.

Metode : Metode penelitian *case control*, desain studi retrospektif. Sampel penelitian adalah suami yang memiliki bayi usia 7-12 bulan yang memenuhi kriteria inklusi. Teknik pengambilan sampel dalam penelitian ini adalah *total sampling* berjumlah 74 orang. Instrumen penelitian menggunakan kuesioner. Analisis data menggunakan uji *Chi-Square*.

Hasil : Suami yang berperan selama pemberian ASI Eksklusif memiliki tingkat keberhasilan sebesar 89,2%. Hasil uji analisis didapatkan *p-value* sebesar 0,010 (*p-value* > 0,05). Hal ini menunjukkan ada hubungan signifikan antara peran suami dengan tingkat keberhasilan pemberian ASI eksklusif.

Kesimpulan : Ada hubungan yang signifikan antara Peran Suami dengan Keberhasilan Pemberian ASI eksklusif.

Kata Kunci : Peran suami, Pemberian ASI Eksklusif

CORRELATION BETWEEN THE HUSBAN'S ROLE AND THE SUCCESS OF EXCLUSOVE BREASTFEEDING IN RAKNAMO VILLAGE, AMABI OEFETO DISTRICT, KUPANG REGENCY, EAST NUSA TENGGARA PROVINCE IN 2023

Wilhelmina Apriana Ariesta Woda¹, Nur Djanah², Arif Nugroho Triutomo³

^{1,2,3} Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta,

Jln. Mangkuyudan MJ III/304 Mantrijeron Yogyakarta

Email : Wilhelminawoda86@gmail.com, nurdjanah.fendi@gmail.com,
arifngрту@gmail.com

ABSTRACT

Background : *The success of exclusive breastfeeding is very beneficial for reducing stunting rates based on the Indonesian Nutrition Status Study (SSGI). The World Health Organization (WHO) reminds us that exclusive breastfeeding is the key to success in reducing stunting in Indonesia. The role of husbands for breastfeeding wives is very important, because the wife's first support system is the husband. The achievement of exclusive breastfeeding in NTT (2021) is 81.18%, but the achievement of exclusive breastfeeding in Raknamo Village is still 38.1% (2022) which is still below the national target of 45%.*

Objective : *To determine the relationship between the husband's role and the success of exclusive breastfeeding in Raknamo Village, Amabi Oefeto District, Kupang Regency, NTT Province in 2023.*

Methods : *Case control research method, retrospective study design. The research sample was husbands who had babies aged 7-12 months who met the inclusion criteria. The sampling technique in this study was total sampling of 74 people. The research instrument used a questionnaire. Data analysis using the Chi-Square test.*

Results : *Husbands who play a role during exclusive breastfeeding have a success rate of 89.2%. The results of the analysis test obtained a p-value of 0.010 ($p\text{-value} > 0.05$). This shows that there is a significant relationship between the role of the husband and the success rate of exclusive breastfeeding.*

Conclusion : *There is a significant relationship between the role of the husband and the success of exclusive breastfeeding.*

Keywords : *Husband's role, Exclusive breastfeeding.*