

LAMPIRAN

Lampiran 1. Rencana Anggaran Biaya Penelitian

RENCANA ANGGARAN PENELITIAN

| No | Uraian | Volume | Satuan | Harga Satuan | Jumlah |
|----|--|--------|--------|--------------|-----------|
| | | | | (Rp) | (Rp) |
| 1 | Proposal Skripsi | | | | |
| | Penggandaan Proposal (Rangkap 3) | 240 | Lembar | 250 | 60.000 |
| | Penjilidan | 3 | Buku | 20.000 | 60.000 |
| | <i>Sub Total</i> | | | | 120.000 |
| 2 | ATK | | | | |
| | Cartridge Hitam Canon iP2770 | 1 | Buah | 285.000 | 285.000 |
| | Cartridge Warna Canon iP2770 | 1 | Buah | 300.000 | 300.000 |
| | Tinta Print Hitam Canon iP2770 | 3 | Botol | 90.000 | 270.000 |
| | Tinta Print Warna Canon iP2770 | 1 | Paket | 105.000 | 105.000 |
| | Kertas A4 70 Gram | 3 | Rim | 50.000 | 150.000 |
| | Kertas A4 80 Gram | 3 | Rim | 55.000 | 165.000 |
| | Clip | 3 | Pes | 2.000 | 6.000 |
| | <i>Sub Total</i> | | | | 1.281.000 |
| 3 | Pelaksanaan Penelitian | | | | |
| | Pengurusan EC | 1 | Kali | 135.000 | 135.000 |
| | Souvenir untuk Responden | 88 | Orang | 25.000 | 2.200.000 |
| | Cetak Modul | 88 | buku | 15.000 | 1.320.000 |
| | Penggandaan Informent Consent | 88 | Lembar | 250 | 22.000 |
| | Penggandaan Koesioner (4 Lembar x 88 x 2) | 704 | Lembar | 250 | 176.000 |
| | Penggandaan Kartu Kontrol (1 Lembar x 88) | 88 | Lembar | 250 | 22.000 |
| | Pulpen | 88 | Buah | 2.000 | 176.000 |
| | Konsumsi (Responden, Peneliti, Bidan Desa) | 47 | Orang | 25.000 | 1.175.000 |
| | <i>Sub Total</i> | | | | 5.226.000 |
| | | | | | |

| | | | | | |
|--------------|---------------------------------|-----|--------|--------|------------------|
| 4 | Seminar Hasil | | | | |
| | Penggandaan Skripsi (Rangkap 3) | 500 | Lembar | 250 | 125.000 |
| | <i>Sub Total</i> | | | | 125.000 |
| 5 | Pelaporan | | | | |
| | CD | 2 | Buah | 10.000 | 20.000 |
| | Penggandaan Skripsi (Rangkap 3) | 600 | Lembar | 250 | 150.000 |
| | Penjilidan Hard Cover | 3 | Buku | 50.000 | 150.000 |
| | <i>Sub Total</i> | | | | 320.000 |
| Total | | | | | 7.072.000 |

JADWAL PENELITIAN

| No | Kegiatan | Waktu | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|-----------------------------|---------|---|---|---|----------|---|---|---|----------|---|---|---|---------|---|---|---|----------|---|---|---|-------|---|---|---|-------|---|---|---|-----|--|--|---|
| | | Oktober | | | | November | | | | Desember | | | | Januari | | | | Februari | | | | Maret | | | | April | | | | Mei | | | |
| | | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | | | | |
| 1 | Penyusunan Proposal Skripsi | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | | | | | | | | | | | | | | | | | | | |
| 2 | Seminar Proposal Skripsi | | | | | | | | | | | | | ■ | | | | | | | | | | | | | | | | | | | |
| 3. | Revisi Proposal Skripsi | | | | | | | | | | | | | | ■ | ■ | ■ | | | | | | | | | | | | | | | | |
| 4 | Perijinan Penelitian | | | | | | | | | | | | | | | ■ | ■ | ■ | ■ | | | | | | | | | | | | | | |
| 5. | Persiapan Penelitian | | | | | | | | | | | | | | | | | | ■ | ■ | ■ | | | | | | | | | | | | |
| 6. | Pelaksanaan Penelitian | | | | | | | | | | | | | | | | | | | | | ■ | ■ | ■ | ■ | ■ | | | | | | | |
| 7. | Pengolahan Data | | | | | | | | | | | | | | | | | | | | | | | | | | | ■ | | | | | |
| 8. | Laporan Skripsi | | | | | | | | | | | | | | | | | | | | | | | | | | ■ | ■ | | | | | |
| 9. | Sidang Skripsi | | | | | | | | | | | | | | | | | | | | | | | | | | | | ■ | | | | |
| 10 | Revisi Laporan Skripsi | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ■ |

INFORMED CONSENT

Saya yang bertandatangan dibawah ini menyatakan bahwa saya telah mendapatkan penjelasan secara rinci dan telah mengerti mengenai penelitian yang akan dilakukan oleh Astuti Ibrahim Saleh dengan judul Pengaruh Pelatihan Terhadap Peningkatan Pengetahuan dan Kepatuhan Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) kepada Pengawas Minum Obat (PMO) di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan.

Nama :

Alamat :

No. HP :

Saya memutuskan setuju untuk ikut berpartisipasi dalam penelitian ini tanpa paksaan. Bila selama penelitian ini saya menginginkan mengundurkan diri , maka saya dapat mengundurkan diri sewaktu-waktu tanpa sanksi apapun.

Saksi

Kualin,.....

Yang memberikan persetujuan

()

()

Mengetahui

Ketua Pelaksana Penelitian

(Astuti Ibrahim Saleh)

KUESIONER PENELITIAN

IDENTITAS

Nama :
 Jenis Kelamin/Umur :
 Pendidikan :
 Pekerjaan :
 Alamat :
 Serumah dengan ibu hamil : Ya/Tidak

Pilihlah salah satu jawaban yang paling tepat dari tiga opsi A, B dan C!

1. Anemia adalah...
 - A. kondisi kekurangan sel darah putih dalam pembuluh darah
 - B. kondisi kekurangan kadar hemoglobin dalam darah
 - C. kondisi kekurangan volume darah dalam pembuluh darah
2. Seorang ibu hamil menderita anemia jika...
 - A. kandungan Hb < 11 gr/dl
 - B. kandungan Hb < 12 gr/dl
 - C. kandungan Hb < 13 gr/dl
3. Beberapa tanda anemia berikut adalah...
 - A. Demam, kesemutan, mual
 - B. Bibir pecah, pegal, demam
 - C. Lesu, lelah, letih, lemah, lunglai (5L)
4. Seorang ibu hamil saat hadir di posyandu tampak pucat kelopak matanya, mata berkunang dan pusing. Berdasarkan keluhan ini, ibu hamil tersebut dapat dikatakan...
 - A. menderita sakit
 - B. menderita anemia
 - C. menderita malaria
5. Salah satu penyebab anemia pada ibu hamil yaitu...
 - A. kurangnya vitamin
 - B. kurangnya makanan zat besi
 - C. kurangnya olahraga
6. Apa akibat anemia pada ibu hamil?
 - A. Menurunnya tingkat kesadaran
 - B. Menurunnya sel darah putih

- C. Menurunnya fungsi kekebalan tubuh
7. Berikut adalah upaya pencegahan anemia, yaitu...
 - A. minum Tablet Tambah darah (TTD) minimal 90 tablet selama kehamilan
 - B. olahraga secara rutin setiap hari
 - C. rajin mengikuti kegiatan posyandu
 8. Mengonsumsi makanan yang kaya zat besi seperti sayuran hijau adalah cara untuk....
 - A. mencegah anemia
 - B. menyembuhkan anemia
 - C. mengobati anemia
 9. Jumlah Tablet tambah darah yang disarankan untuk ibu hamil adalah....
 - A. 90
 - B. 80
 - C. 70
 10. Kapan waktu terbaik minum tablet tambah darah?
 - A. Pagi hari setelah sarapan
 - B. Siang hari saat makan siang
 - C. Malam hari sebelum tidur untuk mengurangi rasa mual
 11. Tablet tambah darah baik dikonsumsi bersama....
 - A. Buah segar
 - B. Kopi
 - C. Teh
 12. Syarat seorang pengawas minum obat adalah....
 - A. seseorang yang tinggal dekat dengan pasien
 - B. seorang yang bersahabat
 - C. seorang yang berpendidikan
 13. Pengawas minum obat dapat berasal dari....
 - A. teman dekat
 - B. rekan kerja
 - C. anggota keluarga
 14. Kartu kontrol minum TTD adalah sebuah lembar kontrol yang berguna untuk mengingatkan ibu dalam mengonsumsi TTD setiap hari. Kartu ini terdapat dalam...
 - A. Buku KIA
 - B. Buku persalinan
 - C. Buku absensi
 15. Lembar kontrol meliputi aktivitas minum obat selama....
 - A. Sembilan bulan
 - B. Delapan bulan

- C. Tujuh bulan
16. Berikut ini adalah salah satu bagian dalam dalam lembar control minum tablet tambah darah, yaitu...
- A. nama calon bayi
 - B. nama suami
 - C. nama pengontrol
17. Seorang pengawas minum obat mengisi lembar control dengan tanda centang (√), setelah...
- A. Ibu hamil ambil obat
 - B. Ibu hamil minum obat
 - C. Ibu hamil menerima obat
18. Kartu lembar kontrol bermanfaat untuk....
- A. sebagai bentuk dukungan atau motivasi kepada ibu hamil
 - B. membantu kader kesehatan
 - C. mengurangi gizi buruk
19. ...merupakan pihak yang bisa berperan sebagai pengawas minum obat.
- A. Polisi
 - B. Kepala dusun
 - C. Kader Kesehatan
20. Cara lain untuk mencegah anemia adalah...
- A. Menggunakan alas kaki untuk mencegah infeksi cacing tambang
 - B. Berolahraga setiap pagi dan sore hari
 - C. Menjalankan pola hidup sehat

KUNCI JAWABAN

1. B
2. A
3. C
4. B
5. B
6. C
7. A
8. A
9. A
10. C
11. A
12. A
13. C
14. A
15. A
16. C
17. B
18. A
19. C
20. A

MODUL PELATIHAN KEPADA PENGAWAS
MINUM OBAT (PMO) TABLET TAMBAH
DARAH IBU HAMIL

MODUL
PELATIHAN
PENGISIAN
KARTU
KONTROL
MINUM TTD

2022

KATA PENGANTAR

Puji syukur kehadiran Tuhan Yang Maha Esa atas rahmat dan tuntunannya, sehingga penyusun dapat menyelesaikan penulisan modul ini.

Modul ini disusun sebagai salah satu variabel penelitian tentang **Pengaruh Pemberian Modul Kepada Pengawas Minum Obat (PMO) Terhadap Peningkatan Pengetahuan Dan Keterampilan Dalam Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) Di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan.**

Modul ini berisi tentang pedoman pengisian lembar control minum obat tablet tambah darah, dalam upaya pencegahan penyakit anemia pada ibu hamil. Kehadiran modul ini diharapkan dapat meningkatkan pengetahuan dan kepatuhan para petugas pengawas minum obat (PMO), khususnya dalam wilayah cakupan pelayanan UPT Puskesmas Kualin di kabupaten Timor Tengah Selatan, Nusa Tenggara Timur. Karenanya, modul ini dapat menjadi pegangan wajib para PMO dalam membantu ibu hamil untuk mengkonsumsi tablet tambah darah.

Penulis menyadari bahwa isi modul ini masih jauh dari kata sempurna, karenanya ruang untuk kritik dan saran yang konstruktif selalu terbuka.

Yogyakarta, 1 Desember 2022

Penulis

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BAGIAN 1

I. Deskripsi Singkat

Indonesia termasuk salah satu negara yang masih berkuat dengan masalah anemia. Hal ini ditandai dengan angka kejadian anemia pada ibu hamil mengalami peningkatan setiap tahun. Berdasarkan data Riset Kesehatan Dasar (Riskesdas) tahun 2018, kejadian anemia pada ibu hamil di Indonesia masih sangat tinggi. Pada tahun 2013, angkanya mencapai 37,1% dan pada tahun 2018 meningkat menjadi 48,9%.

Dampak anemia pada ibu hamil antara lain tidak optimalnya pertumbuhan dan perkembangan janin, yang berpeluang menimbulkan komplikasi kehamilan dan persalinan, serta beresiko terjadi kematian ibu dan anak. Pencegahan anemia dilakukan dalam suatu program yaitu Program Pemberian Tablet Tambah Darah (TTD) pada ibu hamil yang telah dimulai sejak tahun 1990 dengan tujuan untuk mencegah dan menanggulangi anemia defisiensi zat besi

Dalam rangka meningkatkan konsumsi tablet tambah darah, maka diperlukan sistem pengawasan dan evaluasi yang valid. Sistem ini berfungsi untuk meningkatkan kepatuhan ibu dalam mengkonsumsi tablet tambah darah. Dengan sistem ini, petugas kesehatan dapat mengadakan pemantauan dan memberikan pengetahuan mengenai partisipasi keluarga dalam pengawasan makan dan minum obat

Upaya dari pemerintah dengan melibatkan Pengawas Minum Obat (PMO) dalam pemantauan konsumsi tablet tambah darah yaitu melalui buku KIA dimana terdapat kartu kontrol minum TTD pada ibu hamil dengan mencantumkan nama pengontrol serta hubungan dengan ibu hamil.

II. Tujuan Pembelajaran

Setelah mengikuti pelatihan, peserta diharapkan mampu:

1. Memahami tentang anemia dan tablet tambah darah
2. Memahami peran Pengawas Minum Obat (PMO)
3. Memahami tata cara pengisian kartu kontrol minum TTD
4. Mempraktekkan kegiatan yang telah dipelajari
5. Melakukan interaksi berupa tanya jawab dengan narasumber seputar kegiatan

III. Langkah-Langkah Kegiatan Pembelajaran

Jumlah jam yang digunakan pada modul ini sebanyak 1 jam pelajaran 45 menit. Peserta diminta mengikuti pembekalan pengetahuan yang kemudian akan dilanjutkan dengan demonstrasi. Setelah memberikan pengetahuan berupa ceramah dan demonstrasi, peserta diminta untuk melakukan praktek sesuai dengan materi yang diperoleh.

BAGIAN 2

POKOK BAHASAN

A. ANEMIA

1. Pengertian Anemia

Anemia adalah suatu kondisi tubuh dimana kadar hemoglobin (Hb) dalam sel darah merah lebih rendah dari standar yang seharusnya.

Ibu hamil dikatakan anemia apabila kandungan Hb < 11 gr/dl

2. Tanda- Tanda Anemia Pada Ibu Hamil

- Lesu, lelah, letih, lemah, lunglai (5L)
- Kelopak mata pucat
- Lidah dan bibir pucat
- Mata berkunang-kunang
- Pusing

3. Penyebab anemia pada ibu hamil:

- a) **Pola makan yang kurang beragam dan bergizi seimbang**, ibu hamil setiap kali makan harus mengonsumsi makanan yang mengandung protein, karbohidrat dan zat gizi mikro (vitamin dan mineral)
- b) **Kurangnya asupan makanan kaya zat besi** seperti hati, ikan, telur, daging, sayuran dan buah berwarna

- c) **Kehamilan yang berulang dalam waktu singkat** (jarak kehamilan berikutnya < 2 tahun)
- d) **Ibu hamil mengalami Kurang Energi Kronis (KEK)** dengan Lingkar Lengan Atas (LiLA) < 23.5 cm
- e) **Mengalami infeksi yang menyebabkan kehilangan zat besi**, seperti cacingan dan malaria (terutama daerah endemik malaria)

4. Akibat Anemia Pada Ibu Hamil

- a) Menurunnya fungsi kekebalan tubuh
- b) Meningkatkan risiko terjadinya infeksi
- c) Menurunkan kualitas hidup sehingga akan berdampak pada:
 - Keguguran/abortus
 - Pendarahan yang dapat mengakibatkan kematian ibu
 - Bayi lahir prematur (lahir kurang dari 9 bulan)
 - Bayi lahir dengan berat badan rendah (BB < 2500 gram) dan Pendek (PB < 48 cm)
 - Bila ibu dalam kondisi anemia berat, bayi berisiko lahir mati

5. Upaya Pencegahan Anemia Pada Ibu Hamil

- a) Perbanyak konsumsi makanan kaya zat besi dan protein, seperti hati, telur, unggas, daging, ikan, kacang-kacangan, sayuran hijau dan buah berwarna merah atau kuning

- b) Makan beraneka ragam makanan bergizi seimbang dengan penambahan 1 (satu) porsi makanan dalam sehari
- c) Minum Tablet Tambah Darah (TTD) minimal 90 (sembilan puluh) tablet selama kehamilan
- d) Menggunakan alas kaki untuk mencegah infeksi cacing tambang
- e) Untuk wilayah endemik malaria gunakan kelambu di tempat tidur sebagai upaya pencegahan malaria

B. TABLET TAMBAH DARAH

1. Pengertian

Tablet tambah darah adalah suplemen gizi yang mengandung senyawa zat besi yang setara dengan 60 mg besi elemental dan 400 mcg asam folat.

2. Pemberian TTD bagi Ibu Hamil

- a) Diperlukan untuk memenuhi asupan zat besi, guna mempersiapkan proses kehamilan dan persalinan yang sehat.
- b) Untuk mencegah anemia, diberikan minimal 90 (sembilan puluh) tablet selama kehamilan.

3. Cara Konsumsi TTD

- a) TTD sebaiknya diminum pada malam hari sebelum tidur untuk mengurangi rasa mual.
- b) TTD dikonsumsi bersama makanan atau minuman yang mengandung Vitamin C seperti buah segar, sayuran dan jus buah, agar penyerapan zat besi didalam tubuh lebih baik
- c) Jangan minum TTD bersama teh, kopi, susu, obat sakit maag dan tablet calk, karena akan menghambat penyerapan zat besi.

C. PENGAWAS MINUM OBAT (PMO)

1. Pengertian Pengawas Minum Obat (PMO)

Menurut Depkes RI (2011), pihak yang menjadi Pengawas Menelan Obat (PMO) merupakan komponen DOTS (*Directly Observed Therapy Short*). PMO dalam konteks ini adalah seseorang yang memberikan dorongan kepada penderita agar mau berobat secara teratur dan mengawasi penderita mengkonsumsi tablet tambah darah, dan mengisi lembar kontrol minum obat dalam buku KIA.

2. Persyaratan PMO

- a) Seseorang yang dikenal, dipercayai dan disetujui, baik oleh petugas kesehatan maupun pasien, selain itu harus disegani dan

dihormati oleh pasien.

- b) Seseorang yang tinggal dekat dengan pasien.
- c) Bersedia membantu pasien dengan sukarela.
- d) Bersedia dilatih atau mendapatkan penyuluhan bersama-sama dengan pasien.

3. Klasifikasi PMO

PMO dapat berasal dari anggota keluarga, kader kesehatan, guru, anggota PKK, atau tokoh masyarakat lainnya.

PMO yang berasal dari anggota keluarga dianggap memiliki peran penting dalam meningkatkan pengobatan pasien, misalnya memotivasi dan melakukan pengawasan secara langsung kepada pasien saat berobat

D. KARTU KONTROL MINUM TTD

1. Pengertian

Kartu kontrol minum TTD adalah sebuah lembar kontrol yang berguna untuk mengingatkan ibu dalam mengkonsumsi TTD setiap hari. Kartu pemantauan ini sebagai bentuk dukungan atau motivasi kepada ibu hamil.

2. Bagian Kartu Kontrol

PENGAWASAN MINUM TTD

Kartu Kontrol Minum TTD pada IBU HAMIL

Nama Pengontrol: _____ hubungan dengan bumil: _____

usia kehamilan

| Bulan ke- 1 | Bulan ke- 2 | Bulan ke- 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Beri tanda (✓) pada kotak bila sudah minum

- 1) Identitas pengontrol dalam hal ini disebut sebagai PMO yang memuat nama pengontrol serta hubungan dengan ibu hamil.
 - 2) Usia Kehamilan yang terdiri dari bulan ke 1 sampai dengan bulan ke 9. Pada setiap bulan terdiri dari 30 atau 31 kotak yang menunjukkan jumlah hari.
- 4) Cara Pengisian

Cara pengisiannya, dengan membubuhkan tanda centang (√) dalam kotak harian yang disesuaikan dengan bulan kehamilan bila ibu hamil telah minum tablet tambah darah.

DAFTAR PUSTAKA

Direktorat Gizi Masyarakat Direktorat Jenderal Kesehatan Masyarakat
KEMENTERIAN KESEHATAN | 2020
Depkes RI. Pedoman Penanggulangan Tuberkulosis. Jakarta: Depkes RI; 2011

KARTU KONTROL MINUM TABLET TAMBAH DARAH

PENGAWASAN MINUM TTD

Kartu Kontrol Minum TTD pada IBU HAMIL

Nama Pengontrol: _____ hubungan dengan bumil: _____

usia kehamilan

| Bulan ke- 1 | Bulan ke- 2 | Bulan ke- 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Beri tanda (✓) pada kotak bila sudah minum

Lampiran 7. Ethical Clearance



**KOMITE ETIK PENELITIAN KESEHATAN
POLITEKNIK KESEHATAN KEMENKES YOGYAKARTA**

Jl. Tatabumi No. 3, Banyuraden, Gamping, Sleman, D.I. Yogyakarta
Telp./Fax. (0274) 617601
Email : kepk@poltekkesjogja.ac.id



KETERANGAN LAYAK ETIK
DESCRIPTION OF ETHICAL EXEMPTION
"ETHICAL EXEMPTION"

No.DP.04.03/e-KEPK.1/225/2023

Protokol penelitian versi 1 yang diusulkan oleh :
The research protocol proposed by

Peneliti utama : Astuti Ibrahim Saleh
Principal In Investigator

Nama Institusi : Poltekkes Kemenkes Yogyakarta
Name of the Institution

Dengan judul:
Title

"Pengaruh Pelatihan Terhadap Peningkatan Pengetahuan dan Kepatuhan Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) Kepada Pengawas Minum Obat (PMO) Di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan"

"Pengaruh Pelatihan Terhadap Peningkatan Pengetahuan dan Kepatuhan Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) Kepada Pengawas Minum Obat (PMO) Di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan"

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Consent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 22 Februari 2023 sampai dengan tanggal 22 Februari 2024.

This declaration of ethics applies during the period February 22, 2023 until February 22, 2024.

February 22, 2023

Professor and Chairperson,



Dr. drg. Wiworo Haryani, M.Kes.

Lampiran 8. Surat Izin Penelitian

PEMERINTAH PROVINSI NUSA TENGGARA TIMUR
DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU
 Jalan Basuki Rahmat Nomor 1 – Naikolan
 (Gedung B Lantai I, II Kompleks Kantor Gubernur Lama)
 Telp. (0380) 821827, Fax. (0380) 821827 WA : 081236364465
 Website : www.dpmpstp.nttprov.id Email : pmpstp.nttprov@gmail.com
 KUPANG 85117

SURAT IZIN PENELITIAN
 NOMOR : 070/971/DPMPSTP.4.3/03/2023

Yang bertanda tangan di bawah ini :

Nama : Samuel Halundaka, S. IP., M.Si
 Jabatan : Plt. Kepala Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Provinsi Nusa Tenggara Timur

Dengan ini memberikan Izin Penelitian kepada :

Nama : Astuti Ibrahim Saleh
 NIM : PO1724322022
 Jurusan/Prodi : Sarjana Terapan Kebidanan
 Instansi/Lembaga : Politeknik Kesehatan Yogyakarta

Untuk melaksanakan penelitian, dengan rincian sebagai berikut :

Judul Penelitian : PENGARUH PELATIHAN TERHADAP PENINGKATAN PENGETAHUAN DAN KEPATUHAN PENGISIAN KARTU KONTROL MINUM TABLET TAMBAH DARAH (TTD) KEPADA PENGAWAS MINUM OBAT (PMO) DI UPT PUSKESMAS KUALIN KABUPATEN TIMOR TENGAH SELATAN

Lokasi Penelitian : UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan

Waktu Pelaksanaan

a. Mulai : 27 Maret 2023
 b. Berakhir : 27 April 2023

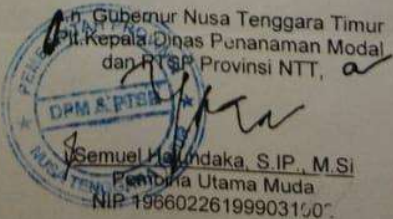
Dengan ketentuan yang harus ditaati, sebagai berikut :

1. Sebelum melakukan kegiatan penelitian, terlebih dahulu melaporkan kedatangannya kepada Bupati/Walikota Cq. Kepala Kesbangpol/DPMPSTP setempat yang akan dijadikan obyek penelitian;
2. Mematuhi ketentuan peraturan yang berlaku di daerah/wilayah/lokus penelitian;
3. Tidak dibenarkan melakukan penelitian yang materinya bertentangan dengan topik/judul penelitian sebagaimana dimaksud diatas;
4. Peneliti wajib melaporkan hasil penelitian kepada Gubernur Nusa Tenggara Timur Cq. Kepala Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Provinsi NTT;
5. Surat Izin Penelitian dapat dibatalkan sewaktu-waktu apabila tidak sesuai dengan ketentuan yang berlaku.

Demikian Izin Penelitian ini dibuat untuk dipergunakan sebagaimana mestinya.

Kupang, 17 Maret 2023

Gubernur Nusa Tenggara Timur
 Plt. Kepala Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Provinsi NTT,


 Samuel Halundaka, S. IP., M.Si
 Pembina Utama Muda
 NIP. 196602261999031500

Tembusan :

1. Gubernur Nusa Tenggara Timur di Kupang (sebagai laporan);
2. Wakil Gubernur Nusa Tenggara Timur di Kupang (sebagai laporan);
3. Sekretaris Daerah Provinsi Nusa Tenggara Timur di Kupang (sebagai laporan);
4. Kepala Badan Kesbangpol Provinsi NTT di Kupang;
5. Pimpinan Instansi/Lembaga yang bersangkutan



**PEMERINTAH KABUPATEN TIMOR TENGAH SELATAN
DINAS PENANAMAN MODAL DAN
PELAYANAN TERPADU SATU PINTU**

Jalan Gajah Mada NO. 53 SoE Tlp. (0388) 22122 Kode Pos 85111
E-mail: dpmptsp.kabtts@gmail.com; dinaspmptsp.tts@gmail.com

Nomor : DPMPTSP.22.03.1/78/III/2023 Yth. Kepada
Lampiran : - Kepala UPT Puskesmas Kualin
Perihal : **Izin Penelitian** di - Tempat

Menunjuk Surat dari Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Provinsi Nusa Tenggara Timur Nomor : 070/971/DPMPSTP.4.3/03/2023 Tanggal 17 Maret 2023 tentang Izin Penelitian, dan setelah mempelajari Rencana/Proposal yang diajukan oleh Peneliti, maka diberikan Surat Izin Penelitian kepada:

Nama : Astuti Ibrahim Saleh
NIM : P07124322022
Jurusan/Prodi : Sarjana Tarapan Kebidanan
Instansi/Lembaga : Politeknik Kesehatan Yogyakarta
Kebangsaan : Indonesia

Bahwa Peneliti akan melaksanakan kegiatan penelitian dengan judul:
"PENGARUH PELATIHAN TERHADAP PENINGKATAN PENGETAHUAN DAN KEPATUHAN PENGISIAN KARTU KONTROL MINUM TABLET TAMBAH DARAH (TTD) KEPADA PENGAWAS MINUM OBAT (PMO) DI UPT PUSKESMAS KUALIN KABUPATEN TIMOR TENGAH SELATAN"

Lokasi Penelitian : Upt Puskesmas Kualin Kab. TTS
Pengikut : -
Lamanya Penelitian : 27 Maret s/d 27 April 2023
Penanggung Jawab : Ketua Jurusan Sarjana Tarapan Kebidanan Politeknik Kesehatan Yogyakarta

Peneliti berkewajiban menghormati/mentaati peraturan dan tata tertib yang berlaku di Daerah setempat dan melaporkan hasil penelitiannya kepada Bupati Timor Tengah Selatan, cq. Kepala Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Kabupaten Timor Tengah Selatan.

Demikian untuk maklum dan atas kerja sama yang baik disampaikan terima kasih.

SoE, 24 Maret 2023

Pit. KEPALA DINAS PENANAMAN MODAL DAN
PELAYANAN TERPADU SATU PINTU
KABUPATEN TIMOR TENGAH SELATAN,


JORDAN M. I. I. BETTY, S. Sos
 PEMBINA Tk. I
 NIP. 197206202001121003

TEMBUAN:

1. Kepala Badan Kesatuan Bangsa dan Politik Kabupaten Timor Tengah Selatan (untuk pengawasan) di SoE;
2. Kepala Dinas Kesehatan Kabupaten TTS di SoE;
3. Ketua Jurusan Sarjana Tarapan Kebidanan Politeknik Kesehatan Yogyakarta di Yogyakarta;
4. Yang bersangkutan di tempat.



PEMERINTAH KABUPATEN TIMOR TENGAH SELATAN
DINAS KESEHATAN

UPT PUSKESMAS KUALIN

Jalan Raya Selatan, Desa Kualin, Kode Pos 85566

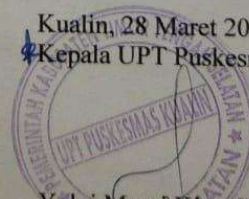
Email : puskesmaskualin6@gmail.com

Nomor : PKM KUALIN.07.01.01/277/IV/2023
Lampiran : -
Perihal : Persetujuan Melakukan Penelitian

Menunjuk surat Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Kab.TTS Nomor: DPMP TSP.22.03.1/70/N/2023 Tanggal..... Perihal Permohonan izin penelitian atas nama Astuti Ibrahim Saleh NIM P07124322022 sehubungan dengan judul penelitian "Pengaruh Pelatihan Terhadap Peningkatan Pengetahuan dan Kepatuhan Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) Kepada Pengawas Minum Obat (PMO) di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan" maka dengan ini disampaikan bahwa kami menyetujui kegiatan tersebut

Demikian surat persetujuan ini kami buat untuk dipergunakan sebagaimana mestinya.

Kualin, 28 Maret 2023
Kepala UPT Puskesmas Kualin



Yolvi Marni Kitu, S.Tr.Keb
NIP.19760121 200502 2 005



PEMERINTAH KABUPATEN TIMOR TENGAH SELATAN
 UPT PUSKESMAS KUALIN
 Jalan raya Selatan, Desa Kualin, Kode Pos 885566
 Email; puskesmaskualin6@gmail.com

Nomor : PKM.KUALIN 07.01.01/275/IV/2023
 Lampiran : 1 (satu) lembar
 Perihal : Undangan Pelatihan PMO

Kepada
 Yth. Kepala Desa
 Masing-masing
 Di
 Tempat

Dengan Hormat,

Sesuai perihal surat, maka dengan ini kami mengundang anggota masyarakat Bapak/Ibu, yakni Pengawas Minum Obat (PMO) Tablet Tambah Darah pada ibu hamil di desa Bapak/Ibu untuk menghadiri Pelatihan Pengawas Minum Obat (PMO) Tablet Tambah Darah (TTD), dengan nama terlampir . Kegiatan dimaksud sedianya akan dilaksanakan pada:

Hari/Tanggal : Selasa, 28 Maret 2023

Tempat : Aula Kecamatan Kualin

Waktu : 09.00 WITA sampai selesai

Mengingat pentingnya kegiatan ini, maka sangat diharapkan kehadiran semua peserta dalam daftar terlampir. Demikian penyampaian ini dan atas kerjasamanya kami ucapkan limpah terima kasih.





PEMERINTAH KABUPATEN TIMOR TENGAH SELATAN
DINAS KESEHATAN

UPT PUSKESMAS KUALIN

Jalan Raya Selatan, Desa Kualin, Kode Pos 85566
Email : puskesmaskualin6@gmail.com

SURAT KETERANGAN SELESAI PENELITIAN

No : PKM KUALIN.07.01.01/329/IV/2023

Yang bertanda tangan dibawah ini:

Nama : Yolvi Marni Kitu, S.Tr.Keb
NIP : 19760121 200502 2 005
Pangkat/Golongan : Penata / IIIc
Jabatan : Kepala UPT Puskesmas Kualin

Dengan ini menerangkan bahwa

Nama : Astuti Ibrahim Saleh
NIM : P07124322022
Jabatan : Mahasiswa
Jurusan/Prodi : Kebidanan/Sarjana Terapan Kebidanan
Universitas : Poltekkes Kemenkes Yogyakarta

Bahwa yang bersangkutan telah melakukan penelitian di wilayah kerja UPT Puskesmas Kualin tanggal 27 Maret 2023 s/d 27 April 2023 dengan judul "Pengaruh Pelatihan Terhadap Peningkatan Pengetahuan dan Kepatuhan Pengisian Kartu Kontrol Minum Tablet Tambah Darah (TTD) Kepada Pengawas Minum Obat (PMO) Di UPT Puskesmas Kualin Kabupaten Timor Tengah Selatan".

Demikian surat keterangan ini dibuat untuk dipergunakan sebagaimana mestinya.

Kualin, 27 April 2023
Kepala UPT Puskesmas Kualin

Yolvi Marni Kitu, S.Tr.Keb
NIP.19760121 200502 2 005

Lampiran 9. Dokumentasi Penelitian

DOKUMENTASI PENELITIAN



HASIL UJI VALIDITAS DAN RELIABILITAS

| | | S1 | S2 | S3 | S4 | S5 | S6 | S7 | S8 | S9 | S10 | S11 | S12 | S13 | S14 | S15 | S16 | S17 | S18 | S19 | S20 | S21 | S22 | S23 | S24 | S25 | STT L |
|----|---------------------|------|------|------|------|------|------|------|-------|------|------|------|-------|------|------|------|------|------|------|------|------|------|-------|------|------|-------|----------|
| S1 | Pearson | | | | .515 | - | | | | | .17 | | | | .35 | | | .479 | .35 | | | | | | | | .497 |
| | Correlati on | 1 | .207 | .343 | ** | .073 | .223 | | -.196 | .053 | .105 | | -.251 | .015 | .251 | | .109 | ** | .351 | .049 | .280 | .109 | .015 | .053 | .135 | .343 | ** |
| | Sig. (2- tailed) | | .272 | .064 | .004 | .702 | .237 | .299 | .782 | .581 | .366 | .182 | .938 | .182 | .057 | .782 | .568 | .007 | .057 | .797 | .134 | .568 | .938 | .782 | .478 | .064 | .005 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S2 | Pearson | | | | | .308 | | | | | | .375 | | | | | .480 | | | .135 | | | | | | | .375 |
| | Correlati on | .207 | 1 | .223 | .167 | .308 | .040 | .151 | .081 | .141 | .066 | | -.023 | .081 | .135 | .385 | ** | .202 | .135 | .075 | .277 | | -.146 | .023 | | -.375 | |
| | Sig. (2- tailed) | .272 | | .236 | .378 | .098 | .833 | .426 | .670 | .457 | .730 | .041 | .905 | .670 | .477 | .035 | .007 | .284 | .477 | .692 | .138 | .441 | .905 | .236 | .208 | .041 | .036 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S3 | Pearson | | | | .526 | | | | | | .13 | | | | .21 | | | | .21 | | | | | | | | .421 |
| | Correlati on | .343 | .223 | 1 | ** | .212 | .009 | | -.493 | .036 | .132 | | -.357 | .071 | .222 | | .050 | .323 | .211 | .067 | .027 | .107 | .081 | | .186 | .145 | .321 |
| | Sig. (2- tailed) | .064 | .236 | | .003 | .260 | .962 | .285 | .006 | .850 | .486 | .052 | .709 | .239 | .264 | .794 | .864 | .081 | .264 | .724 | .885 | .574 | .670 | .326 | .444 | .083 | .020 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|---------------------|------|------|------|------|------|------|------|------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| S4 | Pearson | .515 | | .526 | - | - | - | - | - | - | - | .010 | .172 | .21 | .107 | .139 | .398 | .21 | - | - | - | .033 | .312 | .526 | .496 | |
| | Correlati on | ** | .167 | ** | 1 | .14 | .259 | - | .172 | .20 | .04 | - | .172 | .07 | .107 | .139 | * | .21 | - | - | - | .033 | .312 | ** | ** | |
| | Sig. (2- tailed) | .004 | .378 | .003 | | .45 | .167 | .271 | .363 | .28 | .81 | .363 | .956 | .363 | .25 | .574 | .465 | .029 | .25 | .856 | .656 | .980 | .956 | .864 | .093 | .003 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S5 | Pearson | - | .308 | - | - | 1 | .199 | .186 | - | .05 | .12 | .162 | - | .08 | .244 | - | - | - | - | - | - | - | - | .162 | - | |
| | Correlati on | .073 | | .212 | .141 | 1 | .199 | .186 | .162 | .05 | .12 | .162 | .112 | .162 | .08 | .244 | .102 | .08 | .093 | .152 | .141 | .308 | .162 | .073 | .162 | |
| | Sig. (2- tailed) | .702 | .098 | .260 | .456 | | .293 | .326 | .391 | .79 | .52 | .391 | .556 | .391 | .66 | .260 | .194 | .590 | .66 | .626 | .424 | .456 | .098 | .391 | .702 | |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | |
| S6 | Pearson | .223 | .040 | .009 | .259 | .19 | 1 | .134 | .126 | .25 | .02 | - | .494 | .06 | .279 | - | - | .12 | .033 | .055 | - | .111 | .261 | .223 | .144 | |
| | Correlati on | | | .009 | .259 | .19 | 1 | .134 | .126 | .25 | .02 | .261 | ** | .126 | .06 | .279 | .018 | .042 | .12 | .033 | .055 | .157 | .111 | .261 | .223 | |
| | Sig. (2- tailed) | .237 | .833 | .962 | .167 | .29 | | .481 | .508 | .18 | .87 | .164 | .006 | .508 | .75 | .136 | .923 | .825 | .52 | .861 | .775 | .407 | .560 | .164 | .237 | |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | |
| S7 | Pearson | - | .151 | - | - | .18 | .134 | 1 | .202 | .26 | .21 | .336 | .452 | .08 | - | .208 | - | .08 | .500 | .136 | - | .302 | .471 | .000 | .067 | |
| | Correlati on | .196 | | .202 | .208 | .18 | .134 | 1 | .202 | .26 | .21 | .336 | * | .08 | .202 | .208 | .079 | .08 | .500 | .136 | .208 | .302 | ** | .471 | .067 | |
| | Sig. (2- tailed) | .196 | .378 | .003 | .456 | .293 | .326 | .391 | .79 | .52 | .391 | .556 | .391 | .66 | .260 | .194 | .590 | .66 | .626 | .424 | .456 | .098 | .391 | .702 | .391 | |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----|---------------------|-------|-------|--------|-------|-------|------|------|-------|------|-------|-------|-------|------|-------|-------|------|------|------|------|------|-------|------|-------|-------|------|--------|
| | Sig. (2-tailed) | .299 | .426 | .285 | .271 | .326 | .481 | | .285 | .153 | .247 | .069 | .012 | .724 | .638 | .285 | .271 | .679 | .638 | .005 | .473 | .271 | .105 | .009 | 1.000 | .724 | .025 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S8 | Pearson Correlation | .053 | .081 | .493** | .172 | .162 | .126 | .202 | .1 | .234 | .455* | -.186 | -.233 | .321 | .030 | .086 | .172 | .154 | .150 | .235 | .110 | .033 | .223 | .321 | .251 | .086 | .563** |
| | Sig. (2-tailed) | .782 | .670 | .006 | .363 | .391 | .508 | .285 | | .214 | .012 | .326 | .215 | .083 | .875 | .651 | .363 | .417 | .428 | .210 | .563 | .864 | .236 | .083 | .182 | .651 | .001 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S9 | Pearson Correlation | -.105 | .141 | -.036 | .203 | -.050 | .250 | .267 | .234 | .1 | .175 | .234 | -.161 | .234 | -.120 | .036 | .203 | .147 | .120 | .134 | .055 | .351 | .161 | -.234 | .105 | .306 | .194 |
| | Sig. (2-tailed) | .581 | .457 | .850 | .281 | .795 | .183 | .153 | .214 | | .355 | .214 | .395 | .214 | .529 | .850 | .281 | .437 | .529 | .481 | .775 | .057 | .395 | .214 | .581 | .101 | .303 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S10 | Pearson Correlation | .171 | -.066 | .132 | -.045 | -.122 | .029 | .218 | .455* | .175 | .1 | -.015 | .099 | .015 | .293 | -.015 | .045 | .017 | .293 | .218 | .208 | -.045 | .066 | .161 | .171 | .132 | .375 |
| | Sig. (2-tailed) | .366 | .730 | .486 | .812 | .522 | .878 | .247 | .012 | .355 | | .939 | .604 | .939 | .116 | .939 | .812 | .928 | .116 | .247 | .270 | .812 | .730 | .394 | .366 | .486 | .041 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|-----------|------|------|------|------|-----|------|------|------|-----|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| S11 | Pearson | - | .375 | - | - | .16 | - | .336 | - | .23 | - | - | - | - | - | - | .21 | .269 | .302 | - | - | - | - | .050 | - | | |
| | Correlati | .251 | * | .357 | .172 | 2 | .261 | .186 | .4 | .01 | 1 | .233 | .186 | .15 | .493 | .247 | .005 | .21 | .269 | .302 | .172 | .223 | .186 | .251 | .050 | .008 | |
| | on | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sig. (2- | .182 | .041 | .052 | .363 | .39 | .164 | .069 | .326 | .21 | .93 | .215 | .326 | .42 | .006 | .189 | .978 | .26 | .150 | .105 | .363 | .236 | .326 | .182 | .794 | .965 | |
| tailed) | | | | | 1 | | | | 4 | 9 | | | 8 | | | 4 | | | | | | | | | | | |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | | |
| S12 | Pearson | - | - | .071 | .010 | .11 | .494 | .452 | .233 | .16 | .09 | - | .13 | .071 | .010 | .024 | .06 | .264 | .277 | - | .364 | .385 | - | .071 | .424 | | |
| | Correlati | .015 | .023 | | | .2 | ** | * | | .1 | .09 | 1 | .081 | .13 | .071 | .010 | .024 | .06 | .264 | .277 | .146 | * | * | .015 | .071 | .424 | |
| | on | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sig. (2- | .938 | .905 | .709 | .956 | .55 | .006 | .012 | .215 | .39 | .60 | .215 | .670 | .47 | .709 | .956 | .901 | .72 | .159 | .138 | .441 | .048 | .035 | .938 | .709 | .020 | |
| tailed) | | | | | 6 | | | | 5 | 4 | | | 7 | | | 3 | | | | | | | | | | | |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | | |
| S13 | Pearson | .251 | .081 | .222 | .172 | .16 | .126 | .067 | .321 | .23 | .01 | - | .15 | .086 | .312 | .472 | .03 | - | - | - | .527 | .457 | .053 | - | .456 | | |
| | Correlati | | | | | .2 | | | | .4 | .01 | .186 | .081 | 1 | .15 | .086 | .312 | .472 | .03 | - | - | .527 | .457 | .053 | - | .456 | |
| | on | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sig. (2- | .182 | .670 | .239 | .363 | .39 | .508 | .724 | .083 | .21 | .93 | .326 | .670 | | .42 | .651 | .094 | .008 | .87 | .596 | .885 | .574 | .003 | .011 | .782 | .794 | .011 |
| tailed) | | | | | 1 | | | | 4 | 9 | | | | 8 | | | | 5 | | | | | | | | | |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | | |
| S14 | Pearson | .351 | .135 | .211 | .217 | .08 | - | .089 | - | .12 | .29 | - | .135 | .150 | 1 | - | .388 | .04 | .224 | .183 | .217 | .067 | .150 | .088 | .030 | .412 | |
| | Correlati | | | | | .3 | .060 | | .030 | .12 | .29 | .150 | .150 | 1 | .150 | .217 | .388 | .04 | .224 | .183 | .217 | .067 | .150 | .088 | .030 | .412 | |
| | on | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sig. (2- | | | | | | | | | | | | | | | | | | | | | | | | | | |
| tailed) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----|-----------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | Sig. (2-tailed) | .057 | .477 | .264 | .250 | .663 | .754 | .638 | .875 | .529 | .116 | .428 | .477 | .428 | | .428 | .250 | .034 | .834 | .235 | .334 | .250 | .723 | .428 | .645 | .875 | .024 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S15 | Pearson | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| | Correlation | .053 | .385 | .050 | .107 | .212 | .279 | .202 | .086 | .036 | .015 | .493 | .071 | .086 | .150 | 1 | .451 | .154 | .331 | .235 | .522 | .033 | .233 | .086 | .145 | .222 | .134 |
| | Sig. (2-tailed) | .782 | .035 | .794 | .574 | .260 | .136 | .285 | .651 | .850 | .939 | .006 | .709 | .651 | .428 | | .012 | .417 | .074 | .210 | .003 | .864 | .215 | .651 | .444 | .239 | .481 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S16 | Pearson | .109 | .480 | - | .139 | .244 | - | .208 | .172 | .203 | .045 | .247 | .010 | .312 | .217 | .451 | 1 | .398 | .217 | .138 | .226 | - | - | .033 | .109 | .386 | .440 |
| | Correlation | .109 | .480 | .033 | .139 | .244 | .018 | .208 | .172 | .203 | .045 | .247 | .010 | .312 | .217 | .451 | .398 | .217 | .138 | .226 | .148 | .010 | .033 | .109 | .386 | .440 | |
| | Sig. (2-tailed) | .568 | .007 | .864 | .465 | .194 | .923 | .271 | .363 | .281 | .812 | .189 | .956 | .094 | .250 | .012 | .029 | .250 | .466 | .230 | .434 | .956 | .864 | .568 | .035 | .015 | |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S17 | Pearson | .479 | .202 | .323 | .398 | .102 | - | - | .154 | .147 | .017 | .005 | .024 | .472 | .388 | - | .398 | 1 | .176 | .118 | .032 | - | .154 | .154 | - | .164 | .438 |
| | Correlation | .479 | .202 | .323 | .398 | .102 | .042 | .079 | .154 | .147 | .017 | .005 | .024 | .472 | .388 | .154 | .398 | .176 | .118 | .032 | .256 | .154 | .154 | .216 | .164 | .438 | |
| | Sig. (2-tailed) | .007 | .284 | .081 | .029 | .590 | .825 | .679 | .417 | .437 | .928 | .978 | .901 | .008 | .034 | .417 | .029 | | .352 | .534 | .866 | .172 | .415 | .417 | .251 | .385 | .016 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----|-----------------|------|-------|-------|-------|-------|------|--------|------|------|------|-------|--------|--------|------|------|-------|-------|------|------|------|--------|---------|------|-------|------|
| | Sig. (2-tailed) | .568 | .441 | .574 | .980 | .456 | .407 | .271 | .864 | .057 | .812 | .363 | .441 | .574 | .250 | .864 | .434 | .172 | .871 | .856 | .656 | .956 | .864 | .004 | .094 | .852 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S22 | Pearson | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Correlation | .015 | .023 | .081 | -.010 | -.308 | .111 | .302 | .223 | .161 | .066 | -.223 | -.364* | .527** | .067 | .233 | -.010 | .154 | .135 | .302 | .031 | -.010 | 1.527** | .015 | -.223 | .418 |
| | Sig. (2-tailed) | .938 | .905 | .670 | .956 | .098 | .560 | .105 | .236 | .395 | .730 | .236 | .048 | .003 | .723 | .215 | .956 | .415 | .477 | .105 | .872 | .956 | .003 | .938 | .236 | .021 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S23 | Pearson | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Correlation | .053 | -.223 | -.186 | .033 | -.162 | .261 | .471** | .321 | .234 | .161 | -.186 | -.385* | .457* | .150 | .086 | .033 | .154 | .03 | .235 | .110 | .033 | 1.527** | .251 | -.186 | .456 |
| | Sig. (2-tailed) | .782 | .236 | .326 | .864 | .391 | .164 | .009 | .083 | .214 | .394 | .326 | .035 | .011 | .428 | .651 | .864 | .417 | .875 | .210 | .563 | .864 | .003 | .182 | .326 | .011 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| S24 | Pearson | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Correlation | .135 | -.237 | .145 | .312 | -.073 | .223 | .000 | .251 | .105 | .171 | -.251 | -.015 | .053 | .088 | .145 | .109 | -.216 | .351 | .049 | .080 | .515** | .015 | .251 | 1.145 | .367 |
| | Sig. (2-tailed) | .478 | .208 | .444 | .093 | .702 | .237 | 1.000 | .182 | .581 | .366 | .182 | .938 | .782 | .645 | .444 | .568 | .251 | .057 | .797 | .674 | .004 | .938 | .182 | .444 | .046 |
| | N | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |

CASE PROCESSING SUMMARY

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 30 | 100.0 |
| | Excluded ^a | 0 | 0 |
| | Total | 30 | 100.0 |

a. Listwise deletion based on all variables in the procedure

Reliability Statistics

| Cronbach's Alpha | Cronbach's Alpha Based on Standardized Items | N of Items |
|------------------|--|------------|
| .777 | .780 | 20 |

Lampiran 11. Master Tabel

CODING KELOMPOK KONTROL

| RESPONDEN | JK | UMUR | PEND | PEKERJAAN | 1 RUMAH DG BUMIL | PENGETAHUAN | | KEPATUHAN | |
|-----------|----|------|------|-----------|---------------------|-------------|----------|-----------|------|
| | | | | | | PRETEST | POSTTEST | PRE | POST |
| RK1 | 2 | 2 | 1 | 0 | 2 | 3 | 3 | 2 | 2 |
| RK2 | 2 | 3 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK3 | 1 | 3 | 1 | 1 | 1 | 2 | 2 | 2 | 2 |
| RK4 | 1 | 3 | 2 | 1 | 2 | 2 | 2 | 2 | 2 |
| RK5 | 2 | 2 | 2 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK6 | 2 | 3 | 2 | 0 | 1 | 2 | 2 | 1 | 1 |
| RK7 | 2 | 2 | 1 | 0 | 2 | 2 | 3 | 2 | 2 |
| RK8 | 2 | 1 | 2 | 1 | 1 | 2 | 3 | 2 | 2 |
| RK9 | 2 | 2 | 1 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK10 | 1 | 3 | 1 | 1 | 1 | 2 | 2 | 1 | 1 |
| RK11 | 2 | 2 | 2 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK12 | 2 | 2 | 2 | 0 | 2 | 2 | 2 | 2 | 2 |
| RK13 | 2 | 2 | 1 | 0 | 2 | 1 | 1 | 2 | 2 |
| RK14 | 2 | 2 | 1 | 0 | 1 | 2 | 1 | 2 | 2 |
| RK15 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 |
| RK16 | 2 | 2 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK17 | 2 | 3 | 1 | 0 | 2 | 2 | 2 | 2 | 2 |
| RK18 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 |
| RK19 | 2 | 1 | 2 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK20 | 2 | 1 | 2 | 1 | 1 | 3 | 3 | 2 | 2 |
| RK21 | 2 | 2 | 1 | 0 | 2 | 3 | 3 | 2 | 2 |
| RK22 | 2 | 3 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK23 | 2 | 2 | 1 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK24 | 2 | 2 | 1 | 0 | 2 | 2 | 2 | 1 | 2 |
| RK25 | 2 | 2 | 1 | 0 | 2 | 3 | 2 | 2 | 1 |
| RK26 | 2 | 1 | 2 | 0 | 2 | 3 | 2 | 2 | 2 |
| RK27 | 2 | 2 | 1 | 0 | 2 | 2 | 2 | 2 | 2 |
| RK28 | 2 | 2 | 1 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK29 | 2 | 2 | 1 | 0 | 2 | 3 | 2 | 2 | 2 |
| RK30 | 2 | 2 | 1 | 1 | 1 | 2 | 3 | 2 | 2 |
| RK31 | 2 | 1 | 2 | 1 | 1 | 3 | 2 | 2 | 2 |
| RK32 | 2 | 1 | 2 | 0 | 1 | 2 | 3 | 2 | 2 |
| RK33 | 2 | 2 | 1 | 0 | 1 | 2 | 3 | 2 | 2 |
| RK34 | 2 | 2 | 1 | 0 | 2 | 2 | 2 | 2 | 2 |
| RK35 | 2 | 2 | 1 | 0 | 2 | 3 | 3 | 2 | 2 |
| RK36 | 2 | 1 | 2 | 0 | 1 | 2 | 2 | 1 | 1 |
| RK37 | 2 | 2 | 1 | 0 | 1 | 2 | 2 | 2 | 2 |

| | | | | | | | | | |
|------|---|---|---|---|---|---|---|---|---|
| RK38 | 2 | 2 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK39 | 2 | 1 | 2 | 0 | 1 | 2 | 2 | 2 | 2 |
| RK40 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 |
| RK41 | 2 | 3 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK42 | 2 | 2 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |
| RK43 | 2 | 2 | 1 | 0 | 2 | 2 | 2 | 2 | 2 |
| RK44 | 2 | 2 | 1 | 0 | 1 | 3 | 3 | 2 | 2 |

CODING KELOMPOK INTERVENSI

| RESPONDEN | JK | UMUR | PEND | PEKERJAAN | 1 RUMAH DG BUMIL | PENGETAHUAN | | KEPATUHAN | |
|-----------|----|------|------|-----------|------------------------|-------------|----------|-----------|------|
| | | | | | | PRETEST | POSTTEST | PRE | POST |
| RI1 | 1 | 2 | 1 | 1 | 1 | 3 | 1 | 2 | 2 |
| RI2 | 2 | 2 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI3 | 2 | 1 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI4 | 1 | 1 | 2 | 1 | 1 | 3 | 1 | 2 | 2 |
| RI5 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI6 | 2 | 3 | 1 | 0 | 2 | 3 | 1 | 1 | 1 |
| RI7 | 1 | 3 | 1 | 1 | 1 | 3 | 1 | 1 | 1 |
| RI8 | 1 | 2 | 1 | 1 | 2 | 3 | 1 | 2 | 1 |
| RI9 | 2 | 2 | 2 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI10 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 1 | 1 |
| RI11 | 1 | 2 | 1 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI12 | 1 | 2 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI13 | 2 | 1 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI14 | 2 | 2 | 1 | 0 | 1 | 3 | 1 | 2 | 2 |
| RI15 | 2 | 2 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI16 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI17 | 2 | 2 | 3 | 1 | 2 | 2 | 1 | 2 | 1 |
| RI18 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI19 | 2 | 2 | 2 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI20 | 2 | 2 | 2 | 0 | 1 | 1 | 1 | 2 | 1 |
| RI21 | 2 | 2 | 1 | 0 | 1 | 2 | 1 | 2 | 1 |
| RI22 | 2 | 2 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI23 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI24 | 2 | 2 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI25 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI26 | 2 | 2 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI27 | 1 | 2 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI28 | 2 | 1 | 2 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI29 | 2 | 1 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI30 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI31 | 2 | 1 | 2 | 1 | 2 | 3 | 1 | 2 | 1 |
| RI32 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI33 | 2 | 1 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI34 | 2 | 2 | 2 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI35 | 1 | 2 | 1 | 1 | 1 | 3 | 1 | 2 | 1 |
| RI36 | 2 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 1 |
| RI37 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 2 |
| RI38 | 2 | 1 | 2 | 0 | 1 | 2 | 1 | 2 | 1 |

| | | | | | | | | | |
|------|---|---|---|---|---|---|---|---|---|
| RI39 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI40 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI41 | 2 | 2 | 1 | 0 | 2 | 3 | 1 | 2 | 1 |
| RI42 | 2 | 2 | 2 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI43 | 2 | 3 | 1 | 0 | 1 | 3 | 1 | 2 | 1 |
| RI44 | 2 | 2 | 2 | 0 | 2 | 3 | 1 | 2 | 1 |

HASIL ANALISIS UNIVARIAT

1. KELOMPOK KONTROL

Jenis Kelamin

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|-----------|---------|---------------|--------------------|
| Valid | Laki-Laki | 3 | 6.8 | 6.8 | 6.8 |
| | Perempuan | 41 | 93.2 | 93.2 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Usia

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Remaja | 8 | 18.2 | 18.2 | 18.2 |
| | Dewasa | 28 | 63.6 | 63.6 | 81.8 |
| | Lansia | 8 | 18.2 | 18.2 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Tingkat Pendidikan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|----------|-----------|---------|---------------|--------------------|
| Valid | Dasar | 30 | 68.2 | 68.2 | 68.2 |
| | Menengah | 14 | 31.8 | 31.8 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Pekerjaan Responden

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Tidak Bekerja | 34 | 77.3 | 77.3 | 77.3 |
| | Bekerja | 10 | 22.7 | 22.7 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Serumah dg bumil

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | Ya | 27 | 61.4 | 61.4 | 61.4 |
| | Tidak | 17 | 38.6 | 38.6 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Pretest Pengetahuan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Baik | 1 | 2.3 | 2.3 | 2.3 |
| | Cukup | 27 | 61.4 | 61.4 | 63.6 |
| | Kurang | 16 | 36.4 | 36.4 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Posttest Pengetahuan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Baik | 2 | 4.5 | 4.5 | 4.5 |
| | Cukup | 25 | 56.8 | 56.8 | 61.4 |
| | Kurang | 17 | 38.6 | 38.6 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Pretest Kepatuhan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------------|-----------|---------|---------------|--------------------|
| Valid | Patuh | 4 | 9.1 | 9.1 | 9.1 |
| | Tidak Patuh | 40 | 90.9 | 90.9 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Posttest Kepatuhan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------------|-----------|---------|---------------|--------------------|
| Valid | Patuh | 6 | 13.6 | 13.6 | 13.6 |
| | Tidak Patuh | 38 | 86.4 | 86.4 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

2. KELOMPOK INTERVENSI

Jenis Kelamin

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|-----------|---------|---------------|--------------------|
| Valid | Laki-laki | 8 | 18.2 | 18.2 | 18.2 |
| | Perempuan | 36 | 81.8 | 81.8 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Umur

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Remaja | 8 | 18.2 | 18.2 | 18.2 |
| | Dewasa | 33 | 75.0 | 75.0 | 93.2 |
| | Lansia | 3 | 6.8 | 6.8 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Pendidikan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|----------|-----------|---------|---------------|--------------------|
| Valid | Dasar | 20 | 45.5 | 45.5 | 45.5 |
| | Menengah | 22 | 50.0 | 50.0 | 95.5 |
| | Tinggi | 2 | 4.5 | 4.5 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Pekerjaan

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|---------------------|-----------|---------|---------------|--------------------|
| Valid Tidak Bekerja | 29 | 65.9 | 65.9 | 65.9 |
| Bekerja | 15 | 34.1 | 34.1 | 100.0 |
| Total | 44 | 100.0 | 100.0 | |

1 rumah dgn ibu hamil

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|----------|-----------|---------|---------------|--------------------|
| Valid Ya | 25 | 56.8 | 56.8 | 56.8 |
| Tidak | 19 | 43.2 | 43.2 | 100.0 |
| Total | 44 | 100.0 | 100.0 | |

Pretest Pengetahuan

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------|-----------|---------|---------------|--------------------|
| Valid Baik | 1 | 2.3 | 2.3 | 2.3 |
| Cukup | 3 | 6.8 | 6.8 | 9.1 |
| Kurang | 40 | 90.9 | 90.9 | 100.0 |
| Total | 44 | 100.0 | 100.0 | |

Posttest pengetahuan

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------|-----------|---------|---------------|--------------------|
| Valid Baik | 44 | 100.0 | 100.0 | 100.0 |

Pretest kepatuhan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------------|-----------|---------|---------------|--------------------|
| Valid | Patuh | 3 | 6.8 | 6.8 | 6.8 |
| | Tidak Patuh | 41 | 93.2 | 93.2 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

Posttest kepatuhan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------------|-----------|---------|---------------|--------------------|
| Valid | Patuh | 40 | 90.9 | 90.9 | 90.9 |
| | Tidak Patuh | 4 | 9.1 | 9.1 | 100.0 |
| | Total | 44 | 100.0 | 100.0 | |

UJI HOMOGENITAS

| Karakteristik | Kelompok | n | Sig 2 tailed |
|----------------|------------|----|--------------|
| Jenis Kelamin | Kontrol | 44 | 0,109 |
| | Intervensi | 44 | |
| Usia | Kontrol | 44 | 0,339 |
| | Intervensi | 44 | |
| Pendidikan | Kontrol | 44 | 0,018 |
| | Intervensi | 44 | |
| Pekerjaan | Kontrol | 44 | 0,242 |
| | Intervensi | 44 | |
| Tempat Tinggal | Kontrol | 44 | 0,669 |
| | Intervensi | 44 | |

UJI NORMALITAS NILAI PENGETAHUAN DAN KEPATUHAN

Tests of Normality

| | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|------------------------------|---------------------------------|----|-------------------|--------------|----|------|
| | Statistic | df | Sig. | Statistic | df | Sig. |
| Pretest Pengetahuan Kontrol | .146 | 44 | .019 | .941 | 44 | .025 |
| Posttest Pengetahuan Kontrol | .130 | 44 | .060 | .911 | 44 | .002 |
| Pretest Kepatuhan Kontrol | .218 | 44 | .000 | .869 | 44 | .000 |
| Posttest Kepatuhan Kontrol | .108 | 44 | .200 [*] | .947 | 44 | .043 |

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

HASIL UJI WILCOXON SIGNED RANKS TESTS

1. KELOMPOK INTERVENSI

Ranks

| | | N | Mean Rank | Sum of Ranks |
|---|----------------|-----------------|-----------|--------------|
| Posttest Pengetahuan Int - Pretest Pengetahuan Int | Negative Ranks | 0 ^a | .00 | .00 |
| | Positive Ranks | 44 ^b | 22.50 | 990.00 |
| | Ties | 0 ^c | | |
| | Total | 44 | | |
| Post Int - Pre Int | Negative Ranks | 1 ^d | 1.50 | 1.50 |
| | Positive Ranks | 42 ^e | 22.49 | 944.50 |
| | Ties | 1 ^f | | |
| | Total | 44 | | |

a. Posttest Pengetahuan Int < Pretest Pengetahuan Int

b. Posttest Pengetahuan Int > Pretest Pengetahuan Int

c. Posttest Pengetahuan Int = Pretest Pengetahuan Int

d. Post Int < Pre Int

e. Post Int > Pre Int

f. Post Int = Pre Int

Test Statistics^b

| | Posttest Pengetahuan Int - Pretest Pengetahuan Int | Post Kepatuhan Int – PreKepatuhan Int |
|------------------------|---|--|
| Z | -5.792 ^a | -5.695 ^a |
| Asymp. Sig. (2-tailed) | .000 | .000 |

a. Based on negative ranks.

b. Wilcoxon Signed Ranks Test

2. Kelompok kontrol

Ranks

| | | N | Mean Rank | Sum of Ranks |
|--|----------------|-----------------|-----------|--------------|
| Posttest Pengetahuan Kontrol - Pretest Pengetahuan Kontrol | Negative Ranks | 4 ^a | 14.25 | 57.00 |
| | Positive Ranks | 19 ^b | 11.53 | 219.00 |
| | Ties | 21 ^c | | |
| | Total | 44 | | |
| Posttest Kepatuhan Kontrol - Pretest Kepatuhan Kontrol | Negative Ranks | 11 ^d | 17.91 | 197.00 |
| | Positive Ranks | 27 ^e | 20.15 | 544.00 |
| | Ties | 6 ^f | | |
| | Total | 44 | | |

a. Posttest Pengetahuan Kontrol < Pretest Pengetahuan Kontrol

b. Posttest Pengetahuan Kontrol > Pretest Pengetahuan Kontrol

c. Posttest Pengetahuan Kontrol = Pretest Pengetahuan Kontrol

d. Posttest Kepatuhan Kontrol < Pretest Kepatuhan Kontrol

e. Posttest Kepatuhan Kontrol > Pretest Kepatuhan Kontrol

f. Posttest Kepatuhan Kontrol = Pretest Kepatuhan Kontrol

Test Statistics^b

| | Posttest Pengetahuan Kontrol - Pretest Pengetahuan Kontrol | Posttest Kepatuhan Kontrol - Pretest Kepatuhan Kontrol |
|------------------------|--|--|
| Z | -2.551 ^a | -2.517 ^a |
| Asymp. Sig. (2-tailed) | .011 | .012 |

a. Based on negative ranks.

b. Wilcoxon Signed Ranks Test

UJI MANN WHITNEY KELOMPOK KONTROL DAN INTERVENSI

Tests of Normality

| Kelas Kelompok | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|-----------------------------|---------------------------------|----|------|--------------|----|------|
| | Statistic | df | Sig. | Statistic | df | Sig. |
| Post Pengetahuan Kontrol | .130 | 44 | .060 | .911 | 44 | .002 |
| Intervensi | .205 | 44 | .000 | .870 | 44 | .000 |

a. Lilliefors Significance Correction

Tests of Normality

| Kelas Kelompok | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|---------------------------|---------------------------------|----|-------|--------------|----|------|
| | Statistic | df | Sig. | Statistic | df | Sig. |
| Post Kepatuhan Kontrol | .108 | 44 | .200* | .947 | 44 | .043 |
| Intervensi | .165 | 44 | .004 | .903 | 44 | .001 |

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

Ranks

| Kelas Kelompok | | N | Mean Rank | Sum of Ranks |
|------------------|------------|----|-----------|--------------|
| Post Pengetahuan | Kontrol | 44 | 24.00 | 1056.00 |
| | Intervensi | 44 | 65.00 | 2860.00 |
| Total | | 88 | | |

Test Statistics^a

| | Post Pengetahuan |
|------------------------|------------------|
| Mann-Whitney U | 66.000 |
| Wilcoxon W | 1056.000 |
| Z | -7.584 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas Kelompok

Ranks

| Kelas Kelompok | | N | Mean Rank | Sum of Ranks |
|----------------|------------|----|-----------|--------------|
| Post Kepatuhan | Kontrol | 44 | 25.09 | 1104.00 |
| | Intervensi | 44 | 63.91 | 2812.00 |
| Total | | 88 | | |

Test Statistics^a

| | Post Kepatuhan |
|------------------------|----------------|
| Mann-Whitney U | 114.000 |
| Wilcoxon W | 1104.000 |
| Z | -7.134 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas Kelompok