

## GAMBARAN TINGKAT KECEMASAN TERHADAP MINAT PENAMBALAN GIGI PADA MASA PANDEMI COVID-19

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### ABSTRAK

**Latar Belakang :** Covid-19 dapat menyebar melalui *aerosol* dan *droplet*, Penularan Covid-19 dapat terjadi dari siapa saja bahkan dari orang tanpa gejala. Penyebaran Covid-19 secara cepat menimbulkan kekhawatiran dan menyebabkan rasa cemas serta takut manusia dengan lingkungan yang terdampak. Minat penambalan gigi ialah keinginan yang muncul dari dalam diri untuk melakukan penambalan gigi berubang. Studi pendahuluan pada 15 orang di Dusun Terung, didapatkan hasil 12 orang (80%) merasa cemas tertular Covid-19.

**Tujuan Penelitian :** Diketahui gambaran tingkat kecemasan terhadap minat penambalan gigi pada masa pandemi Covid-19.

**Metode Penelitian :** Penelitian ini merupakan penelitian *deskriptif* dengan rancangan *cross sectional*. Aspek yang diteliti yaitu kecemasan dan minat penambalan gigi. Subjek penelitian ini adalah masyarakat Dusun Terung dengan jumlah populasi dan sampel yang sama yaitu berusia 17-35 tahun sebanyak 51 responden. Teknik pengambilan sampel adalah dengan teknik sampel jenuh dan dianalisis menggunakan tabulasi silang. Instrument penelitian yang digunakan yaitu instrumen kuesioner.

**Hasil Penelitian :** Hasil penelitian menunjukkan bahwa tingkat kecemasan tinggi sebanyak 28 responden (54,9%), tingkat minat menunjukkan minat rendah sebanyak 27 responden (52,9), responden berusia 26-35 tahun memiliki tingkat kecemasan tinggi sebanyak 15 responden (71,4%). Berdasarkan jenis kelamin perempuan menunjukkan tingkat kecemasan tinggi sebanyak 18 responden (50,0%), berdasarkan pendidikan terakhir SMA menunjukkan tingkat kecemasan tinggi sebanyak 16 responden (45,7%), berdasarkan tabulasi silang responden dengan tingkat kecemasan tinggi memiliki minat rendah sebanyak 27 responden (96,4%).

**Kesimpulan :** Tingkat kecemasan dikategorikan tinggi sebesar 54,9%. Tingkat minat dikategorikan minat rendah sebesar 52,9%. Tingkat kecemasan tinggi memiliki minat rendah sebesar 96,4%.

**Kata Kunci :** Kecemasan, minat, penambalan gigi, masa Pandemi Covid-19.

## DESCRIPTION OF ANXIETY LEVELS ON THE INTEREST OF DENTAL FILLINGS DURING THE COVID-19 PANDEMIC

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### ABSTRACT

**Background :** Covid-19 can spread through aerosols and droplets. Transmission of Covid-19 can occur from anyone, even from people without symptoms. The rapid spread of Covid-19 raises concerns and causes anxiety and fear for humans and the environment that is affected. Interest in dental fillings is a desire that arises from within to fill cavities. Preliminary study on 15 people in Terung Hamlet, found that 12 people (80%) felt worried about contracting Covid-19.

**Research Objective :** It is known that there is an overview of the level of anxiety about interest in dental fillings during the Covid-19 pandemic.

**Research Methods :** This research is a descriptive study with a cross sectional design. The aspects studied were anxiety and interest in dental fillings. The subjects of this study were the people of Dusun Terung with the same population and sample aged 17-35 years as many as 51 respondents. The sampling technique was saturated sample technique and analyzed using cross tabulation. The research instrument used was a questionnaire instrument.

**Research result :** The results showed that 28 respondents (54.9%) had a high level of anxiety, 27 respondents (52.9%) showed low interest, 26-35 years old respondents had a high anxiety level of 15 respondents (71.4%) . Based on female gender, 18 respondents (50.0%) showed a high level of anxiety, 16 respondents (45.7%) graduated from high school, and 27 respondents showed a high level of anxiety based on cross-tabulation. (96.4%).

**Conclusion :** The level of anxiety is categorized as high at 54.9%. The level of interest is categorized as low interest at 52.9%. High anxiety level has a low interest of 96.4%.

**Keyword :** Anxiety, interest, dental fillings, during the Covid-19 Pandemic.