

APPLICATION OF ASSERTIVE TRAINING TO PATIENT NN. W WITH THE RISK OF VIOLENT BEHAVIOR AT WISMA SEMBODRO GRHASIA MENTAL HOSPITAL DIY

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Abstract

Background: The Ministry of Health of the Republic of Indonesia in the 2018 Riskesdas stated that the prevalence rate of schizophrenia in the Special Region of Yogyakarta was 10.4% per 1000 population, ranking second after Bali with a prevalence of schizophrenia of 11.1% per 1000 population. Schizophrenia is a severe mental disorder that can affect cognitive function, perception and behavior which can cause clients to behave angry and are at risk of committing violent behavior towards other people, the environment and themselves. The risk of violent behavior is someone's behavior that can endanger themselves, others and the environment both physically, emotionally, sexually and verbally towards themselves and others. One of the therapeutic modalities that can be used to control the risk of violent behavior is assertive training. Assertive training helps patients to communicate and relate to others more openly with words and behaviors that do not hurt others physically and psychologically. **Objectives:** Implement and analyze the provision of assertive practice at Wisma Sembodro, Grhasia Mental Hospital, DIY using the concept of Evidence Based Nursing as a reference in providing nursing care. **Methods:** This scientific paper focuses on descriptive case studies on the application of assertive training in patients with risk problems for violent behavior. **Results:** After nursing care was carried out in the form of prevention of violent behavior and assertive training for 5 meetings the risk of violent behavior decreased and anger control skills increased. **Conclusion:** Assertive training is able to control and reduce the risk of violent behavior

Keywords: Risk of violent behavior, Schizophrenia, Assertive training

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