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DESCRIPTION OF COPING MECHANISM OF POST-STROKE PATIENTS WITH PRODUCTIVE AGE IN NEUROLOGICAL CLINIC OF INSTALLATION OUTPATIENT AT PANEMBAHAN SENOPATI BANTUL HOSPITAL 2013

Dian Dwi Putranto¹, Umi Istianah², Maryana³

ABSTRACT

Background: Few years ago, the incidence of stroke in Indonesia were only attacked to elderly people, but now also attack the productive age. This condition gave a variety stressors and need coping mechanism. This coping mechanism was influenced by various factors and coping resources. Wrong coping mechanism would be make a new problem.

Objective: The purpose of this study is to describe coping mechanisms of post stroke patient in the productive age.

Methods: This study was descriptive with survey method. Variables were the coping mechanisms of post stroke patient with productive age in Outpatient Neurology Clinic of Panembahan Senopati Hospital, Bantul in 2013. Sample method was using consequitif sample and questionnaire techniques with 28 respondents. Data analysis was using a standard score (T-score). The next step was categorize of coping mechanism.

Results: Most respondents were using adaptive coping mechanisms (57.14%). Based on the factors that influence, women who have a high education level, go to work, live with a partner, have an SNH, have an incidence of first stroke, and fewer physical disorders, they were using adaptive coping mechanisms more than the other coping mechanism.

Conclusion: Post stroke patient in productive age in Outpatient Neurology Clinic of Panembahan Senopati Hospital, Bantul are using adaptive coping mechanism more than the other coping mechanism.

Keywords: coping mechanism, patients post stroke.

Latar Belakang

World Health Organization (WHO) mendefinisikan bahwa stroke adalah terjadinya

gangguan fungsional otak fokal maupun global secara mendadak dan akut yang berlangsung lebih dari 24 jam akibat gangguan aliran darah otak (Irfan, 2010)¹.

1. Mahasiswa Poltekkes Kemenkes Yogyakarta Jurusan Keperawatan
2. Dosen Poltekkes Kemenkes Yogyakarta Jurusan Keperawatan
3. Dosen Poltekkes Kemenkes Yogyakarta Jurusan Keperawatan