

## **GAMBARAN PENGETAHUAN DAN PERILAKU MENYIKAT GIGI PADA SISWA SEKOLAH MENENGAH PERTAMA**

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### **ABSTRAK**

**Latar belakang** : Masalah kesehatan gigi berkaitan dengan pengetahuan dan perilaku pemeliharaan kesehatan gigi terutama menyikat gigi. Perilaku pemeliharaan kesehatan gigi dan mulut menyikat gigi berperan penting dalam menentukan derajat kesehatan gigi dan mulut. Rendahnya pengetahuan menyikat gigi pada masyarakat menyebabkan perilaku menyikat gigi yang salah.

**Tujuan Penelitian** : Tujuan dari penelitian ini yaitu diketahuinya gambaran tingkat pengetahuan dan perilaku menyikat gigi pada siswa sekolah menengah pertama.

**Metode Penelitian** : Penelitian deskriptif dengan pendekatan cross sectional. Aspek yang diteliti yaitu Pengetahuan dan Perilaku Menyikat Gigi Siswa, pengumpulan data menggunakan kuesioner. Populasi dari penelitian ini adalah seluruh siswa kelas IX SMP N 2 Gantiwarno, dengan teknik sampling random acak sistematis 40 siswa. Analisis data menggunakan tabulasi silang.

**Hasil Penelitian** : Hasil penelitian ini menunjukkan bahwa mayoritas responden memiliki tingkat pengetahuan menyikat gigi kriteria sedang sebanyak 23 responden (57,5%) dan memiliki perilaku menyikat gigi kriteria baik 28 responden (70%).

**Kesimpulan** : Pada penelitian ini siswa kelas IX SMP N 2 Gantiwarno memiliki kriteria pengetahuan sedang dan perilaku menyikat gigi kriteria sedang 55%.

**Kata Kunci** : pengetahuan, perilaku menyikat gigi, siswa kelas IX

## DESCRIPTION OF KNOWLEDGE AND TEETH BRUSHING BEHAVIOR ON 9<sup>TH</sup> GRADE STUDENTS OF SMP N 2 GANTIWARNO

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### ABSTRACT

**Background** : Dental health problems are related to the knowledge and behavior of maintaining dental health, especially brushing teeth. The behavior of maintaining oral health and brushing teeth plays an important role in determining the degree of dental and oral health. The low knowledge of brushing teeth in the community causes the wrong brushing behavior.

**Research Objective** : The purpose of this research is to know the description of the level of knowledge and teeth brushing behavior on class IX grade students of State Junior High School 2 Gantiwarno.

**Research Method**: Descriptive research with cross sectional approach. The aspects studied were Knowledge and Behavior Students Toothbrushing, data collection using a questionnaire. The Population of this study was all students of class IX State Junior High School 2 Gantiwarno, with a random systematic random sampling technique of 40 students. Data analysis using cross tabulation.

**Research Results** : The results showed that the majority of respondents who had tooth brushing knowledge in moderate criteria those were 23 respondents (57,5%), and respondents who had tooth brushing behavior in moderate criteria those were 28 respondent (70%).

**Conclusion** : In this study, grade IX students of State Junior High School 2 Gantiwarno had moderate knowledge criteria and 55% moderate tooth brushing behavior criteria.

**Keywords** : knowledge, teeth brushing behavior, class IX students