

HUBUNGAN PENGETAHUAN IBU HAMIL TENTANG KONTRASEPSI
DENGAN SIKAP KEIKUTSERTAAN KB PASCA SALIN
DI PUSKESMAS GRABAG KECAMATAN GRABAG
KABUPATEN PURWOREJO

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ABSTRAK

Latar Belakang : Indonesia adalah negara berkembang dengan pertumbuhan penduduk tinggi yaitu mencapai 270,2 juta jiwa berdasarkan sensus tahun 2020. Berdasarkan survey demografi dan kesehatan Indonesia tahun 2015, Angka Kematian Ibu (AKI) di Indonesia mencapai 305 per 100.000 kelahiran hidup. Strategi pemerintah untuk menurunkan angka kematian ibu adalah peningkatan KB pasca persalinan. Hasil studi pendahuluan yang dilakukan di Puskesmas Grabag, Kabupaten Purworejo didapatkan informasi ibu mulai memakai alat kontrasepsi setelah 42 hari pasca melahirkan sehingga dibutuhkan pemahaman yang baik tentang kontrasepsi.

Tujuan Penelitian: Untuk mengetahui hubungan pengetahuan ibu hamil tentang kontrasepsi dengan sikap keikutsertaan KB Pasca Salin di Puskesmas Grabag Kecamatan Grabag Kabupaten Purworejo

Metode Penelitian: Penelitian ini adalah penelitian observasional analitik dengan pendekatan *cross sectional*. Penelitian dilakukan pada bulan Maret sampai dengan April 2022. Populasi meliputi ibu hamil yang ada di wilayah Puskesmas Grabag. Sampel berjumlah 96 orang diambil dengan prinsip *Purposive sampling*. Analisis data menggunakan *chi-square*

Hasil Penelitian: Hasil penelitian menunjukkan bahwa responden yang memiliki tingkat pengetahuan rendah tentang kontrasepsi, sebanyak 37% mendukung keikutsertaan KB pasca salin. Sementara responden yang memiliki pengetahuan tinggi tentang kontrasepsi, sebanyak 63,8% mendukung keikutsertaan KB pasca salin. Hasil uji *chi-square* diperoleh *p-value* sebesar 0,032.

Kesimpulan: Terdapat hubungan antara pengetahuan ibu hamil tentang kontrasepsi dengan sikap keikutsertaan KB pasca salin di Puskesmas Grabag Kecamatan Grabag Kabupaten Purworejo.

Kata Kunci : Pengetahuan, ibu hamil, sikap ,KB pasca persalinan

RELATIONSHIP OF PREGNANT WOMEN'S KNOWLEDGE ABOUT
CONTRACEPTION WITH THE *USE OF CONTRACEPTION AFTER GIVING
BIRTH* AT THE GRABAG PUBLIC HEALTH CENTER, PURWOREJO
DISTRICT

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ABSTRACT

Background: *Indonesia is a developing country with a high population growth of 270.2 million people based on the 2020 census. Based on Indonesia's demographic and health survey in 2015, the Maternal Mortality Rate (MMR) in Indonesia reached 305 per 100,000 live births. The government's strategy to reduce maternal mortality is an increase in postpartum birth control. The results of a preliminary study conducted at the Grabag Health Center, Purworejo Regency, obtained information that mothers began to use contraceptives after 42 days after giving birth so that a good understanding of contraception was needed.*

Objectives: *To determine the relationship between knowledge of pregnant women about contraception with the attitude of participation in the use of contraceptives after giving birth at the Grabag Health Center, Grabag District, Purworejo Regency.*

Methods: *This research is an analytic observational study with a cross-sectional approach. The study was conducted from March to April 2022. The population includes pregnant women in the Grabag Health Center area. The sample of 96 people was taken with the principle of Purposive sampling. Data analysis using chi-square*

Results: *The results showed that respondents who had a low level of knowledge about contraception, as many as 37% supported the participation of post-copy birth control. Meanwhile, respondents who had high knowledge of contraception, 63.8% supported post-copy birth control participation. The chi-square test results obtained a p-value of 0.032.*

Conclusion: *There is a relationship between pregnant women's knowledge about distractions and the attitude of post-copy birth control participation at the Grabag Health Center, Grabag District, Purworejo Regency.*

Keywords: *Knowledge, pregnant women, Attitude, Postpartum family planning*