

GAMBARAN PERILAKU MENYIKAT GIGI SISWA KELAS VI SD NEGERI SLEMAN 3 DI MASA PANDEMI COVID-19

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ABSTRAK

Latar belakang: COVID-19 berdampak terhadap kebiasaan merawat gigi sehingga terjadi penurunan kebiasaan menyikat gigi dua kali sehari dibandingkan hasil survey tahun 2018. Kebiasaan buruk meningkat selama di rumah yakni 2 dari 5 orang dewasa mengaku tidak menyikat gigi sehabian. Pada masa pandemic covid-19, 6 dari 10 siswa kelas 6 SD Negeri sleman 3 mengalami perubahan perilaku menyikat gigi.

Tujuan penelitian: Diketuinya gambaran perilaku menyikat gigi siswa kelas VI SD Negeri Sleman 3 di masa pandemic covid-19

Metode penelitian: Jenis penelitian ini adalah deskriptif. Cara pengambilan sampel menggunakan teknik sampling jenuh dengan jumlah sampel 58 responden sesuai dengan kriteria inklusi dan eksklusi.

Hasil penelitian: Sebanyak 46 responden (83,6%) memiliki perilaku menyikat gigi dengan kriteria baik. Siswa yang memiliki perilaku menyikat gigi baik sebagian besar berjenis kelamin perempuan dan berusia 12 tahun. Berdasarkan teknik menyikat gigi yang baik dan benar, berkategori baik (81,8%). Perilaku menyikat gigi diwaktu yang tepat (27,3%). Perilaku menyikat gigi dengan durasi selama 2 menit (47,3%).

Kesimpulan: Perilaku menyikat gigi siswa kelas VI SD Negeri Sleman 3 di masa pandemic covid-19 sebagian besar berkategori baik. Sebagian besar siswa telah menyikat gigi dengan tehnik yang benar. Namun, perilaku menyikat gigi berdasarkan durasi dan frekuensi hanya berkategori sedang.

Kata kunci: perilaku menyikat gigi, siswa dan pandemi covid-19

THE DESCRIPTION OF TEETH BRUSHING BEHAVIOR ON SIXTH-GRADE STUDENTS OF SD SLEMAN 3 DURING THE PANDEMIC COVID-19

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ABSTRACT

Background of the study: The covid-19 pandemic impact on the dental practice of maintenance that results in a two-day decline in brushing habits compared with the survey in 2018. A bad habit developed at home when 2 out of 5 adults claim to be out of their teeth all day. The covid-19 pandemic showed that 6 out of 10 sixth graders students of SD Sleman 3 experienced a change in brushing behavior.

Aim of the study: To find out the description of teeth brushing behavior in sixth-grade students of SD Sleman 3 during the pandemic covid-19

Method of the study: This type of research was a descriptive study. The sample of this study was the sixth-grade student of SD Sleman 3. The sampling used saturated sample with 58 respondents.

Result of the study: The results showed that the teeth brushing behavior during pandemic covid-19 had good criteria (83,6%). Most of the respondent which were categorized in good criteria were mostly female at 12 years old of age. Based on the technique of brushing their teeth, respondents were categorized as good (81,8%). Respondents had brushed their teeth for more than 2 minutes (47,3%) and had brushed their teeth twice a day (27,3%).

Conclusion: Teeth Brushing behavior in sixth-grade students of SD Negeri Sleman 3 during the pandemic covid-19 had good criteria, which were brushing teeth with the correct technique. However, brushing teeth behavior based on duration and frequency was only in the moderate category.

Keywords: Teeth brushing behavior, students, and the covid-19 pandemic