

# HUBUNGAN TINGKAT PENGETAHUAN TENTANG KARIES GIGI DENGAN PERILAKU PENCEGAHAN KARIES GIGI PADA REMAJA KARANG TARUNA

Wiwit Rosindasari\*, Taadi, Desi Rochmawati  
Jurusan Kesehatan Gigi Poltekkes Kemenkes Yogyakarta  
Jl. Kyai Mojo No. 54 Yogyakarta  
\*Email: [wrosindasari@gmail.com](mailto:wrosindasari@gmail.com)

## ABSTRAK

**Latar belakang:** Pengetahuan tentang karies gigi meliputi pengertian karies gigi, penyebab dan akibat karies, macam-macam karies menurut kedalamannya, proses terjadinya karies, dan cara mencegah karies gigi. Pencegahan karies gigi berdasarkan pada frekuensi dorongan, rangsangan pada diri individu dalam upaya pencegahan karies. Tujuan dari penelitian ini adalah untuk mengukur perilaku remaja karang taruna dalam upaya melakukan pencegahan karies.

**Tujuan penelitian:** Diketuinya hubungan tingkat pengetahuan tentang karies gigi dengan perilaku pencegahan karies gigi pada remaja karang taruna

**Metode penelitian:** Jenis penelitian cross sectional. Variabel penelitian yaitu tingkat pengetahuan tentang karies gigi dan perilaku pencegahan karies gigi. Populasi adalah 36 remaja karang taruna dusun celep. Pengambilan sampel dengan tehnik *purposive sampling* dengan jumlah sampel sebanyak 36 orang, pengumpulan data menggunakan kuesioner, analisis data menggunakan uji Kendall's Tau dengan SPSS

**Hasil penelitian:** Responden memiliki tingkat pengetahuan dengan kriteria baik sebanyak 35 (97,2%) dan perilaku pencegahan karies gigi dengan kriteria sedang sebanyak 21 (58,3%) responden. Terdapat hubungan antara tingkat pengetahuan dengan perilaku pencegahan karies gigi pada remaja

**Kesimpulan:** Terdapat hubungan antara tingkat pengetahuan dengan perilaku pencegahan karies gigi pada remaja,  $p < 0,311$

**Kata kunci:** Pengetahuan Karies, Perilaku Pencegahan Karies, Remaja

# **THE RELATIONSHIP BETWEEN KNOWLEDGE LEVEL OF DENTAL CARIES WITH PREVENTING BEHAVIOR OF DENTAL CARRIES IN TEENAGERS OF KARANG TARUNA**

Wiwit Rosindasari\*, Taadi, Desi Rochmawati  
Department of Dental Nursing, Poltekkes, Ministry of Health, Yogyakarta  
Jl. Kyai Mojo No. 54 Yogyakarta  
\*Email: [wrosindasari@gmail.com](mailto:wrosindasari@gmail.com)

## **ABSTRACT**

**Background:** Knowledge of dental caries includes understanding of dental caries, causes and effects of caries, types of caries according to their depth, the process of caries occurrence, and ways to prevent dental caries. Preventing of dental caries is based on the frequency of encouragement, stimulation to the individual in an effort to preventing caries. The purpose of this study was to measure the behavior in teenagers of karang taruna in an effort to prevent caries

**The purpose of the study:** To investigate the relationship between the level of knowledge about dental caries an the behavior of preventing dental caries in teenagers of karang taruna

**Result method:** This type of research is a cross sectional. The research variable are the level of knowledge about dental caries and preventing behavior of dental caries. The population is 36 teenagers in the village of Celep. Sampling using purposive sampling technique with a sample of 26 people, data collection using a questionnaire, data analysis using the Kendall's Tau test with SPSS

**Result of rearch:** Respondents have a knowledge level with good criteria as much as 35 (97,2%) and dental caries preventing behavior with moderate criteria as much as 21 (58,3%) respondents. There is no relationship between the level of knowledge with dental caries preventing behavior in adolescent

**Conclusion:** There is a relationship between the level of knowledge with dental caries preventing behavior in adolescents,  $p < 0,311$

**Keywords :** Caries knowledge, Caries preventing behavior, Teenager