

**GAMBARAN PERILAKU MENJAGA KESEHATAN GIGI DAN
MULUT DENGAN INDEKS KEBERSIHAN GIGI PADA
MASA PANDEMI COVID-19 DI KLINIK GIGI
SWASTA YOGYAKARTA**

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ABSTRAK

Latar Belakang: Berdasarkan studi pendahuluan pada bulan Januari-Februari 2022, didapatkan data dari rekam medis di Klinik Swasta Yogyakarta selama masa pandemi COVID-19 mengalami penurunan kunjungan pasien. Hal ini didukung dengan hasil wawancara dengan beberapa pasien bahwa sebagian besar 67% dari 60 pasien merasa takut untuk berkunjung ke dokter gigi dengan alasan takut tertular virus.

Tujuan Penelitian: Diketuinya gambaran perilaku menjaga kesehatan gigi dan mulut dengan indeks kebersihan gigi pada masa pandemi COVID-19 di klinik swasta Yogyakarta

Metode Penelitian: Jenis penelitian ini adalah deskriptif. Populasi dalam penelitian ini adalah pasien di Klinik Gigi Swasta Yogyakarta. Pengambilan sampel menggunakan teknik sampling jenuh yaitu semua anggota populasi digunakan sebagai sampel dengan jumlah sebanyak 60 orang. Penelitian ini menggunakan data pemeriksaan indeks kebersihan gigi dan kuesioner perilaku menjaga kebersihan gigi dan mulut pada masa pandemi.

Hasil Penelitian: Kategori perilaku menjaga kesehatan gigi dan mulut responden dalam kategori buruk (65%). Indeks kebersihan gigi dan mulut responden mempunyai kondisi dengan kategori buruk yaitu sebanyak 33 orang (55%).

Kesimpulan: Tingkat perilaku menjaga kesehatan gigi dan mulut pada kategori buruk dan indeks kebersihan gigi selama masa pandemi COVID-19 pada kategori buruk.

Kata Kunci: Perilaku Menjaga Kesehatan Gigi dan Mulut, Indeks Kebersihan Gigi Masa Pandemi COVID-19.

**DESCRIPTION OF BEHAVIOR OF MAINTAINING DENTAL AND
ORAL HEALTH WITH THE DENTAL HYGIENE INDEX IN THE
PANDEMIC OF COVID-19 AT THE DENTAL CLINIC
PRIVATE YOGYAKARTA**

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ABSTRACT

Background: Based on a preliminary study in January-February 2022, it was found that data from medical records at Yogyakarta Private Clinics during the COVID-19 pandemic experienced a decrease in patient visits. This is supported by the results of interviews with several patients that most of the 67% of 60 of patients were afraid to visit the dentist for reasons of fear of contracting the virus.

Research Objectives: To knowledge the description of the behavior of maintaining dental and oral health with a dental hygiene index during the COVID-19 pandemic at a Yogyakarta private clinic.

Research Methods: This type of research is descriptive. The population in this study were patients at the Yogyakarta Private Dental Clinic. Sampling using a saturated sampling technique that is all members of the population used as a sample with a total of 60 people. This study uses data on dental hygiene index examinations and behavioral questionnaires to maintain dental and oral hygiene during the pandemic.

Research Results: The behavior category in maintaining the health of the respondents' teeth and mouth during the COVID-19 pandemic was in the bad category (65%). The dental and oral hygiene index during the COVID-19 pandemic, most of the respondents had conditions in the bad category, namely 33 people (55%).

Conclusion: The level of behavior in maintaining oral and dental health is in the bad category (65%) and the dental hygiene index during the COVID-19 pandemic is in the bad category (55%).

Keywords: Behavior of Maintaining Dental and Oral Health, Dental Hygiene Index during the COVID-19 Pandemic.