

GAMBARAN TINGKAT KECEMASAN DAN PERAWATAN RUTIN PASIEN
ORTODONTI CEKAT PADA MASA PANDEMI
COVID-19 DI KLINIK GIGI SWASTA

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ABSTRAK

Latar Belakang : Kesehatan global sedang mengalami ancaman, yaitu peningkatan kasus infeksi covid-19 (*Coronavirus Disease 2019*). Pandemi covid-19 berpengaruh dalam pelayanan kesehatan gigi dan mulut. Pasien pengguna ortodonti memerlukan kunjungan rutin ke dokter gigi yang harus ditaati. Rasa cemas akan penularan virus covid-19 menyebabkan pasien tidak ingin melakukan perawatan rutin ortodonti cekat ke dokter gigi. Tingkat kecemasan yang dialami pasien bervariasi, berdasarkan usia, jenis kelamin dan tingkat pendidikan.

Tujuan Penelitian : Diketuinya gambaran tingkat kecemasan dan perawatan rutin pasien ortodonti cekat pada masa pandemi covid-19 di klinik gigi swasta.

Metode Penelitian : Metode penelitian ini adalah penelitian deskriptif dengan rancangan penelitian *cross sectional*. Penelitian dilaksanakan pada bulan Januari dan Februari 2022 di klinik gigi swasta. Populasi penelitian ini berjumlah 40 orang, pengambilan data dengan penyebaran kuesioner. Teknik pengambilan sampel adalah dengan teknik total sampling dan dianalisis menggunakan tabulasi silang.

Hasil Penelitian : Tingkat kecemasan pasien termasuk dalam kriteria kecemasan rendah sebanyak (45,0%). Perawatan rutin pasien dalam kriteria rutin sebanyak (62,5%). Pasien mengalami tingkat kecemasan rendah dengan rutin melakukan perawatan rutin ortodonti cekat pada masa pandemi covid-19 sebanyak (45,0%).

Kesimpulan : Tingkat kecemasan pasien ortodonti cekat pada masa pandemi covid-19 termasuk dalam kriteria rendah dengan perawatan rutin.

Kata Kunci : Pandemi Covid-19, Tingkat Kecemasan, Perawatan Rutin

OVERVIEW OF THE LEVEL OF ANXIETY AND ROUTINE TREATMENT OF
FIXED ORTHODONTIC PATIENTS DURING THE COVID-19
PANDEMIC AT PRIVATE DENTAL CLINICS

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ABSTRACT

Background : Global health is experiencing a threat, namely an increase in case of covid-19 infection (Coronavirus Disease 2019). The covid-19 pandemic has had an impact on dental and oral health services. Orthodontic patients require regular visits to the dentist which must be adhered to. Anxiety about the transmission of the covid-19 causes patients not to want to do routine orthodontic care to the dentist. The anxiety that patients experience varies, based anxiety that patients experience varies, based on age, gender and level of education.

Research Objectives : Knowing the picture of anxiety and routine care of fixed orthodontic patients during the covid-19 pandemic at private dental clinics.

Research Methods: This research method is descriptive research with a cross-sectional research design. The study was conducted in January and February 2022 at private dental clinic. The population of the study amounted to 40 people, data retrieval with the dissemination of questionnaires. The sampling technique is by total sampling technique and analyzed using cross-tabulation.

Research Results: Anxiety levels were included in the low anxiety criteria of 19 patients (45.0%). Routine maintenance in routine criteria of 25 patients (62,5%). Patients experienced low levels of anxiety and routinely carried out routine orthodontic treatments during the covid-19 pandemic as many as 19 respondents (45,0%).

Conclusion: The level of orthodontic anxiety is fixed in carrying out routine care during the covid-19 pandemic is included in the low criteria, and routine care included in the routine criteria.

Keywords: Covid-19 Pandemic, Anxiety Level, Routine Maintenance