

GAMBARAN PERILAKU MENYIKAT GIGI PADA SISWA SEKOLAH DASAR

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ABSTRAK

Latar Belakang: Perilaku menyikat gigi pada anak harus dilakukan dalam kehidupan sehari-hari tanpa ada perasaan terpaksa. Kemampuan menyikat gigi secara baik dan benar merupakan faktor yang cukup penting untuk perawatan kesehatan gigi dan mulut. Keberhasilan menyikat gigi juga dipengaruhi oleh faktor penggunaan alat, metode menyikat gigi, sert frekuensi dan waktu menggosok gigi yang tepat.

Tujuan: Diketahui gambaran perilaku menyikat gigi pada siswa Sekolah dasar.

Metode: jenis penelitian yang digunakan adalah *Deskriptif Observasional* yaitu penelitian yang bertujuan hanya menggambarkan fenomena yang ditemukan dengan rencana membagikan kuesioner ke siswa SD IT Generasi Mulia melalui Online. Pengambilan sampel menggunakan teknik *Quota Sampling* yang berjumlah 187 siswa namun siswa yang masuk dalam kriteria hanya berjumlah 34 siswa dengan usia 8-10 tahun. Penelitian dilaksanakan pada bulan Maret 2021. Pengambilan sampel dengan cara memberikan kuesioner untuk mengetahui perilaku menyikat gigi.

Hasil: hasil penelitian menunjukkan sebagai besar responden berjenis kelamin laki-laki 23 siswa (67,6%) dan jenis kelamin perempuan 11 siswa (32,4%). Berdasarkan usia terdapat responden umur 8 tahun 1 siswa (2,9%), umur 9 tahun sebanyak 23 siswa (67,6%), kemudian usia 10 tahun sebanyak 10 siswa (29,4%). Berdasarkan penilaian perilaku menyikat gigi terdapat tiga kategori Baik sebanyak 13 siswa (38,2%), kategori Cukup sebanyak 21 siswa (61,8%), dan kategori jelek tidak ada.

Kesimpulan: siswa-siswa kelas III SD IT Generasi Mulia memiliki perilaku menyikat gigi Cukup.

Kata kunci: perilaku, menyikat gigi

DESCRIPTION OF BRUSHING BEHAVIOR IN ELEMENTARY SCHOOL STUDENTS

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Abstract

Background: The behavior of brushing teeth in children should be done in daily life without any feeling of forced. The ability to brush your teeth properly is a fairly important factor for dental and oral health care. The success of brushing is also influenced by the factors of use of the tool, the method of brushing teeth, the frequency and timing of proper brushing of teeth.

Purpose: Known description of brushing behavior in elementary school students.

Method: the type of research used is Descriptive Observational which is research that aims only to describe the phenomenon found with the plan of distributing questionnaires to students of SD IT Generasi Mulia through Online. Sampling using Quota Sampling technique of 187 students but students who fall into the criteria only amount to 34 students aged 8-10 years. The research was conducted in March 2021. Sampling by providing questionnaires to determine the behavior of brushing teeth.

Results: the results showed that as many as 23 male responden students (67.6%) and female gender of 11 students (32.4%). Based on age there are respondents aged 8 years 1 student (2.9%), age 9 years as many as 23 students (67.6%), then 10 years old as many as 10 students (29.4%). Based on the assessment of brushing behavior there are three categories Good as many as 13 students (38.2%), category Enough as many as 21 students (61.8%), and ugly category does not exist.

Conclusion: grade III students of SD IT Generasi Mulia have enough brushing behavior.

Keywords: behavior, brushing teeth.