

**PENGARUH PENDAMPINGAN SUAMI PADA IBU HAMIL  
TRIMESTER III TERHADAP KEIKUTSERTAAN  
KB PASCA SALIN DI WILAYAH KERJA  
PUSKESMAS SEYEGAN SLEMAN**

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**ABSTRAK**

**Latar Belakang :** Pertumbuhan penduduk Indonesia masih tinggi, KB pasca persalinan sangatlah penting sebagai salah satu upaya strategis dalam penurunan AKI, juga AKB dan sekaligus juga penurunan TFR. Namun demikian pencapaian KB pasca salin di Indonesia masih tergolong rendah, sehingga perlu adanya strategi dalam mencapai keberhasilan KB pasca salin, yaitu dengan pendampingan suami pada ibu hamil

**Tujuan :** Mengetahui pengaruh pendampingan suami pada ibu hamil TM III terhadap keikutsertaan KB pasca salin di wilayah kerja Puskesmas Seyegan Sleman

**Metode :** Jenis penelitian Quasi experiment dengan rancangan *postest with control group design*, menggunakan dua kelompok yang dipilih secara acak. Tehnik pengambilan sampel dengan purposive sampling menggunakan kriteria inklusi dan eksklusif. Populasi Target yaitu suami ibu hamil Trimester III sebanyak 144, Populasi terjangkau suami ibu hamil dengan umur kehamilan 37-41 minggu sebanyak 64 orang, dengan sampel 30 orang. Variabel independen pendampingan suami, variabel dependen keikutsertaan KB pasca salin. Teknik analisis uji Mann-Whitney

**Hasil :** Hasil penelitian menunjukkan bahwa terdapat perbedaan bermakna kelompok eksperimen dan kelompok kontrol didapatkan hasil yaitu p-value 0,029a berarti lebih kecil dari 0,05 yang artinya  $H_a$  diterima dan  $H_0$  ditolak

**Kesimpulan :** Terdapat pengaruh pendampingan suami pada ibu hamil TM III terhadap keikutsertaan KB pasca salin di Wilayah Kerja Puskesmas Seyegan Sleman, sehingga pendampingan suami efektif terhadap Keikutsertaan KB Pasca Salin di Wilayah Kerja Puskesmas Seyegan Sleman.

Kata kunci : KB pasca salin, Pendampingan suami, Ibu Hamil TM III

**THE EFFECT OF A HUSBAND'S ASSISTANCE ON  
PREGNANT WOMEN TRIMESTER III ON PARTICIPATION  
IN POSTPARTUM FAMILY PLANNING IN THE WORK  
AREA OF THE SEYEGAN HEALTH CENTER SLEMAN**

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**ABSTRACT**

**Background:** Indonesia's population growth is still high, and postnatal family planning is very important as one of the strategic efforts in reducing the MMR, as well as the IMR, and at the same time decreasing the TFR. However, the achievement of postpartum family planning in Indonesia is still relatively low, so a strategy is needed to achieve the success of postpartum family planning with a husband's assistance on pregnant women

**Objectives:** To determine the effect of a husband's assistance on pregnant women TM III on participation in postpartum family planning in the work area of the Seyegan Health Center, Sleman.

**Methods:** Quasi-experimental research with posttest with control group design, using two randomly selected groups. The sampling technique was purposive sampling using inclusion and exclusion criteria. The target population is 144 husband from pregnant women in the third trimester, 64 people are affordable for husband from pregnant women with a gestational age of 37-41 weeks and 30 sample. The independent variable is the husband's assistance, the dependent variable is postpartum family planning participation. The analysis technique of the Mann-Whitney test

**Results:** The results showed that there was a significant difference between the experimental group and the control group. The results were a p-value of 0.029a, which means less than 0.05, which means  $H_a$  is accepted and  $H_o$  is rejected.

**Conclusion:** There is an effect of husband's mentoring on TM III pregnant women on postpartum family planning participation in the Seyegan Sleman Health Center Work Area, so that husband's assistance is effective on Postpartum Family Planning Participation in the Seyegan Sleman Health Center Work Area.

**Keyword :** Post Partum Contrception, husband's mentoring, pregnant women TM III