

STUDY OF MOTHER'S CHARACTERISTICS AND KNOWLEDGE IN  
EXCLUSIVE BREASTFEEDING FOR CHILDREN AGED 6-24 MONTHS IN  
CANDIBINANGUN PAKEM SLEMAN VILLAGE IN 2021

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### ABSTRACT

**Background :** Stunting is a chronic nutritional problem in toddlers which is characterized by a shorter height compared to children of his age. One of the factors that influence the incidence of stunting is exclusive breastfeeding. Factors that influence exclusive breastfeeding include characteristics (age, education, knowledge, parity, occupation) and mother's knowledge.

**Objective:** To examine the characteristics and knowledge of mothers in exclusive breastfeeding for children aged 6-24 months in Candibiangun Pakem Village, Sleman in 2021.

**Methods:** This type of research is descriptive with a cross-sectional research design. The population in this study were all mothers in the Candibinangun Pakem Sleman Village in 2021 who had children aged 6-24 months. The sample used is as many as 56 people. This research was conducted from November to December 2021. The data analysis used was univariate analysis.

**Results:** Most respondents in Candibinangun Village aged 20-35 years as many as 36 people (64.3%), with secondary education (SMA/MA/SMK/MAK) as many as 34 people (60.8%), not working as many as 45 people (80,4%), 41 people with multiparous parity (73.2%), 33 people with good knowledge (58,9%), and 48 people with exclusive breastfeeding (85.7%).

**Conclusion:** The women under two years old aged 6-24 months in Candibinangun Pakem Sleman Village in 2021 who gave exclusive breastfeeding were mostly aged 20-35 years, had secondary education, did not work, had multiparity parity, and had a good level of knowledge.

**Keywords :** Characteristics, knowledge, exclusive breastfeeding

KAJIAN KARAKTERISTIK DAN PENGETAHUAN IBU DALAM  
PEMBERIAN ASI EKSKLUSIF PADA BADUTA USIA 6-24 BULAN DI  
KELURAHAN CANDIBINANGUN PAKEM SLEMAN TAHUN 2021

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**ABSTRAK**

**Latar Belakang :** Stunting adalah masalah gizi kronis pada balita yang ditandai dengan tinggi badan yang lebih pendek dibandingkan dengan anak seusianya. Salah satu faktor yang mempengaruhi kejadian stunting adalah pemberian ASI Eksklusif. Faktor yang mempengaruhi pemberian ASI Eksklusif di antaranya karakteristik (usia, pendidikan, pengetahuan, paritas, pekerjaan) dan pengetahuan ibu.

**Tujuan :** Mengkaji karakteristik dan pengetahuan ibu dalam pemberian ASI Eksklusif pada baduta usia 6-24 bulan di Kelurahan Candibinangun Pakem Sleman tahun 2021.

**Metode :** Jenis penelitian ini adalah deskriptif dengan desain penelitian *cross secsional*. Populasi dalam penelitian ini adalah seluruh ibu di Kelurahan Candibinangun Pakem Sleman tahun 2021 yang memiliki baduta usia 6-24 bulan. Sampel yang digunakan yaitu sebanyak 56 orang. Penelitian ini dilaksanakan pada bulan November sampai Desember 2021. Analisis data yang digunakan adalah analisis univariat.

**Hasil :** Sebagian besar responden di Kelurahan Candibinangun berusia 20-35 tahun sebanyak 36 orang (64,3%), berpendidikan menengah (SMA/MA/SMK/MAK) sebanyak 34 orang (60,8%), tidak bekerja sebanyak 45 orang (80,4%), ber paritas multipara sebanyak 41 orang (73,2%), memiliki tingkat pengetahuan baik sebanyak 33 orang (58,9%), dan memberikan ASI Eksklusif sebanyak 48 orang (85,7%).

**Kesimpulan :** Ibu baduta usia 6-24 bulan di Kelurahan Candibinangun Pakem Sleman tahun 2021 yang memberikan ASI Eksklusif sebagian besar berusia 20-35 tahun, berpendidikan menengah, tidak bekerja, berparitas multipara, dan memiliki tingkat pengetahuan baik.

**Kata Kunci :** Karakteristik, pengetahuan, ASI Eksklusif