

**PROSES ASUHAN GIZI TERSTANDAR PADA PASIEN GANGGUAN
SALURAN PERNAFASAN (*BRONKOPNEUMONIA*) DI RSUD
WONOSARI**

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ABSTRAK

Latar Belakang : Penyakit saluran pernapasan khususnya *bronkopneumonia* merupakan salah satu jenis penyakit yang bisa menyebabkan kematian pada bayi dan balita. *Bronkopneumonia* disebut juga pneumonia lobularis . Gejala yang timbul yaitu demam yang tinggi, dispnea, napas cepat dan dangkal, muntah, diare, serta batuk kering dan produktif. Penanganan pasien *bronkopneumonia* dengan pendekatan gizi perlu dilakukan agar selama masa perawatan status gizi pasien tidak mengalami penurunan.

Tujuan Penelitian : Mengetahui bagaimana Penatalaksanaan Proses Asuhan Gizi Terstandar pada pasien *Bronkopneumonia* di RSUD Wonosari.

Metode Penelitian : Desain penelitian ini studi kasus. Obyek penelitian ini adalah pasien anak *bronkopneumonia* di RSUD Wonosari. Penelitian ini difokuskan pada Proses Asuhan Gizi Terstandar yang meliputi Skrining gizi, pengkajian gizi, diagnosis gizi, intervensi gizi, monitoring dan evaluasi.

Hasil : Skrining gizi menggunakan *Paediatric Yorkhil Malnutrition Score* (PYMS) dengan hasil pasien termasuk malnutrisi tingkat berat. Untuk asupan makan pasien yaitu kurang. Status gizi pasien normal. Biokimia termasuk normal. Hasil thorax menunjukkan adanya *bronkopneumonia*, Diagnosis gizi sesuai pengkajian gizi dan intervensi gizi sesuai dengan diagnosis gizi. Monitoring dan evaluasi pasien semakin membaik.

Kesimpulan : Penatalaksanaan proses asuhan gizi terstandar pada pasien *bronkopneumonia* meliputi skrining gizi, pengkajian gizi, diagnosis gizi, intervensi gizi dan monitoring serta evaluasi gizi. Perkembangan fisik klinis dan asupan makan pasien semakin membaik.

Kata Kunci : *Bronkopneumonia*, Proses Asuhan Gizi Terstandar

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STANDARDIZED NUTRITIONAL CARE PROCESS IN PATIENTS OF RESPIRATORY TRACT DISORDERS (BRONCHOPNEUMONIA) AT WONOSARI REGIONAL HOSPITAL

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ABSTRACT

Background : Respiratory tract disease, especially bronchopneumonia, is one type of disease that can cause death in infants and toddlers. Bronchopneumonia is also known as lobular pneumonia. Symptoms include high fever, dyspnea, rapid and shallow breathing, vomiting, diarrhea, and a dry and productive cough. Handling of bronchopneumonia patients with a nutritional approach needs to be done so that during the treatment period the nutritional status of the patient does not decrease.

Objective : Knowing how to manage the standardized nutritional care process in bronchopneumonia patients at the Wonosari Regional Hospital.

Method : The research design is a case study. The object of this research is bronchopneumonia pediatric patient at Wonosari Hospital. This research is focused on Standardized Nutrition Care Process which includes nutrition screening, nutritional assessment, nutrition diagnosis, nutrition intervene, monitoring and evaluation.

Results : Nutrition screening using the Paediatric Yorkhil Malnutrition Score (PYMS) with patient results including severe malnutrition. For the patient's food intake that is less. The nutritional status of the patient is normal. Biochemistry including normal. The results of the thorax showed the presence of bronchopneumonia, nutritional diagnosis according to nutritional assessment and nutritional intervention according to nutritional diagnosis. Monitoring and evaluation of patients is getting better.

conclusion : Management of standardized nutritional care processes in bronchopneumonia patients includes nutritional screening, nutritional assessment, nutritional diagnosis, nutritional intervention and nutritional monitoring and evaluation. Clinical physical development and patient's food intake is getting better.

Keywords : Bronkopneumonia, Standard Nutrition Care Process

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