

DESCRIPTION OF RECEIVING ANIMAL BASED FOOD AT NUTRITION INSTALLATIONS PRATAMA YOGYAKARTA HOSPITAL

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ABSTRACT

Background : Food receiving is an activity of checking and recording food materials received in terms of type, quantity, specifications, and time of receipt. Animal based food is prone to damage. Inaccuracy in the acceptance of animal food ingredients can affect the quality and quantity of food ingredients.

Objective : To determine receiving of animal based food in the Nutrition Installation of Pratama Yogyakarta Hospital.

Methods : This study uses an observational method. The samples of the study was animal based food in a 10-day menu cycle and food receiving team at the Nutrition Installation of Pratama Yogyakarta Hospital. The variables of the study are the accuracy of the type, quantity, specification, and time of receiving animal side dishes, as well as the compliance of the receiving team during the acceptance process and the suitability of the way of receiving food ingredients.

Result : Acceptance of food ingredients based on animal side dish 100% correct. Based on the amount of animal side dishes received 100% correct. Based on the specifications, 83.16% of the animal side dishes that came were correct and 16.84% were incorrect, that is, on the receipt of animal side dishes menu 1st, 2nd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, and 11th. based on punctuality, 100% acceptance of animal side dishes right. Based on the compliance of receiving officers when receiving food ingredients, 92.31% complied and 7.69% did not comply, because did not use complete PPE. Based on the suitability of the acceptance method, 86.36% in accordance with the SOP and 13.63% did not comply.

Conclusion : the acceptance of animal side dishes in the Nutrition Installation of the Pratama Hospital was correct except for the specifications, as well as the compliance of the receiving team and the suitability of the reception method was not 100% obedient and appropriate.

Keywords : Food receiving, Animal side dishes, Acceptance accuracy, Recipient team, Acceptance method.

GAMBARAN PENERIMAAN BAHAN MAKANAN LAUK HEWANI DI INSTALASI GIZI RS PRATAMA YOGYAKARTA

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ABSTRAK

Latar Belakang : Penerimaan bahan makanan adalah kegiatan memeriksa dan mencatat bahan makanan yang diterima dari segi jenis, jumlah, spesifikasi, dan waktu penerimaannya. Bahan makanan lauk hewani rawan terhadap kerusakan. Ketidaktepatan dalam penerimaan bahan makanan lauk hewani dapat mempengaruhi kualitas dan kuantitas dari bahan makanan.

Tujuan : Mengetahui penerimaan bahan makanan lauk hewani di Instalasi Gizi Rumah Sakit Pratama Yogyakarta.

Metode Penelitian : Penelitian ini menggunakan metode observasional. Sampel penelitian adalah bahan makanan lauk hewani dalam 1 siklus menu 10 hari dan tim penerima bahan makanan di Instalasi Gizi Rumah Sakit Pratama Yogyakarta. Variabel penelitian yaitu ketepatan jenis, jumlah, spesifikasi, dan waktu penerimaan lauk hewani, serta kepatuhan tim penerima saat proses penerimaan dan kesesuaian cara penerimaan bahan makanan.

Hasil Penelitian : Penerimaan bahan makanan berdasarkan jenis lauk hewani 100% tepat. Berdasarkan jumlah lauk hewani yang diterima 100% tepat. Berdasarkan spesifikasi, 83.16% lauk hewani yang datang tepat dan 16.84% tidak tepat, yaitu pada menu ke I,II,IV,V,VI,VII,VIII,IX,X, dan XI. Berdasarkan waktu, penerimaan lauk hewani 100% tepat. Berdasarkan kepatuhan petugas penerima saat penerimaan bahan makanan 92.31% patuh dan 7.69% tidak patuh karena tidak menggunakan APD lengkap. Berdasarkan kesesuaian cara penerimaan, 86.36% sesuai dengan SOP dan 13.63% tidak sesuai.

Kesimpulan penelitian : Penerimaan bahan makanan lauk hewani di Instalasi Gizi RS Pratama sudah tepat kecuali untuk spesifikasi, serta kepatuhan tim penerima dan kesesuaian cara penerimaan belum 100% patuh dan sesuai

Kata kunci : Penerimaan Bahan Makanan, Lauk Hewani, Ketepatan Penerimaan, Tim Penerima, Cara Penerimaan.