

Study Cost Of Regular Food Animal Side Dish And Vegetable Side Dish Based Food Wasted In Class III RSUD Prof. Dr. Margono Soekarjo

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ABSTRACT

Background: The food wasted is food that is not eaten and disposed. The cost of food wasted is the economic value that cannot be reused for consumption. According to the study, Djamaluddin Endy and Ira (2005) in the Hospital of Dr Sardjito highest vegetable side dish 21.29% but for the cost of most of wasted food is the animal side dish of Rp. 339,24/day with a percentage animal side dish of 9.8%.

Purpose: This research to know the food cost of the animal side dish and vegetable side dish based food wasted of the regular food in class III RSUD Prof. Dr Margono Soekarjo.

Methods: This type of research is observational research with cross sectional design. The research character descriptive and purposive sampling technique with the inclusion criteria. Location of Research in class III RSUD Prof. Dr Margono Soekarjo.

Results: Cycle menu side dish vegetable side dish and animal that is 10 days. The percentage of the food wasted animal side dish during one cycle of the highest 50.98%, while the lowest 9.76%. The percentage of vegetable side dish for one cycle of the highest 60.85% and lowest 7.80%. Food cost animal side dish highest Rp 6,355, while the lowest Rp 1,560. The cost of food wasted animal side dish wasted highest Rp 1973.98, while the lowest Rp 390. Highest vegetable side dish food cost is Rp 866, while the lowest Rp 382. The cost of food wasted vegetable side dish wasted Rp 504.27, while the lowest Rp 57.16.

Conclusion: The average cost of food wasted animal side dish during one 10-day menu cycle as much as Rp 860.98. The average cost of food wasted vegetable side dish for a 10-day menu cycle as much as Rp 220.78.

Keywords: animal side dish, vegetable side dish, food wasted, food cost, cost of food wasted

Kajian Biaya Makanan Biasa Lauk Hewani Dan Lauk Nabati Yang Terbuang Berdasarkan Sisa Makanan Di Kelas III RSUD Prof. Dr. Margono Soekarjo

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ABSTRAK

Latar Belakang: Sisa makanan adalah makanan yang tidak habis dimakan dan dibuang. Biaya sisa makanan yang terbuang adalah nilai ekonomis yang ada pada sisa makanan yang tidak dapat digunakan kembali untuk dikonsumsi. Menurut penelitian Djamaluddin, Endy dan Ira (2005) di Rumah Sakit Dr. Sardjito sisa makanan tertinggi yaitu lauk nabati 21.29% tetapi untuk biaya paling banyak dari sisa makanan adalah lauk hewani sebesar Rp. 339,24/hari dengan persentase sisa makanan lauk hewani sebesar 9,8%.

Tujuan: Penelitian ini bertujuan untuk mengetahui biaya makanan lauk hewani dan lauk nabati yang terbuang berdasarkan sisa makanan biasa kelas III di RSUD Prof. Dr. Margono Soekardjo.

Metode: Jenis penelitian yang digunakan adalah penelitian observasional dengan desain *cross sectional*. Penelitian ini bersifat deskriptif dengan teknik pengambilan sampel purposive sampling dengan kriteria inklusi. Lokasi penelitian di kelas III RSUD Prof. Dr. Margono Soekarjo.

Hasil: Siklus menu lauk hewani dan lauk nabati yaitu 10 hari. Persentase sisa makanan lauk hewani selama satu siklus menu tertinggi sebanyak 50,98%, sedangkan terendah sebanyak 9,76% .Persentase sisa makanan lauk nabati selama satu siklus menu tertinggi sebanyak 60.85%, sedangkan terendah sebanyak 7.80%. Food cost lauk hewani tertinggi sebanyak Rp 6.355, sedangkan terendah sebanyak Rp 1.560, Biaya sisa makanan lauk hewani yang terbuang tertinggi sebanyak Rp 1973,98, sedangkan terendah sebanyak Rp 390. Food cost lauk nabati tertinggi yaitu sebanyak Rp 866, sedangkan terendah sebanyak Rp 382. Biaya sisa makanan lauk nabati yang terbuang tertinggi sebanyak Rp 504,27, sedangkan terendah sebanyak Rp 57,16.

Kesimpulan: Rata-rata biaya sisa makanan lauk hewani yang terbuang selama satu siklus menu 10 hari sebanyak Rp 860,98. Rata-rata biaya sisa makanan lauk nabati yang terbuang selama satu siklus menu 10 hari sebanyak Rp 220,78.

Kata kunci: lauk hewani, lauk nabati, sisa makanan, food cost, biaya sisa makanan