

**DESCRIPTION OF MOTHER'S KNOWLEDGE LEVEL ABOUT
FEEDING OF INFANTS AND CHILDREN WITH NUTRITION STATUS
OF INFANT UNDER TWO YEARS OLD IN SUMBERSARI VILLAGE
MOYUDAN DISTRICT
SLEMAN REGENCY**

Qibthia Citra Pertiwi¹, Slamet Iskandar², Almira Sita³
Jurusan Gizi Poltekkes Kemenkes Yogyakarta, Jl. Tata Bumi No. 3 Banyuraden,
Gamping, Sleman Yogyakarta 55293
E-mail : qibthiacitra27@gmail.com)

ABSTRACT

Background : In infant under two years, the fulfillment of nutritional needs depends on the food provided by the mother. Mother's knowledge is not a direct factor causing nutritional problems in children, but the mother's level of knowledge affects the way of choosing food related to nutrition fulfillment which also affects nutrition status.

Research Objective : To describe the level of knowledge of mother's about feeding infants and children with nutrition status of infant under two years old in Summersari Village, Moyudan District, Sleman Regency.

Research Method : This type of research is an observational study with a cross sectional research design. The population of this study were 150 mothers of infants under two years old. Sampling using simple random sampling technique as many as 38 mothers under five.

Research Result : Most mother's of infant under two years old in Summersari Village have a good level of knowledge about infant and child feeding, which is as much as 47,37%. Most of the infant under two years old in Summersari Village had normal weight nutrition status (Weight/Age) as much as 71.05%, normal height nutrition status (Length/Age or Height/Age) as much as 76.32%, and good nutrition status (Weight/Length or Weight/Height) as much as 81.58%.

Conclusion : Based on weight/age, most of the infant under two years old with normal weight nutrition status have mother,s with enough level of knowledge. Based on length/age or height/age, most of the infant under two years old with normal height nutrition status have mother,s with enough level of knowledge. Based on weight/length or weight/height, most of the infant under two years old with good nutrition status have mother's with good knowledge level.

Keywords : Mother's knowledge level, Infant and Child Feeding, Nutrition status of infants under two years old

GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG PEMBERIAN MAKAN BAYI DAN ANAK DENGAN STATUS GIZI BADUTA DI DESA SUMBERSARI KAPANEWON MOYUDAN KABUPATEN SLEMAN

Qibthia Citra Pertiwi¹, Slamet Iskandar², Almira Sita³
Jurusan Gizi Poltekkes Kemenkes Yogyakarta, Jl. Tata Bumi No. 3 Banyuraden,
Gamping, Sleman Yogyakarta 55293
E-mail : qibthiacitra27@gmail.com)

ABSTRAK

Latar Belakang: Pada masa baduta pemenuhan kebutuhan gizi bergantung pada makanan yang diberikan oleh ibu. Pengetahuan ibu bukan merupakan faktor langsung penyebab masalah gizi pada anak, namun tingkat pengetahuan ibu mempengaruhi cara pemilihan makanan yang berkaitan dengan pemenuhan gizi yang juga mempengaruhi status gizinya.

Tujuan Penelitian: Untuk mengetahui gambaran tingkat pengetahuan ibu tentang pemberian makan bayi dan anak dengan status gizi baduta di Desa Sumbersari Kapanewon Moyudan Kabupaten Sleman.

Metode Penelitian: Jenis penelitian ini adalah penelitian observasional dengandesain penelitian *cross sectional*. Populasi dari penelitian ini sebanyak 150 ibu baduta. Pengambilan sampel dengan teknik *simple random sampling* sebanyak 38 ibu baduta.

Hasil Penelitian: Sebagian besar ibu baduta di Desa Sumbersari memiliki tingkat pengetahuan tentang PMBA baik yaitu sebanyak 47,37%. Sebagian besar baduta di Desa Sumbersari memiliki status gizi berat badan normal (BB/U) sebanyak 71,05%, status gizi tinggi badan normal (PB/U atau TB/U) sebanyak 76,32%, dan status gizi gizi baik (BB/PB atau BB/TB) sebanyak 81,58%.

Kesimpulan: Berdasarkan BB/U sebagian besar baduta dengan status gizi berat badan normal memiliki ibu dengan tingkat pengetahuan cukup. Berdasarkan PB/U atau TB/U sebagian besar baduta dengan status gizi tinggi badan normal memiliki ibu dengan tingkat pengetahuan cukup. Berdasarkan BB/PB atau BB/TB sebagian besar baduta dengan status gizi baik memiliki ibu dengan tingkat pengetahuan baik.

Kata Kunci: Tingkat Pengetahuan Ibu, PMBA, Status Gizi Baduta