

GAMBARAN SIKAP DAN PERILAKU REMAJA PUTRI DALAM
KONSUMSI TABLET FE DI MASA PANDEMI *COVID-19* DI SMA N 1
BANTUL

Dyah Ayu Khorindari¹, Niken Meilani², Atik Ismiyati³
¹²³Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta,
Jl. Mangkuyudan MJ III/304 Yogyakarta
Email: dyahak1211@gmail.com, nikenbundaqueena@gmail.com,
atikismiyati2@gmail.com

ABSTRAK

Latar Belakang: Anemia remaja menjadi masalah kesehatan di Kabupaten Bantul yang menempati posisi tertinggi kedua di DIY. Banyak hal yang dapat mempengaruhi sikap dan perilaku kesehatan remaja dalam mengkonsumsi tablet Fe, diantaranya pengalaman, kebudayaan, orang lain yang dianggap penting, media masa, institusi pendidikan atau lembaga agama, dan faktor emosi dalam diri.

Tujuan: Mengetahui gambaran sikap dan perilaku remaja putri dalam konsumsi tablet Fe dimasa Pandemi *Covid-19* di SMA N 1 Bantul

Metode: Penelitian ini menggunakan metode deskriptif dengan pendekatan *cross-sectional*. Populasi dari penelitian ini adalah siswi kelas XI SMA N 1 Bantul dengan total sampel sebanyak 64 orang. Analisis data menggunakan analisis *univariate*.

Hasil: Berdasarkan karakteristik responden maupun tidak, sikap dan perilaku yang dimiliki remaja putri dalam konsumsi tablet Fe di masa pandemi *covid-19* adalah sebagian besar memiliki sikap dan perilaku positif.

Kesimpulan: Gambaran sikap dan perilaku remaja putri dalam mengkonsumsi tablet Fe dimasa pandemi *Covid-19* di SMA N 1 Bantul adalah sebagian besar remaja putri memiliki sikap dan perilaku yang positif.

Kata Kunci: sikap, perilaku, konsumsi tablet Fe, remaja

DESCRIPTION OF THE ATTITUDE AND BEHAVIOR OF ADOLESCENT
WOMEN IN THE CONSUMPTION OF FE TABLETS DURING THE COVID-
19 PANDEMIC AT SMA N 1 BANTUL

Dyah Ayu Khorindari¹, Niken Meilani², Atik Ismiyati³

²³Department of Midwifery Poltekkes Ministry of Health Yogyakarta,
Jl. Mangkuyudan MJ III/304 Yogyakarta

Email: dyahak1211@gmail.com , nikenbundaqueena@gmail.com ,
atikismiyati2@gmail.com

ABSTRACT

Background: Adolescent anemia is a health problem in Bantul Regency which occupies the second highest position in DIY. Many things can influence adolescent health attitudes and behavior in consuming Fe tablets, including experience, culture, other people who are considered important, mass media, educational institutions or religious institutions, and emotional factors in themselves.

Objective: To describe the attitude and behavior of young women in consuming Fe tablets during the Covid-19 pandemic at SMA N 1 Bantul

Methods: This study used a descriptive method with a cross-sectional approach. The population of this study was class XI SMA N 1 Bantul with a total sample of 64 people. Data analysis used univariate analysis.

Results: Based on the characteristics of the respondents or not, the attitudes and behaviors of young women in consuming Fe tablets during the covid-19 pandemic were mostly positive attitudes and behaviors.

Conclusion: The description of the attitudes and behavior of young women in consuming Fe tablets during the Covid-19 pandemic at SMA N 1 Bantul is that most of the young women have positive attitudes and behaviors.

Keywords: attitude, behavior, consumption of Fe tablets, adolescents