

**FAKTOR - FAKTOR YANG MEMPENGARUHI PEMILIHAN MKJP
PASCA PERSALINAN SAAT PADEMI COVID-19
DI PMB WILAYAH KECAMATAN PRAMBANAN
KABUPATEN SLEMAN**

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ABSTRAK

Latar Belakang: Jumlah penduduk terus meningkat merupakan masalah yang dihadapi negara berkembang. Pada masa pandemi Covid-19 menyebabkan aktivitas harian dilakukan di rumah, sedangkan aktivitas seksual merupakan kebutuhan dasar setiap manusia. Wanita pasca melahirkan beresiko mengalami kehamilan berulang dan tidak direncanakan akan merugikan bagi ibu dan anak. Hal tersebut dapat diatasi dengan program pengendalian jarak dan jumlah kelahiran dengan metode kontrasepsi jangka panjang (MKJP) pasca persalinan pada saat adanya pandemi COVID-19.

Tujuan: Untuk mengetahui faktor-faktor yang mempengaruhi pemilihan MKJP pasca persalinan saat pandemi COVID-19 di PMB wilayah Kecamatan Prambanan Sleman.

Metode: Penelitian ini menggunakan pendekatan *cross sectional* dengan desain deskriptif korelasional. Populasi penelitian ini adalah ibu nifas 0-42 hari pasca persalinan. Teknik pengambilan sampel *purposive sampling* dengan jumlah sampel 79 orang. Analisis data menggunakan *Spearman Rho* dan Regresi Logistik.

Hasil: Hasil analisis diperoleh variabel yang berpengaruh terhadap MKJP Pasca Persalinan adalah niat ($p=0,000$), dukungan sosial ($p=0,000$), dan situasi aksi ($p=0,000$). Sedangkan variabel otonomi pribadi ($p=0,147$) dan akses informasi ($p=0,477$) tidak berpengaruh terhadap pemilihan MKJP.

Kesimpulan: Hasil uji regresi logistik didapatkan variabel niat paling dominan berpengaruh terhadap pemilihan MKJP pasca persalinan saat pandemi COVID-19 di PMB wilayah Kecamatan Prambanan Sleman ($p=0,025$).

Kata Kunci : MKJP Pasca Persalinan, Ibu Nifas, Faktor-faktor

**FACTORS INFLUENCING THE SELECTION OF THE LONG ACTING
REVERSIBLE CONTRACEPTIVE METHOD AFTER THE DELIVERY
DURING THE COVID-19 PANDEMIC IN THE INDEPENDENT PRACTICE
OF THE MIDWIFE IN PRAMBANAN SUB-DISTRICT**

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ABSTRACT

Background: *the population continues to increase was a problem faced by developing countries. During the covid-19 pandemic, daily activities was carried out at home, while sexual activity was a basic needed for every human being. Postpartum women were at risk for repeated and unplanned pregnancies that had been detrimental to the mother and child. This could been overcome by controlling the distance and number of births used the long-term contraceptive method (mkjp) after delivery during the covid-19 pandemic.*

Objective: *to found out the factors that influence the selection of the Long Acting Reversible Contraceptive Method after childbirth during the Covid-19 pandemic in the Independent Practice of the Midwife in the Prambanan Sub-district, Sleman.*

Methods: *this studied used a crossed sectional approached with a descriptive correlational design. The population of this studied was postpartum mothers 0-42 days after delivery. The sampling technique was purposive sampling with a sample size of 79 people. Data analysis used spearman rho and logistic regression.*

Results: *the results of the analysis obtained that the variables that affect the Long Acting Reversible Contraceptive Method after childbirth were intentions ($p=0.000$), social support ($p=0.000$), and action situations ($p=0.000$). Meanwhile, the variables of personal autonomy ($p=0.147$) and access to information ($p=0.477$) had no effect on the selection of the Long Acting Reversible Contraceptive Method after childbirth.*

Conclusion: *the results of the logistic regression test showed that the intention variable was the most dominant influence on the selection of the Long Acting Reversible Contraceptive Method after childbirth after delivery during the covid-19 pandemic in the Independent Practice of the Midwife in the Prambanan Sub-district, Sleman ($p = 0.025$).*

Keywords: *of the Long Acting Reversible Contraceptive Method after childbirth, Postpartum mothers, Factors*