

**HUBUNGAN TINGKAT KECEMASAN DENGAN SIKAP IBU HAMIL
TERHADAP KUNJUNGAN ANC (*ANTENATALE CARE*) ERA PANDEMI
COVID-19 DI PRAKTIK MANDIRI BIDAN WAHYUNING PURWATI
MAGUWOHARJO YOGYAKARTA**

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ABSTRAK

Latar Belakang: Pandemi *COVID-19* saat ini membuat rasa takut dan kecemasan ibu hamil pun semakin meningkat. Kecemasan dan kekhawatiran terkait *COVID-19* pada ibu hamil adalah kunjungan ke rumah sakit untuk periksa kehamilan. Kecemasan yang dirasakan ibu hamil dikarenakan takut tertular apabila pergi ke fasilitas kesehatan dan takut apabila tidak melakukan kunjungan ANC juga akan membahayakan dirinya dan janin yang dikandungnya.

Tujuan: Mengetahui hubungan tingkat kecemasan dengan sikap ibu hamil terhadap kunjungan ANC (*antenatale care*) era pandemi *COVID-19* di Praktik Mandiri Bidan Wahyuning Purwati Maguwoharjo Yogyakarta Tahun 2022

Metode: Jenis penelitian analitik observasional dengan pendekatan cross sectional. Populasi dalam penelitian ini ibu hamil yang melakukan pemeriksaan kehamilan yang tercatat di Praktik Mandiri Bidan Wahyuning Purwati Maguwoharjo Yogyakarta sebanyak 54 orang dengan sampel sebanyak 35 orang. Pengumpulan data kecemasan dan sikap menggunakan kuesioner. Pengujian hipotesis menggunakan uji *chi square*.

Hasil: sebagian besar responden berpendidikan SMA (57,1%). berumur 20-35 tahun (85,7%). Sebagian besar kehamilan responden merupakan kehamilan pertama. Tingkat kecemasan, sebagian besar mengalami kecemasan sedang (62,7%). Sikap kunjungan ANC (*Antenatale Care*) ibu hamil era pandemi *COVID-19* sebagian mendukung. Pengujian hipotesis menunjukkan ada hubungan tingkat kecemasan dengan sikap ibu hamil terhadap kunjungan ANC (*antenatale care*) era pandemi covid-19 di Praktik Mandiri Bidan Wahyuning Purwati Maguwoharjo Yogyakarta dengan $p=0,000$.

Kesimpulan : Ada hubungan tingkat kecemasan dengan sikap ibu hamil terhadap kunjungan ANC (*antenatale care*) era pandemi covid-19 di Praktik Mandiri Bidan Wahyuning Purwati Maguwoharjo Yogyakarta

Kata kunci: Kecemasan, Sikap Ibu Hamil, Pandemi *COVID-19*.

*RELATIONSHIP OF ANXIETY LEVEL WITH PREGNANT WOMEN'S
ATTITUDE TO VISIT ANC (ANTENATALE CARE) ERA OF THE COVID-19
PANDEMIC IN MANDIRI PRACTICE WAHYUNING PURWATI
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ABSTRACT

Background: *The current COVID-19 pandemic has increased the fear and anxiety of pregnant women. Anxiety and concern related to COVID-19 in pregnant women is a visit to the hospital for a pregnancy check. The anxiety felt by pregnant women is due to the fear of being infected when going to a health facility and the fear that not having an ANC visit will also endanger themselves and the fetus they are carrying.*

Objective: *To determine the relationship between anxiety levels and the attitude of pregnant women towards ANC (antenatal care) visits during the COVID-19 pandemic era at the Independent Practice of Midwife Wahyuning Purwati Maguwoharjo Yogyakarta in 2022*

Methods: *This type of research is analytic observational with a cross sectional approach. The population in this study was pregnant women who had a pregnancy examination recorded at the Independent Practice of Midwife Wahyuning Purwati Maguwoharjo Yogyakarta as many as 54 people with a sample of 35 people. Data collection of anxiety and attitude using a questionnaire. Hypothesis testing using chi square test.*

Results: *The characteristics of pregnant women are that most of the respondents have high school education, namely 20 people (57.1%). Most of the respondents aged 20-35 years, namely 30 people (85.7%). Most of the respondents' pregnancies were their first pregnancies. The anxiety level of pregnant women most of them experienced moderate anxiety (62.7%). The attitude of ANC (Antenatal Care) visits to pregnant women during the COVID-19 pandemic era at the Independent Practice of Midwife Wahyuning Purwati Maguwoharjo Yogyakarta in 2021 was mostly support. Hypothesis testing shows that there is a relationship between the level of anxiety and the attitude of pregnant women towards ANC (antenatal care) visits during the COVID-19 pandemic era with $p = 0.000$*

Conclusion: *There is a relationship between the level of anxiety and the attitude of pregnant women towards ANC visits (antenatal care) in the era of the covid-19 pandemic.*

Keywords: *Anxiety, Attitude of Pregnant Women, COVID-19 Pandemic.*